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Strategic Integration

- Small group of thoughtful committed people who practice integration
 - If you call a meeting, they will come!
- Find a relevant home
 - Enter CCO Oregon
- Generate great buzz!
 - Integrated Behavioral Health conference with all our friends!



- Integrated Behavioral Health Alliance of Oregon
 - Voluntary group of individuals
 - Mission/Purpose
 - Licensure
 - Levels of care
 - Lexicon
 - Metrics
- As part of CCO Oregon, we have the opportunity to work with their policy committees to refine our work



So why do we need “standards” anyway?

- AHRQ Lexicon
 - Common language
 - Standards of practice
 - Measurable impact
- Financing
 - Standards of care = standards for payment
 - Global Budget/Alternative Payments/FFS
 - Sustainability is key

Lexicon for Behavioral Health and Primary Care Integration

Concepts and Definitions Developed by Expert Consensus



Definition

The care that results from a **practice team** of primary care and behavioral health clinicians, **working together with patients and families**, using a systematic and cost-effective approach to provide patient-centered care for a defined population. This care may address mental health, substance abuse conditions, health behaviors (including their contribution to chronic medical illnesses), life stressors and crises, stress-related physical symptoms, ineffective patterns of health care utilization.

Value of Integration:

Physical/Behavioral Integration is **good health policy** and good for health.

Peek, C. J., National Integration Academy Council. (2013). Lexicon for Behavioral Health and Primary Care Integration: Concepts and Definitions Developed by Expert Consensus. In Agency for Healthcare Research and Quality (Ed.), *AHRQ Publication No.13-IP001-EF*.

