



# Patient-Centered Primary Care Home Program Update

May 29, 2020

## OHA seeks feedback on proposed strategies for State Health Improvement Plan

The [Oregon State Health Improvement Plan \(SHIP\)](#) is a five-year plan that identifies our state's health priorities with strategies that will lead to improvements in outcomes. The SHIP is a key initiative of the Oregon Health Authority (OHA) that aims to advance health equity. The SHIP is intended to inform Community Health Improvement Plans, and state agency policies, partnerships and investments.

The 2020-2024 SHIP addresses five priority areas: institutional bias; adversity, trauma and toxic stress; behavioral health; equitable access to preventive care; and economic drivers of health including housing, transportation and living wage. OHA will launch the 2020-2024 SHIP as a tool for our state's recovery from COVID-19. Co-created with over 100 community partners, the SHIP is designed to respond to priorities that communities identified in 2018 and 2019. Prior to COVID-19, social determinants of health were identified as critical to health in our state. The COVID-19 pandemic has worsened the short- and long-term trajectory in each of these five priority areas, making implementation of the SHIP even more critical.

**You are invited to help inform strategies for the next State Health Improvement Plan (SHIP).** Subcommittees have been meeting since last fall to identify goals, measures and strategies. **We need your help to understand if the proposed strategies are the right strategies to improve equity and health.** There are a number of ways you can provide your feedback and help spread the word:

- An online survey ([in English](#) and [Spanish](#)) is available to collect your feedback on these issues. Please take and share this survey with your professional and personal networks via email listservs, social media platforms and other communication channels.
- Provide written feedback to OHA. All organizations, coalitions and community groups are welcome to submit feedback regarding the proposed strategies to [publichealth.policy@state.or.us](mailto:publichealth.policy@state.or.us).

Feedback from communities is being collected through **June 10<sup>th</sup>, 2020**. The feedback collected will be shared with subcommittees prior to finalization of the SHIP. OHA will launch the final 2020-2024 SHIP in early August.

If you would like this information in another language or format, please email [publichealth.policy@state.or.us](mailto:publichealth.policy@state.or.us).

For more information about the 2020-2024 State Health Improvement Plan, visit [healthoregon.org/2020ship](http://healthoregon.org/2020ship).

## Clinic stress peer support



**OPAL Program**  
(Oregon Psychiatric Access Line)  
OPAL-K for kids and OPAL-A for adults

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Offering psychiatric telephone consultations to health care providers in Oregon.

855-966-7255  
www.ohsu.edu/opal

 

The Oregon Psychiatric Access Line (OPAL) would like to announce a new service for its callers: OPAL-C (COVID-19 Clinician Stress Peer Support).

In addition to offering psychiatric curbside consultations about adult and child patients, OPAL is now offering confidential peer support for primary care clinicians experiencing stress in response to the COVID-19 crisis for the next 12 months. OPAL consultants will provide a listening ear and suggestions for managing the stress that comes from this national emergency. In addition, OPAL consultants can provide information regarding available community-based resources for practitioners seeking to establish care with a mental health professional.

If you are interested in talking about COVID-19 practice stress, feel free to call the regular OPAL number: **(503) 346-1000** or toll free **(855) 966-7255** for out of Portland Metro. Please let call receptionist know your desire to talk about COVID-19 related stress issues.

## Virtual trainings: Patient-centered counseling (no-cost CME available)

Registration is open for full-day virtual trainings focused on motivational interviewing and other patient-centered counseling skills.

- **Who:** Primary care, behavioral health and dental care providers; clinic staff; and traditional health workers serving Oregon Health Plan (Medicaid) members.
- **What:** Dana Sturtevant, MS, RD, will lead sessions focused on increasing your confidence and skills to facilitate conversations with patients about sensitive topics. Examples will draw from tobacco use, diabetes management, adolescent immunization, well visits, and other priority topics related to CCO metrics and COVID-19. Evidence-based health communication models will include motivational interviewing, the FRAMES model and Five A's for tobacco cessation counseling.
- **When:** 10 dates to choose from, August–December 2020
- **Where:** Live Zoom videoconferencing
- **Details and registration:** <https://www.oregon.gov/oha/HPA/dsi-tc/Pages/Patient-Centered-Counseling.aspx>
- **Questions:** Contact Laura Kreger at [Laura.E.Kreger@dhsosha.state.or.us](mailto:Laura.E.Kreger@dhsosha.state.or.us)

## Fundamentals of telemental health

Join the Northwest ATTC for a 6-week online series, **Fundamentals of Telemental Health**, presented by Sara Smucker Barnwell, PhD, Clinical Psychologist.

The series will feature weekly 2-hour webinars (5-7pm PT every Tuesday). Register once, then attend any of the remaining sessions that interest you!

- **June 2:** Clinical Engagement in Telemental Health
- **June 9:** Emergencies, Disruptions, and Pitfalls in Telemental Health
- **June 16:** Risk Management in Telemental Health

Register: [here](#).

## Learning series: clinical innovations in telehealth



Clinical Innovations in Telehealth Learning Series is a weekly online series targeting high-priority clinical issues for providers using telehealth. Experts in clinical care and telehealth devote the first segment of each hour-long session to a specific topic, then address questions submitted by registrants.

The 1-hour learning sessions take place on Tuesdays at 10am PT until June 9th.

Interested parties can register [here](#).

### Webinar: hypertension quality improvement and technical assistance

June 2, 12:00 - 1:00 pm

The Oregon Health Authority (OHA) has partnered with the Oregon Rural Practice-based Research Network (ORPRN) to hold this upcoming webinar for primary care practices. This webinar will be an opportunity for primary care practices to hear from quality improvement specialists as well as each other about utilizing telehealth and self-management support strategies to support patients with hypertension. This opportunity is made possible by the OHA, Public Health Division, Health Promotion & Chronic Disease Prevention.

If you or your practice is interested, please contact Lindsey Shankle at [shanklel@ohsu.edu](mailto:shanklel@ohsu.edu) to reserve a spot for your team!



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### Free online tobacco cessation counseling training to address higher COVID-19 risk for cigarette smokers (with CME)

- **What:** With cigarette smokers at higher risk for COVID-19, this short online course will improve your care team's ability to help patients quit tobacco. The course focuses on Brief Tobacco Intervention and Motivational Interviewing techniques.
- **Who:** All members of the care team committed to supporting their patients to quit tobacco.
- **When:** The course is self-paced and takes approximately 45 minutes. The course can be started, paused and resumed later as needed.

- **CMEs:** This training has been reviewed and is accepted for up to 1.0 prescribed credit from the American Academy of Family Physicians (AAFP). For other licensing boards that may not pre-approve continuing education credits (for example, the Board of Licensed Professional Counselors and Therapists), please submit the certificate of participation to your accrediting body.
- **Access the training:** <https://www.oregon.gov/oha/HPA/dsi-tc/Pages/tobacco-cessation.aspx>
- **Contact:** Anona Gund ([anona.e.gund@dhsoha.state.or.us](mailto:anona.e.gund@dhsoha.state.or.us))

## Questions?

We are here to help! Contact us at [PCPCH@dhsoha.state.or.us](mailto:PCPCH@dhsoha.state.or.us).

## About the Patient-Centered Primary Care Home Program

Patient-Centered Primary Care Homes (PCPCH) are health care clinics that have been recognized by the Oregon Health Authority (OHA) for their commitment to providing high quality, patient-centered care. The PCPCH Program administers the application, recognition, and verification process for practices applying to become Patient-Centered Primary Care Homes. The program is also working with stakeholders across Oregon to support adoption of the primary care home model. For more information visit [www.PrimaryCareHome.oregon.gov](http://www.PrimaryCareHome.oregon.gov).

*The mission of the PCPCH Program is to be a trusted partner in primary care, collaborating with stakeholders to set the standard for trans formative, whole-person, and evidence-based care.*