



Forming

- * little agreement
- * unclear purpose
- * guidance and direction



Storming

- * conflict
- * increased clarity of purpose
- * power struggles
- * coaching



Norming

- * agreement and consensus
- * clear roles and responsibilities
- * facilitation



Performing

- * clear vision and purpose
- * focus on goal achievement
- * delegation



Adjourning

- * task completion
- * good feeling about achievements
- * recognition