



## Patient-Centered Primary Care Home Program Update

April 24, 2020

Non-urgent procedures to resume on May 1st with safeguards in place



Governor Kate Brown announced yesterday that she will be lifting her order delaying non-urgent procedures for health care providers, as long as they can demonstrate they have met new requirements for COVID-19 safety and preparedness. Hospitals, surgical centers, medical offices, and dental offices that meet those requirements will be able to resume non-urgent procedures on May 1.

Please visit the [Governor's Office Announcement](#) for the list of requirements that [hospitals and surgical centers](#) and [medical and dental offices](#) must demonstrate in order to resume non-urgent services.

## Webinar: leading through COVID-19

May 8, 12:00 pm - 1:00 pm

Over the past few months, the health system has faced unexpected changes that have all of us reeling, coping and learning. This one-hour interactive talk, led by Moe Carrick (Principal, Moementum, Inc), will inspire and support health system leaders to show up, be brave and compassionately unite colleagues and stakeholders.

- Specifically, the webinar will explore:
- Putting your own oxygen mask on first:
- Self-compassion and self-care
- Nurturing belonging with your teams
- Head and heart habits to keep folks "together"
- Courage and vulnerability: the paradox

Note that this talk has been adapted from a keynote presentation that was scheduled for the 3/17/20 CCO 2.0 Moving Forward Together event.

- Teaser video link: <https://www.youtube.com/watch?v=6VYxYEEs4-A>
- Registration link: <https://keynote.pages.ontraport.net/Moe>
- Contact: Tom Cogswell ([thomas.cogswell@dhsoha.state.or.us](mailto:thomas.cogswell@dhsoha.state.or.us))

## Free online tobacco cessation counseling training to address higher COVID-19 risk for cigarette smokers (with CME)

**What:** With cigarette smokers at higher risk for COVID-19, this short online course will improve your care team's ability to help patients quit tobacco. The course focuses on Brief Tobacco Intervention and Motivational Interviewing techniques.

**Who:** All members of the care team committed to supporting their patients to quit tobacco.

**When:** The course is self-paced and takes approximately 45 minutes. The course can be started, paused and resumed later as needed.

**CMEs:** This training has been reviewed and is accepted for up to 1.0 prescribed credit from the American Academy of Family Physicians (AAFP). For other licensing boards that may not pre-approve continuing education credits (for example, the Board of Licensed Professional Counselors and Therapists), please submit the certificate of participation to your accrediting body.

**Access the training:** <https://www.oregon.gov/oha/HPA/dsi-tc/Pages/tobacco-cessation.aspx>

**Contact:** Anona Gund ([anona.e.gund@dhsoha.state.or.us](mailto:anona.e.gund@dhsoha.state.or.us))

## Free technical assistance for clinics to address the increasing prevalence of unhealthy alcohol & opioid use due to COVID-19

The OHA Transformation Center is partnering with the Oregon Rural Practice-based Research Network (ORPRN) to support clinic technical assistance related to SBIRT for unhealthy alcohol and drug use.

Concerns about a rise in unhealthy alcohol and drug use concurrent with the physical distancing needed to suppress COVID-19 morbidity and mortality, amplifies the need for supportive efforts related to SBIRT and behavioral health integration. This collaborative project, ANTECEDENT, can provide primary care clinics with 12 months of tailored support to implement changes to address unhealthy alcohol use.

Additionally, ORPRN is offering a complementary technical assistance opportunity regarding chronic pain management and opioid prescribing (aka PINPOINT).

Clinics across Oregon are invited to participate in these free technical assistance opportunities to respond to ramifications COVID-19 may have on SBIRT workflows for alcohol use and opioid management.

[View flyer](#) for more information.

Contact: Alissa Robbins ([Alissa.Robbins@dhsoha.state.or.us](mailto:Alissa.Robbins@dhsoha.state.or.us)) or contact the program directly at [ANTECEDENT@ohsu.edu](mailto:ANTECEDENT@ohsu.edu).

## Free online retreat for healthcare providers



MINDFUL  
MEDICINE

**Friday April 24, 7:00 pm - 9:00 pm**

**Saturday April 25, 7:00 am - 9:00 pm**

Join fellow healthcare providers for two days of mutual support and mindfulness practice at your own pace, wherever you are. Enjoy the support of certified mindfulness (MBSR) teachers Denise Gour, LCSW and Laura Martin, LCSW and learn strategies for ease and calm.

Come and go at your convenience for 15 – 75 minute blocks of teaching, or engage in all the practices for a full retreat. See the [retreat schedule](#) for a list of the teaching topics that will be covered during each time period. Register at the [Mindful Medicine Online Retreat](#) website.

## Questions?

We are here to help! Contact us at [PCPCH@dhsoha.state.or.us](mailto:PCPCH@dhsoha.state.or.us).

## About the Patient-Centered Primary Care Home Program

Patient-Centered Primary Care Homes (PCPCH) are health care clinics that have been recognized by the Oregon Health Authority (OHA) for their commitment to providing high quality, patient-centered care. The PCPCH Program administers the application, recognition, and verification process for practices applying to become Patient-Centered Primary Care Homes. The program is also working with stakeholders across Oregon to support adoption of the primary care home model. For more information visit [www.PrimaryCareHome.oregon.gov](http://www.PrimaryCareHome.oregon.gov).

*The mission of the PCPCH Program is to be a trusted partner in primary care, collaborating with stakeholders to set the standard for transformative, whole-person, and evidence-based care.*