



Patient-Centered Primary Care Home Program Update

June 19, 2020

Weekly COVID-19 informational sessions for Oregon health care providers

Thank you for your leadership and partnership in helping to slow the spread and address the health impacts of COVID-19 in Oregon. With this rapidly changing situation, we want to continue to provide information to healthcare providers across the state as quickly and clearly as possible.

OHA's Chief Medical Officer, Dana Hargunani, M.D., will host regular information sessions for Oregon health care providers. These calls are moving from every Tuesday to the 1st and 3rd Thursdays of each month from 12-1 p.m. for as long as needed. See registration link below for the next session:

[July 2nd Registration Link](#)

Registration for future Thursdays will be added to the [COVID-19 Healthcare Partner Resources webpage](#).

Webinar recording: addressing food insecurity during COVID-19



On 6/12, the Transformation Center hosted the webinar, "Addressing Food Insecurity during COVID-19." This webinar provided information about current food resources available throughout Oregon during COVID-19 to address the food insecurity needs of Oregonians. To view a recording of the webinar, click here:

<https://attendee.gotowebinar.com/register/836249369035991566>

Contact: Tom Cogswell (thomas.cogswell@dhsosha.state.or.us)

OHA's free online tobacco cessation counseling training to address higher COVID-19 risk for cigarette smokers (with CME)

What: With cigarette smokers at higher risk for COVID-19, this short online course will improve your care team's ability to help patients quit tobacco. The course focuses on Brief Tobacco Intervention and Motivational Interviewing techniques.

Who: All members of the care team committed to supporting their patients to quit tobacco.

When: The course is self-paced and takes approximately 45 minutes. The course can be started, paused and resumed later as needed.

CMEs: This training has been reviewed and is accepted for up to 1.0 prescribed credit from the American Academy of Family Physicians (AAFP). For other licensing boards that may not pre-approve continuing education credits (for example, the Board of Licensed Professional Counselors and Therapists), please submit the certificate of participation to your accrediting body.

Access the training: <https://www.oregon.gov/oha/HPA/dsi-tc/Pages/tobacco-cessation.aspx>

Questions? Contact Anona Gund (anona.e.gund@dhsosha.state.or.us)

Additional brief intervention training webinar

Ask, Advise, Refer to Quit Don't Switch

One-hour tobacco brief intervention training for healthcare professionals.

Available from the American Lung Association (ALA) with free continuing education through the American Association of Nurse Practitioners, American Association of Respiratory Care, American Association of Medical Assistants, and National Commission for Health Education Credentialing. The ALA's *Ask, Advise, Refer to Quit Don't Switch* training focuses on supporting quit efforts without switching to electronic nicotine device systems. Access the recorded webinar here through December 31, 2020: QuitDontSwitchTraining.Lung.org

Working with pharmacists on a diabetes care team

The Transformation Center invites clinicians who serve Oregonians to a no-cost CME-accredited webinar focused on lowering rates of HbA1c poor control through working with pharmacists as part of the diabetes care team. The webinar will feature Dr. Andrew Ahmann, director of the Harold Schnitzer Diabetes Health Center and recipient of the 2018 Outstanding Physician Clinician in Diabetes Award from the American Diabetes Association. After this one-hour presentation, participants will be able to:

1. Review CCO diabetes HbA1c poor control metric specifications
2. Explain what controlling diabetes means and why it is important
3. Name barriers to good glucose control
4. Identify ways for clinic and pharmaceutical staff to partner
5. Describe standards of care for adults with diabetes
6. Share strategies for breaking through drug regimen inertia



When: Available online through February 3, 2022.

Webinar registration: <https://attendee.gotowebinar.com/register/4590282230752581644>

This educational activity is supported by the Oregon Health Authority.

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of OHSU School of Medicine and Oregon Health Authority. The OHSU School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Credit: OHSU School of Medicine designates this enduring material for a maximum of 1 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Contact: Sarah Wetherson (sarah.e.wetherson@dhsoha.state.or.us)

Behavioral Health and Primary Care during and after COVID-19

Monday June 29th, 11:00 am - 12:00 pm

Well Being Trust (WBT) and the Robert Graham Center for Policy Studies in Family Medicine and Primary Care released a report in early May titled Projected Deaths of Despair From COVID-19. This research underscores the fact that the pandemic has created enormous behavioral health (BH) concerns that primary care in tandem with BH can help address now and as the country emerges from the pandemic.

In this webinar, hosted by the Primary Care Collaborative, we'll hear creative ideas from two of the authors of the Deaths of Despair brief as well as from a patient who also provides peer support. Join us as we discuss the steps the primary care community can take to avoid the deaths predicted in the report and meet the behavioral health needs arising from both the health and economic crises.

Speakers:

- Jack Westfall, MD, MPH | Director, Robert Graham Center
- Benjamin Miller, PsyD | Chief Strategy Officer, Well Being Trust
- Kelly Davis | Director of Peer Advocacy, Supports, and Services, Mental Health America

[Click here to register for this webinar.](#)



Virtual trainings: Patient-centered counseling (no-cost CME available)

Registration is open for full-day virtual trainings focused on motivational interviewing and other patient-centered counseling skills.

Who: Primary care, behavioral health and dental care providers; clinic staff; and traditional health workers serving Oregon Health Plan (Medicaid) members.

What: Dana Sturtevant, MS, RD, will lead sessions focused on increasing your confidence and skills to facilitate conversations with patients about sensitive topics. Examples will draw from tobacco use, diabetes management, adolescent immunization, well visits, and other priority topics related to CCO metrics and COVID-19. Evidence-based health communication models will include motivational interviewing, the FRAMES model and Five A's for tobacco cessation counseling.

When: 10 dates to choose from, August–December 2020

Where: Live Zoom videoconferencing

[Details and registration](#)

Questions: Contact Laura Kreger at Laura.E.Kreger@dhsosha.state.or.us

Questions?

We are here to help! Contact us at PCPCH@dhsosha.state.or.us.

About the Patient-Centered Primary Care Home Program

Patient-Centered Primary Care Homes (PCPCH) are health care clinics that have been recognized by the Oregon Health Authority (OHA) for their commitment to providing high quality, patient-centered care. The PCPCH Program administers the application, recognition, and verification process for practices applying to become Patient-Centered Primary Care Homes. The program is also working with stakeholders across Oregon to support adoption of the primary care home model. For more information visit www.PrimaryCareHome.oregon.gov.

The mission of the PCPCH Program is to be a trusted partner in primary care, collaborating with stakeholders to set the standard for transformative, whole-person, and evidence-based care.