Behavioral Health System Information Sheet

Young Adult Hubs

Young Adult Hubs are a four-site pilot project designed to integrate outreach, engagement, physical and mental health care for young adults ages 14-25.

People served

Services are directed at young people that have:

Been diagnostically screened out of EASA (50% of referrals or approximately 1,000 young people/year in Oregon)

Spent many years in state systems of care

Been marginalized and disconnected due to extreme situational and social circumstances

What's changing?

Services began in the spring of 2014.

Since that time, over 500 young adults have been referred or participated in hub activities, 300 have been enrolled, and 221 are currently active in the four programs.

All sites employ peers as well as mental health professionals. A total of 30 staff have been hired as part of this new investment.

Hub enrollments hit their enrollment targets within 6 months of opening, tripling services from start-up to current service levels and filling a much needed and critical gap

Benefit to clients and community

- The PeaceHealth Lane County Hub has services including physical and occupational therapy, med management and groups such as DBT, Multi-Family Groups, and a LGBTQ young adult support group, responding to the most critical psycho-social needs of the young adults they serve
- The Jackson County Drop has launched two innovative work and leadership programs, Character Academy and ERA. Character Academy is a six month training program for young adults to learn Android Ap programming and ERA is a 32 week life choice and leadership program.
- In Crook County, the Central Oregon Hub has integrated with public health and the FQHC in Jefferson County, increasing access and engagement in physical health care.
- The Lifeworks Metro Hub has staff out-stationed at runaway and homeless youth programs, engaging young adults in more intensive services.
- 9 young adults have been served through CCSWW's Family Search and Engagement



System Impact

- The Young Adult Hubs fill a critical gap in the support and service continuum for young adults that may be at serious risk for long-term health and social decline-homelessness, incarceration, long-term disability etc.
- The Hub Programs are working as part of a learning collaborative across the state, identifying common and effective practices and outcome measures.
- The Hubs have become the cornerstone of a state-wide young adult in transition support and service continuum, narrowing the gaps between service systems and reducing the numbers of young people that fall through gaps in services and supports as they move into adulthood.

Hub Locations and Providers

 Youth M.O.V.E. Medford Drop Serving Jackson County 345 N. Bartlett Street #102 Medford, OR 97501

Phone: (541) 359-7262

jackie@youthmoveoregon.com

Peacehealth-Eugene
 Serving Benton, Lane, Linn and North Douglas Counties
 Referral Number: (458) 205-7070

Lifeworks Northwest-STRIDE Program
 Serving Multnomah, Clackamas, and Washington Counties
 STRIDE referral number: (503) 619-9007
 <u>sarahma@lifeworksnw.org</u>
 <u>tay.stride@lifeworksnw.org</u>

WEBCO

Serving Deschutes, Crook, and Jefferson Counties 2659 SW 4th St. Suite #200 Redmond, OR 97756 541-923-9698 http://webcohub.org/young-adult-hub/

For Information regarding the Oregon Young Adult Hub Programs:

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