

## What does a Family Support Specialist (FSS) Do?

- Provides hope by sharing, as a teaching/mentoring tool, the applicable portion of their life experience as a parent of a child, youth, or young adult experiencing emotional or health challenges
- Assists the parent to be confident in their skills and guidance for parenting a child, young and young adult experiencing emotional, developmental or health challenges
- Assists the parent to develop communication, crisis and safety plans
- Finds local resources needed by the family (housing, basic needs, public benefits, education, social services, health services, etc.)
- Assists the parent to obtain and maintain appropriate children’s services
- Assists the parent to get and fill out applications and other resources forms (housing, insurance, intake to services, medical, education, etc.)
- Understands and shares information about children’s health and behavioral health prevention, disease prevention, social determinants of health, and treatment information
- Mentors skills related to parenting, positive communication, and positive self-care
- Prepares family members for treatment team planning and policy meetings
- Assists parents to identify and utilize community and natural supports
- Attends meetings with family members and sometimes for family members
- Connects and networks parents to other parents or caregivers and other FSSs
- Mentors family members to be self-advocates and system change and advisory agents

Family Support Specialists are individuals who are parenting or have parented a child with emotional or developmental or complex health challenges, have learned to navigate complex systems of services and benefits. Those who bill Medicaid have successfully completed specialized training and certification and are listed on the Oregon Health Authority Traditional Health Worker registry.

Medicaid allows billing under a number of codes that have no cap and do not require preauthorization. The primary ones are: H0038 (peer support), T1016 (case management), H2014 (skills training),

Code	Description	Rate	Unit	Required modifiers	Allowed modifiers	Managed through
G0177	Training and educational services related to the care and treatment of patient's disabling mental health problems per session (45 minutes or more)	\$18.11	45 MINUTES OR MORE		GT	RR
H2014	Skills training and development, per 15 min	\$16.88	15 MINUTES		HK	RR
H2023	Supported Employment, per 15 min	\$16.88	15 MINUTES		HK,GT	RR
H2023	Supported Education, per 15 min	\$16.88	15 MINUTES		HK,GT	RR
T1016	Case management, per 15 min	\$21.69	15 MINUTES		HK, GT	RR
H0038	Self-help/peer services, per 15 min	\$15.00	15 MINUTES		HK,GT	RR
H2021 H2022	Wraparound Facilitation (when done only by an FSS)	Rate by CCO set				
GT	VIA INTERACTIVE SIMULTANEOUS AUDIO AND TELECOMMUNICATION SYSTEMS					
RR	Retrospective Review					





**Date:** July 17, 2018

**To:** Primary care practitioners and behavioral health providers

**From:** Rhonda Busek, director  
Provider Services, Health Systems Division

**Subject:** Access to peer-delivered services for Oregon Health Plan children and their families

Primary care practitioners and clinics can employ or contract with certified Family Support Specialists (FSS) and Youth Support Specialists (YSS) to help with the behavioral health needs of children ages 0 to 18. FSS provides services to the parent so they can better care for their child. YSS directly assist youth ages 14 to 18.

The Oregon Health Plan (OHP) covers these services for children and their family members when:

- The child is currently eligible for OHP Plus benefits and their family needs support in understanding mental health development or issues, accessing care, navigating systems, or overcoming mental health or behavioral health barriers;
- The FSS or YSS provider is enrolled as a rendering Oregon Medicaid provider;
- The services are in accordance with the child's client-centered treatment plan;
- The clinic bills for the services under procedure codes H0038 (Peer Support), T1016 (Case Management), or H2014 (Skills Training and Development); and
- The diagnosis and treatment codes pair above the line on the Prioritized List of Health Services.

The FSS or YSS provides these services under both clinical and peer supervision.

### Why is this happening?

Based on similar life experiences to the families they serve, FSS and YSS help families access support, education, and navigation to the health and wellness services their children need. They often act as translators or bridges to clinical professionals. Generally, this results in better health outcomes, treatment follow-through and client satisfaction.

The Oregon Health Authority (OHA) wants to ensure that primary care providers are aware of this valuable benefit, which became available for OHP reimbursement through pediatric providers on July 1, 2017.

### What should you do?

Please refer to OHA's [Enrollment and Billing for Peer-Delivered Services](#) fact sheet to learn how to enroll FSS and YSS providers, and bill for peer-delivered services rendered to Oregon Health Plan families.

### Questions?

- **About billing:** Contact the Provider Services Unit at [dmap.providerservices@state.or.us](mailto:dmap.providerservices@state.or.us) or 800-336-6016. We are available Monday through Friday between 8 a.m. and 5 p.m.
- **About FSS or YSS services:** Contact Frances Purdy at [frances.s.purdy@dhsaha.state.or.us](mailto:frances.s.purdy@dhsaha.state.or.us) or 503-957-9863.

Thank you for your continued support of the Oregon Health Plan and the services you provide to our members.

# Generation PMTO

## *(Parent Management Training, Oregon Model)*

GenerationPMTO is an evidence-based intervention that helps parents strengthen families at all levels (children, youth, parents, and couples). Based on more than 50 years of research, GenerationPMTO promotes parenting and social skills and prevents, reduces and reverses the development of moderate to severe conduct problems in children and youth. GenerationPMTO programs help families around the world in wide-scale applications in the United States and several other countries. Tailored for diverse populations, GenerationPMTO has flexibility: Preventive or clinical intervention, delivery format, age 2-17, family circumstances, intervention length, service provider, and billing options. For more information: <https://www.generationpmtto.org/>

### Oregon Provider Contact List

Oregon Community Programs	Eugene	541-687-6983
Options Counseling and Family Services  <i>*Available through Outpatient Behavioral Health In Eugene and Springfield, may also be available through DHS/Child Welfare</i>	Beaverton	503-352-3260
	Clackamas	503-655-8045
	Eugene	541-687-6983
	Florence	541-997-6261
	Portland	503-335-5975
	Salem	503-390-5637
	Springfield	541-762-1971
Options Counseling and Family Services  <i>*Only available through DHS/Child Welfare</i>	Clatsop County	
	St. Helen's	