

Disability Competent Care Planning Tool for Oregon's Primary Care Homes/Providers Offices

Dual Eligibles Fall Forum - Care Coordination to Improve Health for High Need Members Across the Lifespan: Aging and Disability, 9/21/16 - Salem, OR



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Adding value to service through increasing access

ADA ARC AAR CDA **CDSS CDDS CDPH CERT** CIL

CFILC CME DHS **DME EMSA FAST FEMA FMSS** ILC

JFO OES P&A REOC SILC SOC SOP **TCL TSA VOAD**

Cover



- Objectives
- Intent -3 As identifying gaps
- Drivers
- Who is this population
- Tool Description
- Feedback Process
- Real World Applications
- Next Steps

Objectives



- To reduce access barriers by strengthening disability practice competencies:
- 1. Attitude be aware of & control your disability-related biases
- 2. <u>Ask</u>, listen, learn, respect & use information from members
- 3. Attend to details

Another 3 As Attitude, Ask & Attend



1. Reduce costly:

- a) Barriers
- b) Health disparities
- c) Appointment failures
- d) Unequal treatment
- e) Adverse events

2. Increase:

- a) Equitable, effective & quality care & services
- b) Improved health

Drivers



- Federal & State Civil Rights Laws
- State Contracts
- Affordable Care Act
- CMS Regulations
- Legal Actions
- Improve Performance/ Quality Metrics
- What else???

Drivers



Content of CMS Regs & its compliance obligations are NOT NEW. What's new is that CMS has reinforced need to comply with well-established Federal civil rights laws.

Entire Population 100%

People with access and functional needs 50%

People with disabilities 20% [protected class]

What is a Disability?

Disability is the consequence of an impairment that may be physical, cognitive, mental, sensory, emotional, developmental, or some combination of these. A disability may be present from birth or occur during a person's lifetime.

Vision



 10% of population [18 & older] experiences difficulty seeing even when using glasses or contact lenses

0.7 million people (0.3%) are blind

 More than two-thirds of adults with vision limitations are over age 65



People who are deaf or hard-of-hearing

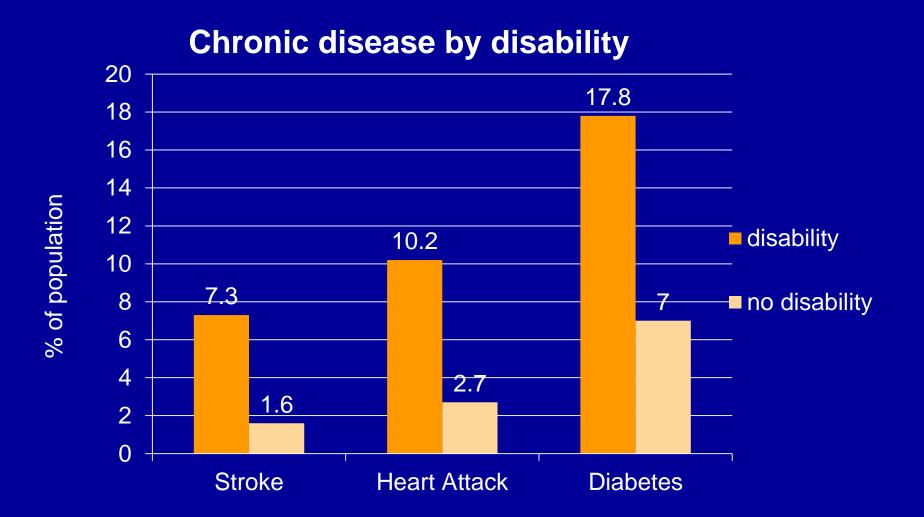
•6th most common chronic condition in civilian population

Per 1000 people in USA, how many have some kind of hearing loss?

- · 10 per 1000
- · 35 per 1000
- •140 per 1000

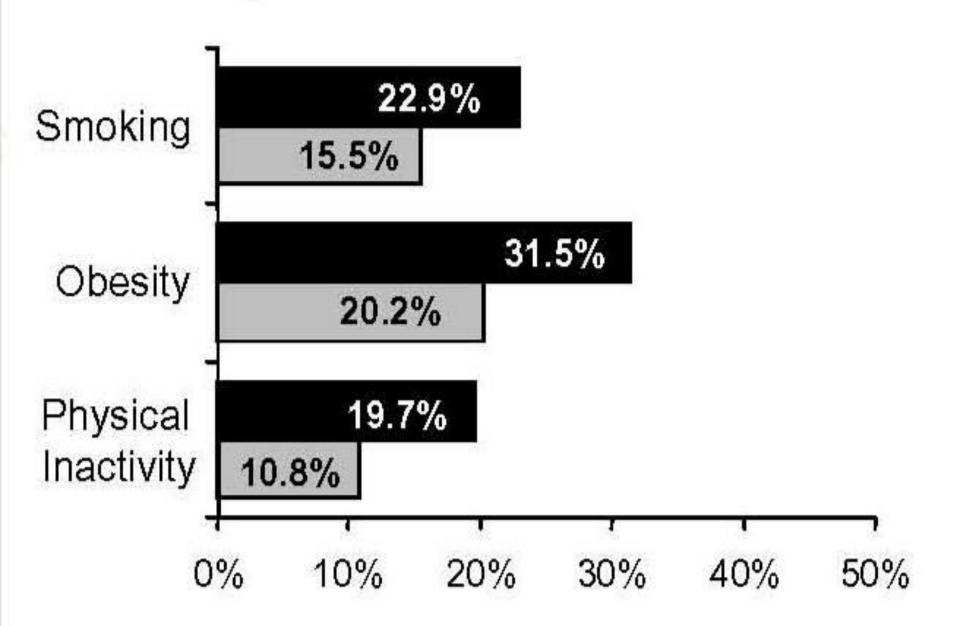
Health Disparities

BRFSS 2010



Disability = activity limitation due to health problems

Figure 4a: Health Behaviors



Providing Health Care for Participants with Disabilities: Competency Planning Checklists at:

http://www.oregon.gov/oha/Transfor mation-Center/Pages/Complex-Care-Collaborative.aspx



Vague & Legalese Terms



Tool

- Gap Analysis
- No Score
- Answer Options:
 - -Yes
 - -No
 - Unsure
 - Comments & Follow Up
- 6 Checklists
- Definitions & Resources

Tool: 6 Checklists

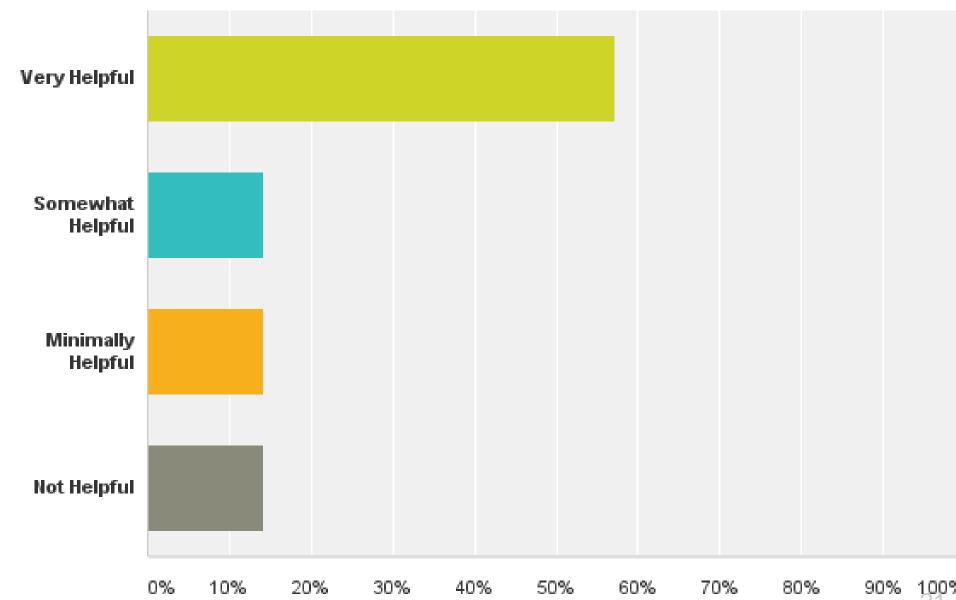


- 1. Attitudes 1 p
- 2. Physical Access 1 p
- 3. Accessible Medical Equipment 1 p
- 4. Communication Access 5 p
- 5. Case Management / Care Coordination 3 p
- 6. Preventive Care & Health Education 1 p

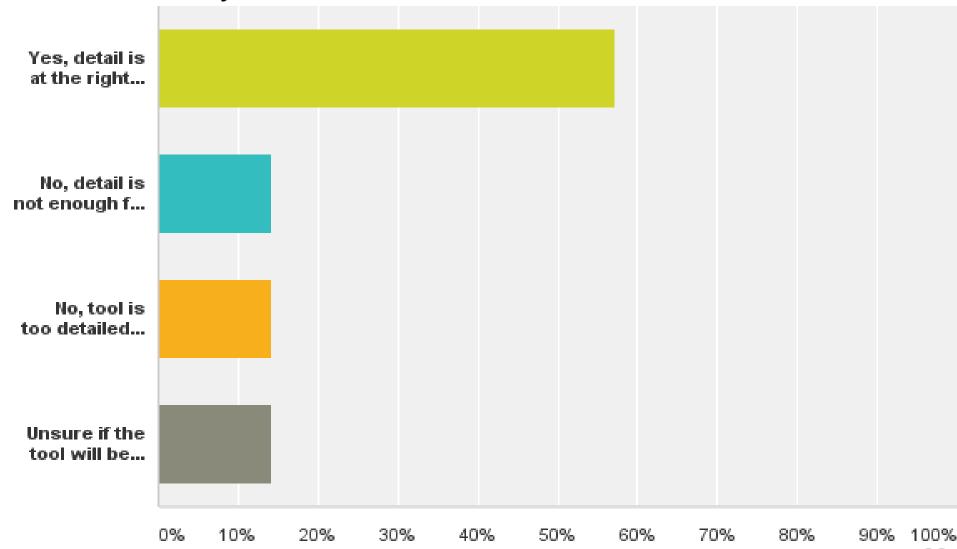
Tool Feedback Process

- Sought via e-mail request to OHA Patient Centered Primary Care Home Program distribution list 8/8/16
- Sent in statewide e-newsletter distributions from Patient-Centered Primary Care Institute (PCPCI) & Oregon Rural Primary Care Research Network (ORPRN)
- Lists include a couple of thousand.
- Requested feedback via survey monkey by 8/23/16
 - Responders 7
- Offered two webinar focus groups in morning 7-8 am & lunchtime. Cancelled due to lack of sign-ups.
- Edits/Review provided by OHA Communications incorporated plus some specific language from reviewers.

Survey Question 2: In general, do you find it helpful to have some guidance to improve your medical practice/office capabilities to address care needs for those you serve with disabilities?



3: In general, as you review the tool, do you find the detail provided adequate for your medical practice/office team to easily use the tool?



TOOL APPLIEDTO REAL WORLD DIRECT CONNECT BETWEEN **TOOL & PARTICIPANTS**

Attitudes / Biases HOW DID YOU FEEL?

"There is no reason for someone like you to be tested for AIDS"

"It's best you not have children"

"You don't
have to worry
about
osteoporosis
because you
can't walk"

"But this is an ambulatory care clinic"

"My, aren't you cute" "Getting a mammogram is hard for you so you can just skip it"



2013 June Isaacson Kailes Disability Policy Consultant

Attitudes



- We are aware that our attitudes toward participants with disabilities can:
 - Influence quality of care participants receive.
 - Be expressed through tone of voice, choice of words, & questions.

























Alice Wone

Healthcare Stories

Because we experience unequal healthcare every day, out of necessity we have become experts in what must be done to remove barriers and increase access to the care we need.

Downloadable videos

http://dredf.org/healthcare-stories/

Critical Questions:



- How will you determine what assistance & accommodations are needed?
 - i.e. access needs:
 - Communication
 - Medical equipment
 - Physical
 - Other
- How will these needs be met?
 - Are policies, procedures & processes in place to meet these needs or that need to be clarified, revised or created?
 - If yes, what are they?
 - If no, what's needed?

Prepare routine questions to ask

- Will you need any assistance with (getting on & off table, walking, seeing, reading, hearing, filling out forms, communicating, speaking, during your appointment?
- Will you need an interpreter?
- Or ...
 - —I just want to confirm that you still need …

Maria

- Maria, age 60, is blind & hard of hearing.
 - -her husband Mario is also blind.
- She arrives by bus with Mario for her 1st primary care appointment.
- She needs a series of tests (including a colonoscopy & endoscopy) involving:
 - Complex pre-test preparation for the procedures.

Communication Access



- We have processes, procedures, policies focused on how to provide accessible communication. In meeting communication access request, it is clear:
 - Who is responsible for what
 - -How will this happen
 - -How long will it take too meet the request









Mobile Scanner

Auto-crop & smart-enhancing make the contents more readable





Cho

- · Age 50, she uses a walker.
- Arrives alone for 1st primary care appointment.
- Her speech is very difficult to understand due to cerebral palsy. You understand only a few of her words.
- She has a mild intellectual disability
- When making her appointment the receptionist thinks Cho said that she felt a lump in her breast.

Communication Access



 We schedule longer appointments when participants are identified as needing additional time to communicate with health care provider.

Latisha age 68, wheelchair user

- Arrives for her 1st primary care appointment
- African-American with multiple chronic conditions
 - (obesity, diabetes, hypertension, coronary artery disease, & rheumatoid arthritis) affecting mobility & vision
- Over many years she has been labeled a "noncompliant" because she continually ignores prescribed diets & does not reliably take prescribed medications.
- She has been lectured repeatedly about these problems.

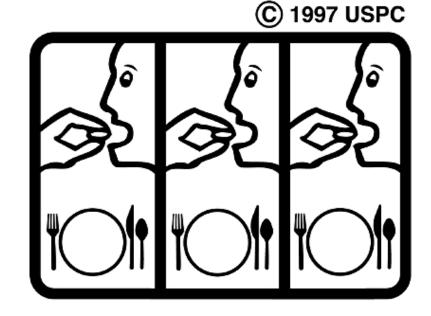
Take in the morning Take at bedtime





Place drops in lower eyelid



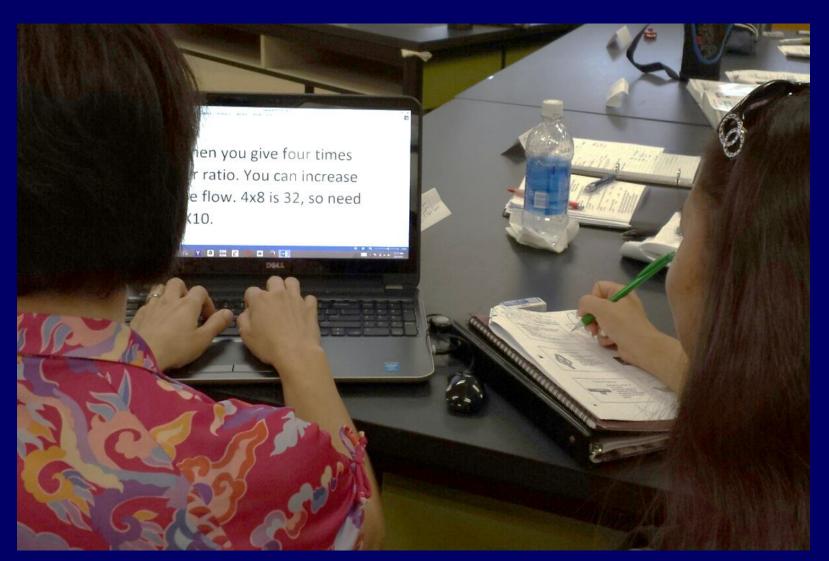


Take 3 times a day with meals

Deva

 Deva, age 55 and newly deaf, is requesting CART [computer-aided transcription] service] for her next several appointments with her new oncologist. She has many questions before needing to begin treatment for breast cancer.

Computer Assisted Real Time Transcription (CART):



Communication Access



- We have clear process & staff know how to schedule, provide &/or arrange for (in timely way):
 - -Computer Assisted Real Time Transcription (CART)

Kiva

 Kiva's primary care provider told her to call member services. She needs an urologist and an Ob-gyn doctor that is physically accessible, has an accessible wheelchair scale and a height adjustable exam table so she can transfer independently.

People will need to know about physical access.

- Parking
- Routes
- Offices
- Restrooms
- Equipment
 - Exam / diagnostic







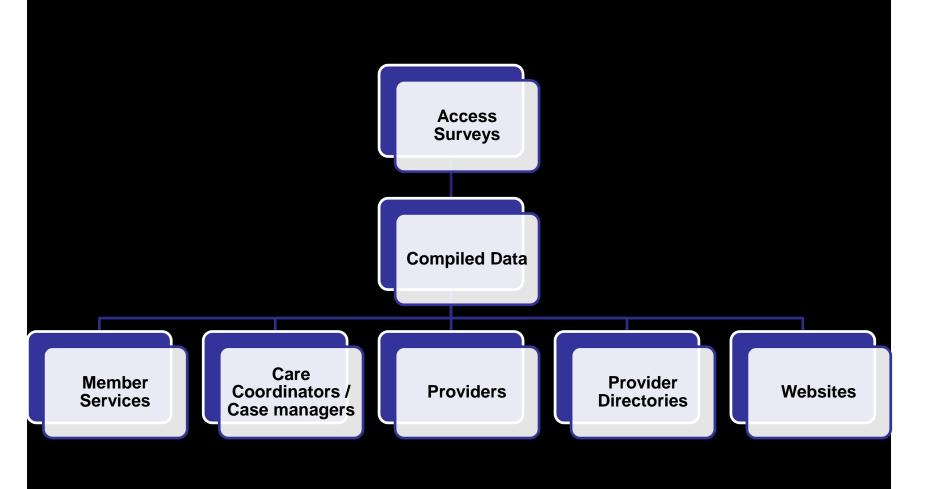


Physical & Equipment Access



- We can make usable referrals to other providers whose offices meet accessibility needs of participant. Referrals are made for auxiliary/specialty services & not to avoid making needed access & accommodations in our facility.
- For participants with mobility limitations, we use exam ,procedural tables & chairs & scales that:....

Intent of Information Flow



Real access is not just installation!

The best access, without attention to details, may never get properly used!

Making it Happen

Policies

Procedures

Processes

Training



Disability Competencies

- Work on opportunities to strengthen:
 - Access elements offered smoothly without
 - Unnecessary disruption
 - Wait time & delay
 - Appointment failures!

Part 2: Roundtable Discussions



- Opportunity to look at tool
- Provide feedback
- Discuss areas you feel most overwhelmed by?
- Strategies for piloting tool

Reference Sides Only

Disability Competent Care Tool Feedback Process,

- Feedback sought through e-mail request to OHA Patient Centered Primary Care Home Program distribution list sent on August 8th.
- Primary Care Institute (PCPCI) and Oregon Rural Primary Care Research Network (ORPRN) same week.
- Lists include a couple of thousand.
- Requested feedback via survey monkey by August 23rd to be able to incorporate suggestions.
- Allow direct e-mail or document edits/notes
- > Received minimal feedback in survey monkey and by e-mail.
- Offered two different webinar focus groups in morning 7-8am and lunchtime. Cancelled focus groups due to lack of sign-ups.
- Edits/Review provided by OHA Communications incorporated plus some specific language from reviewers.

DISABILITY COMPETENT CARE & THE NEW MANAGED CARE RULE

Excerpts from CMS 2390 - F,

Oregon Health Authority September 2016



VALUE OF THE DCC CHECKLISTS:

- ► Health Plan professionals can use these checklists to check if their policies and procedures, as well as the training they offer is inclusive of these access elements.
- ► These questions are not meant to be graded, but rather to be used as a planning tools to help identify opportunities for improvements, set priorities, and to track improvements over time.





REQUIREMENTS FOR CCOS:

Managed Care Rule CFR § 438.10 Information requirements.

- ► Written materials <u>must include taglines in the prevalent non-English languages in the state</u>, as well as large print which is defined as size 18 by CMS in the rule, MCO's, PIHP's, <u>explaining the availability of written translation or oral interpretation to understand the information provided and the toll-free and TTY/TDY telephone number of the CCO's member/customer service unit.</u>
- ► Written materials must also be made available in alternative formats upon request of the potential enrollee or enrollee at no cost.
- ► <u>Auxiliary aids and services must also be made available upon request of the potential enrollee or enrollee at no cost.</u>

REQUIREMENTS FOR CCOS: Managed Care Rule CFR §438.10 Information requirements.

- ▶ Require CCO entities to provide, all written materials for potential enrollees and enrollees consistent with the following:
- ▶ (i) Use easily understood language and format.
- ▶ (ii) Use a font size no smaller than 12 point.
- ▶ (iii) Be available in alternative formats and through the provision of auxiliary aids and services in an appropriate manner that takes into consideration the special needs of enrollees or potential enrollees with disabilities or limited English proficiency.
- ► (iv) Include a large print tagline and information on how to request auxiliary aids and services, including the provision of the materials in alternative formats. Large print means printed in a font size no smaller than 18 point.

Readily accessible means
 electronic information and
 services which comply with
 modern accessibility standards
 such as section 508 guidelines,
 section 504 of the Rehabilitation
 Act, and W3C's Web Content
 Accessibility Guidelines (WCAG)
 2.0 AA and successor versions



MANAGED CARE RULE CFR § 438.10 INFORMATION REQUIREMENTS. (A) DEFINITIONS.



PROVIDER DIRECTORY Managed Care Rule CFR § 438.10 Information requirements.

(1) Each CCO must make <u>available in paper form upon request</u> and electronic form, the following information about its <u>network providers</u>:

(vii)The provider's cultural and linguistic capabilities, including languages (including American Sign Language) offered by the provider or a skilled medical interpreter at the provider's office, and whether the provider has completed cultural competence training.

(viii)Whether the provider's office/facility has accommodations for people with physical disabilities, including offices, exam room(s) and equipment.

Here is important information about the doctor and the health pla works with. The map shows the office Clicl Exam table / Scale mark to open a new window th There is a scale for people who use

WANSKI, ZDZISLAUS (Male)

License: G36872 (213) 745-6047

1414 S GRAND AVE STE 456 LOS ANGELES, CA 90015



_	Building access	_	room	Exam table / Scale	Restroom
a	a	<u> </u>	<u> </u>	<u> </u>	<u> </u>

Subject to change. Please call doctor's office for more information.



wheelchairs or can't use

a regular scale. There is

easy to get on for people

an exam table that is

who have trouble with

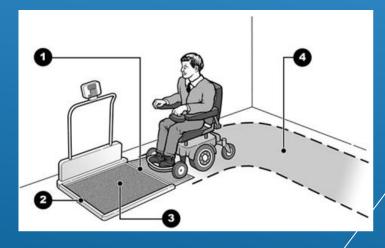
balance or standing.

Getting the word out: "Find a Doctor" search, L.A. Care's website

	Search by Physician Name		Move your mouse over		
	Last Name	First Name	each field for more information.		
	Or Search by Location Street 555 W. 5th Street City	ZIP code	Type as much or as little information as you know. You do not have to fill in all fields.		
	Any Specify radius range to sea	90013 arch:	Type all or part of a doctor's last or first name. For example, to		
	Additional Criteria	Building access			
	I want to see a doctor who ⊚ Primary Care Physic	The building is easy to get into for people with			
	need a PCP office that has accessible: (choose all that apply):		disabilities and seniors.		
	☑ Parking☑ Building access☑ Waiting area	☑ Exam room☑ Exam table / Scale☑ Restroom	Medical Group, Language Spoken by Doctor, Language		
	I want a doctor who is: (pic ○ Male ○ Female ⊙ E	-	Spoken by Staff, Office Accessibility,		
60	I only want to see a doctor ⊙Yes ○No	who accepts new patients.	and Hospital Affiliations. The more		
60	Specialty		specific you are, the		

LINKED RESOURCES TO ENSURE CLARITY FOR ACCESS TO MEDICAL CARE FOR INDIVIDUALS WITH MOBILITY DISABILITIES STANDARDS





Disability Competent Care & The New Managed Care Rule

Oregon Coordinated Care Organizations can use these completed checklists for supportive documentation for primary care/provider requirements for network standards outlined in CMS 2390 F or CFR 438.10 Information Standards.

Consider: Using the checklists to help you define the requirements for required

information fields needed in provider directories

What does accessible mean?
What do members need to know?
How can providers support sharing NEMT processes?
How can we be assured providers are meeting language and interpreter access standards?

Other valuable tools for access: Checklist for Medical Clinics and Facilities in Oregon, 2010 ADA Standards For Accessible Design Oregon State Building Code, 10/2013, Northwest ADA Center University of Washington, http://nwadacenter.org/toolkit/accessibility-checklists

- ▶ (31) "Intensive Case Management (ICM)" means a specialized case management service provided by CCOs to members identified as aged, blind, or disabled who have complex medical needs including:
- ▶ (a) Early identification of members eligible for ICM services;
- ▶ (b) Assistance to ensure timely access to providers and capitated services;
- (c) Coordination with providers to ensure consideration is given to unique needs in treatment planning;
- (d) Assistance to providers with coordination of capitated services and discharge planning; and
- ▶ (e) Aid with coordinating necessary and appropriate linkage of community support and social service systems with medical care systems.

DISABILITY
COMPETENT CARE
AND OREGON
CCO'S INTENSIVE
CASE
MANAGEMENT

OAR 410-141

INTENSIVE CARE MANAGEMENT AND CONNECTION TO DISABILITY COMPETENT CARE

Oregon Health Authority September 2016

> (2) CCOs shall make intensive care coordination services available to members identified as aged, blind, or disabled, who have complex medical needs, high health care needs, multiple chronic conditions, behavioral health issues, and for members with severe and persistent behavioral health issues receiving home and communitybased services under the state's 1915(1) **State Plan Amendment.** The member, member's representative, provider, other medical personnel serving the member, or the member's Authority case manager may request intensive care coordination services.

DISABILITY
COMPETENT CARE
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MANAGEMENT

OAR 410-141-3220

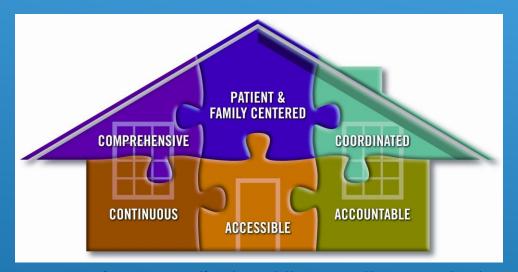
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DISABILITY
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MANAGEMENT

OAR 410-141

PATIENT CENTERED PRIMARY CARE HOMES AND CONNECTION TO DISABILITY COMPETENT CARE

Oregon Health Authority September 2016



Core Attributes of the Oregon Patient Centered Primary Care Home Model

Access to care: Patients get the care they need, when they need it.

Accountability: Recognized clinics are responsible for making sure patients receive the best

possible care.

Comprehensive: Clinics provide patients all the care, information and services they need.

Continuity: Clinics work with patients and their community to improve patient and

population health over time.

Coordination and integration: Clinics help patients navigate the system to meet their needs in a safe and timely way.

Patient and family-centered: Clinics recognize that patients are the most important members of the health care team and that they are ultimately responsible for their overall health and wellness.

There are many places where the DCC tool will assist providers in working to meet the spirit and intent of the PCPCH Standards!

PATIENT-CENTERED PRIMARY CARE HOME STANDARDS

HTTPS://WWW.OREGON.GOV/OHA/PCPCH/PAGES//ST ANDARDS.ASPX

SOME EXAMPLES CONNECTIONS TO DCC CHECKLISTS

Standard 2.C) Patient and Family Involvement in Quality Improvement

Standard 3.D) Comprehensive Health Assessment & Intervention

3.D.1 PCPCH provides comprehensive health assessment and interventions, when appropriate, for at least three health risk or developmental promotion behaviors

Standard 4.C) Organization of Clinical Information

4.C.0 PCPCH maintains a health record for each patient that contains at least the following elements: problem list, medication list, allergies, basic demographic information, preferred language, BMI/BMI percentile/growth chart as appropriate, and immunization record; and updates this record as needed at each visit.

Standard 5.A) Population Data Management

5.A.1a PCPCH demonstrates the ability to identify, aggregate, and display up-to-date data regarding its patient population.

5.A.1b PCPCH demonstrates the ability to identify, track and proactively manage the care needs of a sub-population of its patients using up-to-date information.

Standard 5.C) Complex Care Coordination

- 5.C.1 PCPCH assigns individual responsibility for care coordination and tells each patient or family the name of the team member responsible for coordinating his or her care.
- 5.C.2 PCPCH describes and demonstrates its process for identifying and coordinating the care of patients with complex care needs.
- 5.C.3 PCPCH develops an individualized written care plan for patients and families with complex medical or social concerns. This care plan should include at least the following: self management goals; goals of preventive and chronic illness care; and action plan for exacerbations of chronic illness

Standard 5.E) Referral & Specialty Care Coordination

- 5.E.1 PCPCH tracks referrals to consulting specialty providers ordered by its clinicians, including referral status and whether consultation results have been communicated to patients and/or caregivers and clinicians.
- 5.E.2 PCPCH demonstrates active involvement and coordination of care when its patients receive care in specialized settings (hospital, SNF, long term care facility).
- 5.E.3 PCPCH tracks referrals and cooperates with community service providers outside the PCPCH, such as dental, educational, social service, foster care, public health, non-traditional health workers and pharmacy services.

Standard 6.A) Language / Cultural Interpretation

6.A.0 PCPCH offers and/or uses either providers who speak a patient and family's language at time of service in-person or telephonic trained interpreters to communicate with patients and families in their language of choice.

6.A.1 PCPCH translates written patient materials into all languages spoken by more than 30 households or 5% of the practice's patient population.

Standard 6.B) Education & Self-Management Support

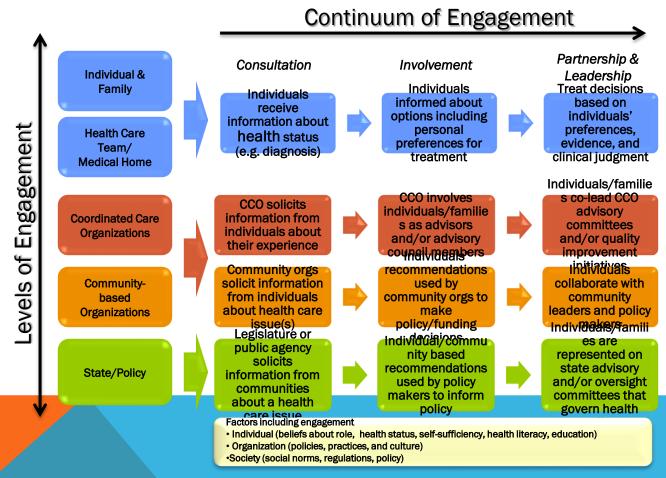
- 6.B.1 PCPCH has a process for identifying patient specific educational resources and providing those resources to patients when appropriate.
- 6.B.2 More than 10% of unique patients are provided patient-specific education resources,
- 6.B.3 More than 10% of unique patients are provided patient specific education resources and self management services.



THE 2017 OREGON PCPCH TECHNICAL ASSISTANCE AND REPORTING GUIDE (TAGUIDE)

HTTPS://WWW.OREGON.GOV/OHA/PCPCH/DOCKMEN
TS/TA-GUIDE.PDF

A Multidimensional Framework for Individual And Family Engagement In Oregon



Adapted from Carman K L et al. Health Aff 2013;32:223-231

There are many places where the DCC tool will assist providers in working to meet the spirit and intent of the Oregon PCPCH Standards!

PATIENT-CENTERED PRIMARY CARE HOME STANDARDS

HTTPS://WWW.OREGON.GOV/OHA/PCPCH/PAGES/ST ANDARDS.ASPX

Communication Access Section

- ➤ G1. When scheduling appointments, we always ask participants to identify or reconfirm assistance and accommodations needs. We ask "will you need any assistance with getting on and off a table, walking, seeing, reading, hearing, filling out forms, communicating, speaking, during your appointment? Will you need an interpreter?"
- Q2: We follow guidelines noted in Section K, L, M and strive to ensure notes, handouts, brochures, consent forms, health education materials, instructions and other materials where needed to ensure patient care standards are translated and available in prevalent languages and alternative formats.

DCC TOOL & PATIENT CENTERED PRIMARY CARE HOME CROSS-WALK EXAMPLES

uses either providers who speak a patient and family's language at time of service inperson or telephonic trained interpreters to communicate with patients and families in their language of choice.

Care Management / Care Coordination

R.8.	Comprehensive and Multidimensional Assessment		
R.8.1.	The initial assessment is comprehensive and multidimensional, incorporating all aspects of the participant's life. Areas to cover include, but are not limited to: Participant's strengths, goals, and priorities Demographic, contact, financial, and eligibility information Social activities Functional assessment (activities of daily living [ADL], instrumental activities of daily living [IADL], or copy of assessment participant provides that was completed already (ASK!) Medical diagnoses and history Behavioral health screening (s). Nutrition (food access, preparation, diet, etc.) Document all health-related services (including behavioral management, exercises, medications, equipment use, skilled therapies, rehabilitation therapies) and all current providers Long-term services and supports (LTSS) Home and community environment, safety, accessibility, and health risks Formal, informal, and social supports		

DCC TOOL & PATIENT CENTERED PRIMARY CARE HOME CROSS-WALK EXAMPLES

COMPLEX CARE COORDINATION

5.C.3 PCPCH develops an individualized written care plan for patients and families with complex medical or social concerns. This care plan should include at least the following: self management goals; goals of preventive and chronic illness care; and action plan for exacerbations of chronic illness

And COMPREHENSIVE HEALTH ASSESSMENT

3.D.1 PCPCH provides comprehensive health assessment and interventions, when appropriate, for at least three health risk or developmental promotion behaviors

Care Management / Care Coordination

R.5.	We ensure that participants can designate a family member or other person to be involved in IDT-related communications including program planning and implementation.
R.5.a.	We document this in the individual plan of care (IPC) and communicate this to all IDT members.
R.5.b.	This designated person can include a guardian, conservator and other designated lead.

DCC TOOL & PATIENT CENTERED PRIMARY CARE HOME CROSS-WALK EXAMPLES

5.C.3 PCPCH develops an individualized written care plan for patients and families with complex medical or social concerns. This care plan should include at least the following: self management goals; goals of preventive and chronic illness care; and action plan for exacerbations of chronic illness

Care Management / Care Coordination

S.7.	The participant plan of care (IPC) includes a health and wellness plan, including:
S.7.a.	Accessing primary care
S.7.b	 Routine preventive health services and screenings
S.7.c.	 Prevention of secondary conditions of disability
S.7.d.	 Management of conditions associated with existing disability and chronic conditions/referral to programs to strengthen management of chronic conditions
S.7.e.	 Opportunities for appropriate and accessible physical activities/referral to community programs for physical activity.

DCC TOOL & PATIENT CENTERED PRIMARY CARE HOME CROSS-WALK EXAMPLES

5.C.3 PCPCH develops an individualized written care plan for patients and families with complex medical or social concerns. This care plan should include at least the following: self management goals; goals of preventive and chronic illness care; and action plan for exacerbations of chronic illness

INTENSIVE CARE MANAGEMENT AND CONNECTION TO DISABILITY COMPETENT CARE

Oregon Health Authority September 2016

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DCC TOOL, INTENSIVE CARE COORDINATION & PATIENT CENTERED PRIMARY CARE HOME CROSS-WALK EXAMPLES R.3.

The primary care home IDT coordinates with care managers involved with individuals outside of the primary care homes (such as at the coordinated care organization (CCO) or APD/AAA staff (Aged and people with disabilities, Area Agencies on Aging) to ensure services are integrated and coordinated.

Standard 5.E) Referral & Specialty Care Coordination

5.E.1 PCPCH tracks referrals to consulting specialty providers ordered by its clinicians, including referral status and whether consultation results have been communicated to patients and/or caregivers and clinicians.

5.E.2 PCPCH demonstrates active involvement and coordination of care when its patients receive care in specialized settings (hospital, SNF, long term care facility).

5.E.3 PCPCH tracks referrals and cooperates with community service providers outside the PCPCH, such as dental, educational, social service, foster care, public health, non-traditional health workers and pharmacy services.



Quality Services for Persons with Disabilities



- 4-part training (https://www.hfcdhp-training.org/index.jsp for a sneak peek):
 - 1. Defines "disability"
 - 2. Americans with Disabilities Act of 1990 how it impacts health care services
 - 3. How health care worker's attitudes & beliefs may affect quality health care
 - 4. Physical, communication, and medical equipment trying to obtain health care.