## How CBOs can offer National Diabetes Prevention Programs to their communities

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#### **Presenters**



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#### Webinar objective

Help Oregon community-based organizations use their CDC National Diabetes Prevention Program (DPP) recognition status to deliver National DPP to the Oregon Health Plan members they serve.



#### Webinar agenda

- Why National DPP matters
  - Diabetes: Problem and solution
- Delivery and payment system foundations
  - National DPP
  - OHP 101
- What's covered in Oregon?
- How to get paid to deliver National DPP
  - How do we deliver DPP pathways
  - How do CBOs bill
- CBO role
  - Referral pathways
- Resources

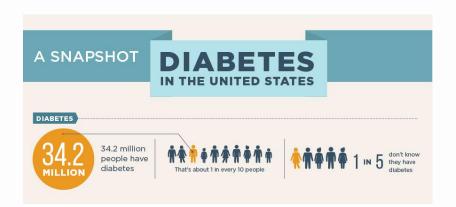


### Why National DPP matters

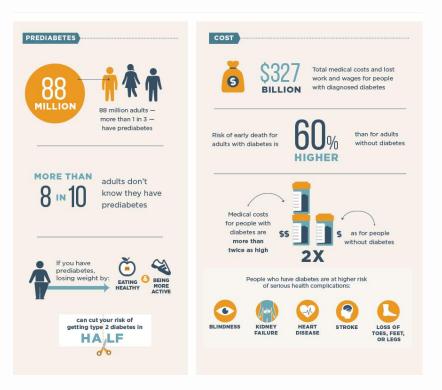
Nationally and in Oregon



#### Diabetes – the "quiet epidemic"

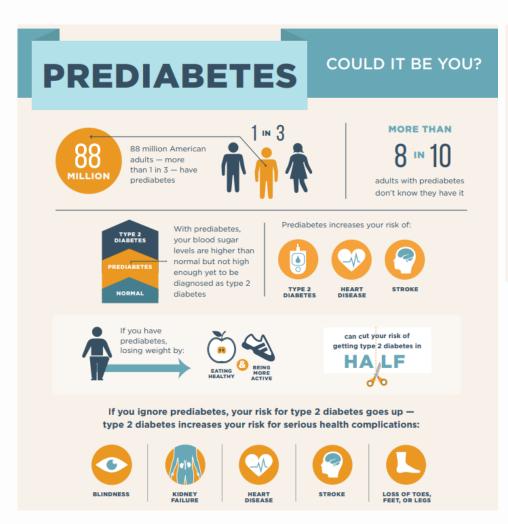


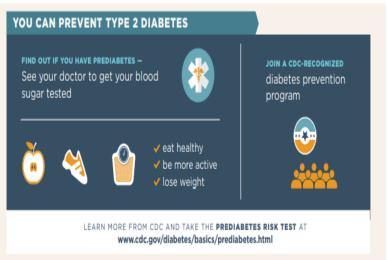
- Diabetes is prevalent.
- Many people with diabetes are undiagnosed.
- Diabetes is costly for people and for our health care system.





#### **Prediabetes**





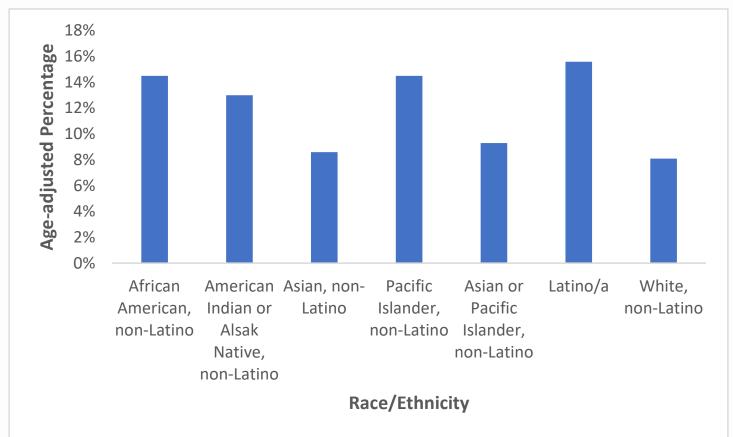
Without intervention, prediabetes can progress to type 2 diabetes within five years.

Source: About Prediabetes & Type 2 Diabetes (2019, April 4). Centers for Disease Control & Prevention



#### Diabetes disparities in Oregon

#### Age-adjusted diabetes among Oregon adults by race and ethnicity, 2015-2017



Data source:

 $https://www.oregon.gov/oha/PH/DISEASESCONDITIONS/CHRONICDISEASE/DATAREPORTS/Documents/datatables /ORRaceEthnicity\_diseases.pdf$ 



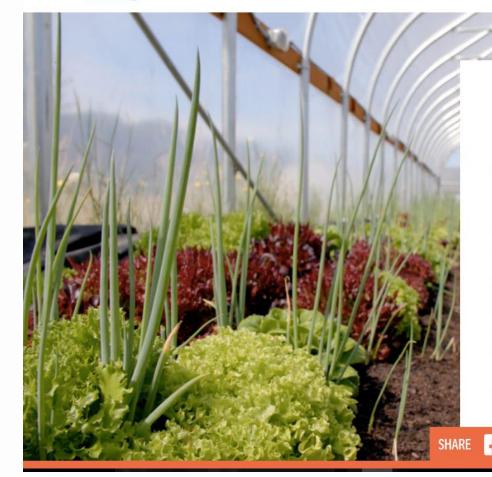
#### **National DPP: How it works**

- Lifestyle Coach works with groups of participants to reduce their risk by:
  - Losing weight through healthy eating (5-7% of starting weight)
  - Physical activity (avg. 150 minutes per week)
  - Learning to identify and address barriers to healthy eating and physical activity
- Relies on self-monitoring, goal setting, group process
- 2-year program
  - Months 1–6: 16 sessions, usually held weekly
  - Months 7–12: Biweekly sessions for the balance of year 1
  - Months 13–24: Biweekly sessions for year 2









### Reversing prediabetes together

Poor nutrition and lack of physical activity are two significant drivers of prediabetes, a medical condition that fuels type 2 diabetes and other chronic diseases. About 30% of Oregon adults live with obesity. More than one in 3 have prediabetes. The good news: We can reverse prediabetes before it becomes diabetes. But we can't do it with doctor's visits and diets. Instead, everyone has a role to play in redesigning our communities to enable more Oregonians to make healthier choices about what to eat and how much to move.

https://placemattersoregon.com/we-are/reversing-prediabetes-together/



# Delivery and payment system foundations

How National DPP and OHP fit together



## OHP 101: Basic structure and who's covered

- Oregon Health Plan (OHP) is managed through 15 coordinated care organizations (CCOs) and a fee-for-service (FFS) plan managed by OHA.
  - CCO information including provider directories
  - Map of CCOs in Oregon
- CCOs manage the benefit for OHP members in their community
- Federal mandates and support; state flexibility and control
- 1,048,101 Oregonians were enrolled in OHP as of June 15, 2020
  - 91.8% are in a CCO
  - 8.2% are in fee for service





#### **OHP 101: National DPP in Oregon**



- Estimated prediabetes in OHP members
  - OHA estimates that approximately 256,800
     OHP-covered adults may currently have prediabetes. [calculated with OHA information & AMA DPP cost calculator]
- OHP billing structure
  - CCO = contracting with each CCO
  - FFS = becoming a Medicaid provider and billing OHA directly –OR–
  - FFS = connecting with a Medicaid provider to create a closed loop referral and billing process





#### The HERC and the Prioritized List

- The Health Evidence Review Commission (HERC) makes decisions about what services are evidence based. The Oregon Legislature sets the line on the <u>prioritized list</u> for OHP coverage.
- Services covered match with diagnoses.
- HERC requires a diagnosis for participation in the DPP program.
- Clinics diagnose and refer participants to CBOs.
- CBO reports back to those clinics on member participation.
- This process is a closed-loop referral more on this later.



#### Partners to serve your community

- Your organization and OHP/CCOs can partner to help keep your communities healthy.
- You have the expertise to reach members of your communities we have the tools to help.
- OHP and CCOs can offer billing options that make it easier to get paid.
- We are here to help! Bring us your questions about how to meet your OHP DPP billing needs.





#### **National DPP Medicaid Demonstration**

#### **Lessons learned**

- Contracting takes time
- Community-based organizations, non-traditional medical billing providers, benefit from support and technical assistance in contracting phase
- Design of the contracts, including payment structures, with CBOs provided for necessary support for implementation of DPP for the demonstration
  - Payment structures for startup
  - Grant-based payments
  - Outcomes-based payments



# What's covered in Oregon

The Medicaid benefit – "ins and outs"



#### National DPP coverage in Oregon

#### Coverage across several payer types:

- Oregon Health Plan/Medicaid effective January 2019
- Medicare effective April 2018
- Public Employees Benefit Board (PEBB)
  - Providence Plans effective 2017
  - Kaiser effective 2016
- Oregon Educators Benefit Board (OEBB) various plans effective 2017



#### **Oregon Medicaid National DPP coverage**

Who is Covered? Eligibility Criteria	What is Covered? The Covered Benefit	How is coverage provided?  DPP Service Provision
Screening and Diagnosis	Funding, Billing & Referral	Provider Requirements
<ul> <li>Prediabetes (R73.03) when confirmed via blood test within past year</li> <li>Previous gestational diabetes (Z86.32)</li> <li>As a high intensity intervention for obesity or overweight (E66.01-E66.9)</li> </ul>	<ul> <li>Two years of the national DPP program</li> <li>Up to 52 sessions over two years</li> <li>All CDC recognized National DPP curriculums; including Native Lifestyle Balance</li> <li>Multiple modalities covered: in-person, distance learning, online programs</li> </ul>	<ul> <li>National DPP must be provided by a <u>CDC-recognized organization</u></li> <li>National DPP provider or supplier must collect and report data to CDC</li> <li>Two types of payment sources: Medicaid/Medicare reimbursement, Health-related services funds.</li> </ul>

Note: Up to 52 sessions or 24 months over two years is based on two separate billing processes.



## OHP: Who is covered to receive the National DPP?

#### In addition, under OHP:

- Participation in the National DPP requires a primary diagnosis of prediabetes (R73.03) or
  - gestational diabetes history (Z86.32) or
  - overweight/obesity (E66.01–E66.9)\*
- Patients do not qualify if they have type 1 or type 2 diabetes or end stage kidney disease
- Note: Health Evidence Review Commission (HERC) guidelines require
  a blood test confirming the prediabetes diagnosis. Prediabetes Risk
  Test\* results will not be accepted.

\*Additional information on how to meet CDC criteria provided later in this slide deck \*Prediabetes/Gestational Diabetes effective January 1, 2019, Overweight/Obesity added October 1, 2019. https://www.oregon.gov/oha/hpa/dsi-herc/Pages/index.aspx





# HERC required diagnosis codes

#### **Referral for Diabetes Prevention Program**

#### **Primary and secondary diagnoses:**

Primary diagnosis of pre-diabetes (R73.03) or gestational diabetes history (Z86.32) diagnosis code, or obesity/overweight diagnosis (E66.01–E66.9) required

HERC criteria require BMI as a secondary diagnosis for payment processing on claims

#### Qualifying BMI codes below:

```
Z68.23 Body mass index (BMI) 23.0-23.9, adult
                                                Z68.34 Body mass index (BMI) 34.0-34.9, adult
                                                Z68.35 Body mass index (BMI) 35.0-35.9. adult
Z68.24 Body mass index (BMI) 24.0-24.9, adult
                                                Z68.36 Body mass index (BMI) 36.0-36.9, adult
Z68.25 Body mass index (BMI) 25.0-25.9, adult
                                                Z68.37 Body mass index (BMI) 37.0-37.9, adult
Z68.26 Body mass index (BMI) 26.0-26.9, adult
Z68.27 Body mass index (BMI) 27.0-27.9, adult
                                                Z68.38 Body mass index (BMI) 38.0-38.9, adult
Z68.28 Body mass index (BMI) 28.0-28.9, adult
                                                Z68.39 Body mass index (BMI) 39.0-39.9, adult
Z68.29 Body mass index (BMI) 29.0-29.9, adult
                                                Z68.41 Body mass index (BMI) 40.0-44.9, adult
Z68.30 Body mass index (BMI) 30.0-30.9, adult
                                                Z68.42 Body mass index (BMI) 45.0-49.9, adult
                                                Z68.43 Body mass index (BMI) 50-59.9, adult
Z68.31 Body mass index (BMI) 31.0-31.9, adult
                                                Z68.44 Body mass index (BMI) 60.0-69.9, adult
Z68.32 Body mass index (BMI) 32.0-32.9, adult
Z68.33 Body mass index (BMI) 33.0-33.9, adult
                                                Z68.45 Body mass index (BMI) 70 or greater, adult
```

Z68.53 Body mass index (BMI) pediatric, 85th percentile to less than 95th percentile for age\* Z68.54 Body mass index (BMI) pediatric, greater than or equal to 95th percentile for age\*

\*The DPP benefit only applies to those OHP clients at least 18 years of age



## How to get paid to deliver National DPP in Oregon

Overview



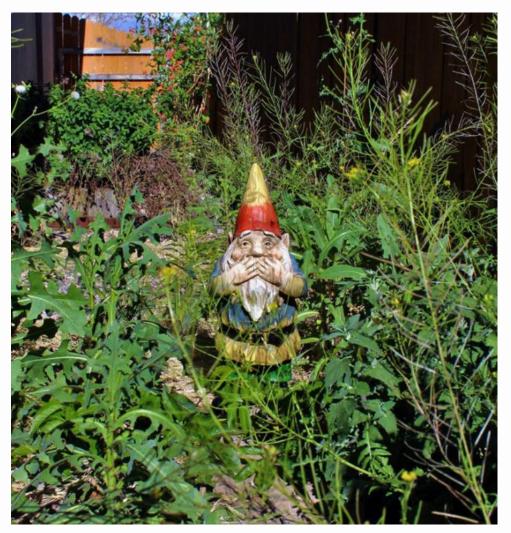
#### **CBO** poll: pain points





## **Cultivating your garden**

- Medical billing
- Multiple payers
- Dual-eligible members
- Fee-for-service billing
- Tribal members in FFS





#### **CCO** funding options

#### **Medical CPT Coding**

- •Traditional medical billing model. Similar to FFS model for OHP.
- •87% of Oregon's current CDC recognized programs were within organizations that are currently Medicaid enrolled.
- •CCOs may choose to use DPP provider type for medical billing model.

#### Health-Related Services (HRS)

- •DPP services that are not covered for an individual OHP member may be considered HRS as Flexibile Services
- •DPP programs provided by community-based organizations may be considered HRS as a Community Benefit Initiative.

#### In House

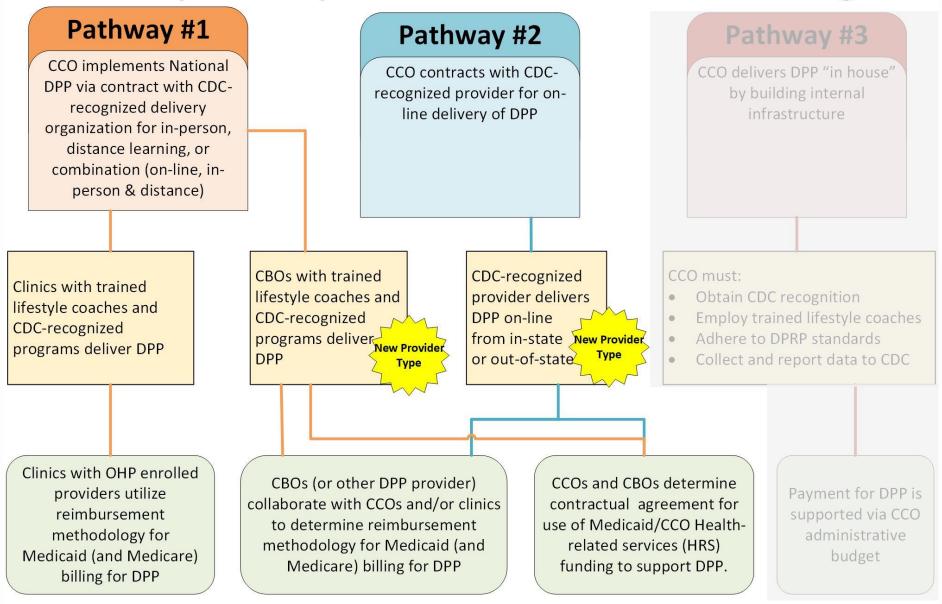
- •CCO seeks CDC reconition and delivers National DPP in house.
- CCOs may choose to deliver the National DPP with in-house community health workers or lifestyle coaches.

#### APM or VbP Model

- CCO to CDC-recognized National DPP organization
- CCOs may find alternative payment (APM) or Value-based Payment (VbP) models uselful. Plans may have a APM/VBP provider contract that could be modified to include the National DPP
- APM/VbP model option can enhance a CPT coding



#### Pathways to Implement National DPP in Oregon



APM/VbP model

#### Clinic/CBO billing process: clinic initiation

Clinic Step 1: Screen and Test

- Measure patient height and weight; calculate BMI
- Screen patient for history of gestational diabetes and/or draw blood to test for prediabetes (fasting plasma glucose or A1C)

Clinic Step 2: Diagnose and Refer

- Patient's blood test shows prediabetes and/or patient's BMI shows overweight or obese
- Make referral to affiliated CBO with CDC recognition to deliver National DPP

CBO Step 1:
Accept Referral
and Schedule

- Receive National DPP referral
- Schedule patient into upcoming National DPP

CBO Step 2: Deliver Program and Document

- Deliver National DPP documenting attendance, session topic, patient's weight
- Share session information with clinic



#### Clinic/CBO billing process: CBO initiation

Clinic Step 2: Diagnose and Refer

- Patient's BMI shows overweight or obese
- Collaborate with CBO that has identified potentially eligible patient

CBO Step 1: Screen and Collaborate

- Measure patient height and weight; calculate BMI
- Screen patient for history of gestational diabetes

CBO Step 2: Deliver Program and Document

- Deliver National DPP documenting attendance, session topic, patient's weight
- Share session information with clinic



#### Clinic/CBO billing process: either initiates

Clinic Step 3: Document and Bill

- Document class attendance and bill for DPP delivery
- Identify affiliated CBO as provider of National DPP class

Clinic Step 4
Pay CBO

- CCO or FFS OHP reimburses clinic for National DPP delivery
- Clinic pays CBO for delivery of National DPP



Clinic/CBO partnership: Who's involved in each step of the billing

process





#### **Partnership**

#### Community-based organizations/community clinics



Ideally would like to see National DPP delivered by trained Lifestyle Coaches from the communities they serve

- CBOs have the trained coaches, but may not be OHP providers
- Community clinics are OHP providers, but may not have trained National DPP Lifestyle Coaches

Pilot partnership between Neighborhood Health Center and Familias en Accion



#### **Provider and DPP program roles**

Record If prediabetes referral, share that member has had qualifying blood testIf obesity referral, share BMI and if completed at your office,  % Participants Qualities-referred prediabetes referred prediabetes with prediabetes Participants Qualities-referred prediabetes Prediabetes Risk Tests.	rying CDC or ADA Screening –up to 65%  BMI –keep documentation of completed  If provider did not administer, complete CDC/ADA  et (Qualifying Score 5 or higher on the CDC/ADA
CDC/ADA Prediabetes Risk Test  Prediabetes Risk Test	et)
Attendance/Participation: Keep attendance in member record to submit accurate billing  Attendance/Participation: Keep Following CDC track Complete loop by provider	-
	hysical activity minutes as required for tracking
Address expectations for online DPP program documentation (properly recording and tracking individual participant participation and completion in case of audits).  maintain a participation participant record de content as verification maintain a participation how CDC content is participant record de content as verification.  Members must be addressed and tracking participant record de content as verification.	expectations: Online programs should on record that can demonstrate (1) being delivered and (2) include by monstrating online completion of a for potential audit.  Stively participating during the month in bill for any full month of DPP service.

<sup>+</sup> Details for data requirements for maintaining CDC recognition can be found in the CDC Diabetes Program Recognition Standards <a href="https://www.cdc.gov/diabetes/prevention/pdf/dprp-standards.pdf">https://www.cdc.gov/diabetes/prevention/pdf/dprp-standards.pdf</a>



#### Collaborating to recruit participants

Responsibility for participant recruitment does not reside with a single entity

Entity	Responsibility/Contribution
CBO	<ul> <li>Promotion within community</li> <li>Might be delivering program</li> <li>May be able to help identify OHP members eligible for medical coverage</li> </ul>
Clinic	<ul><li>Screening &amp; testing for prediabetes</li><li>Referral to culturally appropriate DPP</li></ul>
CCO	<ul> <li>Develop creative, inclusive reimbursement infrastructure for National DPP delivery</li> <li>Promote program to CCO members</li> </ul>



#### **Building CCO relationships**

- Check with your local CCO for contracting and billing options
- Let the CCO know if you have
  - Medical billing experience; and
  - Affiliation with a clinic or clinical provider who can bill on your behalf.
- CCOs may use health-related services funds to contract and pay you directly for services – ask!



#### CBO poll: gaps





#### **OHA encourages CCOs to:**

- Meet the member's cultural and health needs
- Engage community-based organizations especially those serving non-English speaking communities or communities of color
- Work with medical clinics, hospitals, health departments
- Engage Tribal Health Programs & FQHCs serving underserved populations
- Consider web-based/online providers (may be a good option for those who live farther from population centers)
- Build in-house CCO or clinic capacity



#### **Tribal members in FFS**

- Indian Health Services, Tribal and Urban Indian (I/T/U) services may already be providing DPP in your community.
- See additional information about providing DPP to Tribal members in the resource section of these slides.



### **Questions?**



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# **Upcoming trainings**

#### **National Diabetes Prevention Program webinar**

• Clinic focus: September 23, 2020, noon-1 p.m.

# On-demand, recorded webinars with no-cost CME available

- <u>Patient education and engagement in diabetes care</u> (no-cost CME available): On-demand, recorded webinar
- Working with pharmacists on a diabetes care team (no-cost CME available): On-demand, recorded webinar



#### **Presenter contacts**

- Lisa Bui: <u>Lisa.T.Bui@dhsoha.state.or.us</u>
- Rachel Burdon: Rachel.E.Burdon@dhsoha.state.or.us
- Don Kain: <a href="mailto:kaind@ohsu.edu">kaind@ohsu.edu</a>



# Thank you!

This webinar is hosted by the Oregon Health Authority Transformation Center.

- For more information about this presentation, contact <u>Transformation.Center@state.or.us</u>
- Find more resources for diabetes care here:
   <a href="https://www.oregon.gov/oha/HPA/dsi-tc/Pages/Diabetes.aspx">https://www.oregon.gov/oha/HPA/dsi-tc/Pages/Diabetes.aspx</a>
- Sign up for the Transformation Center's technical assistance newsletter:
  - https://www.surveymonkey.com/r/OHATransformationCenterTA



# Resources

Billing FAQs





# Requirements for National Diabetes Prevention Program reimbursement

The Oregon Health Plan (OHP) will reimburse for National Diabetes Prevention Program (National DPP) services for individuals over 18 with prediabetes, previous gestational diabetes or an overweight/obesity diagnosis when it is:

- Provided by a recognized Oregon National DPP lifestyle program,
- Referred and billed by an enrolled OHP provider, and
- Delivered as an intervention for prediabetes (when confirmed via blood test within the past year) or previous gestational diabetes, according to line 3 of the Prioritized List of Health Services and as noted in Guideline Note 179; or as a high intensity intervention for obesity or overweight diagnoses (according to line 320 of the Prioritized List and as noted in Guideline Note 5).
- OHP will **not** cover National DPP services for members with a current diagnosis of Type 1 or Type 2 diabetes or end-stage renal disease.



# When can current enrolled providers supervise and bill for a DPP program?

- Oregon Licensing Boards provide guidance on supervision requirements and expectations such as scope of practice.
- OHP does not require supervising providers to be in the same office when auxiliary community health education and outreach are being performed.
- Programs that are within a health department, FQHC, or clinic that already has OHP enrollment can bill through the existing clinic/provider enrollment as for other services.
- Medicare "Incident-To" rules apply only to Medicare billing.
- OHP FFS DPP claims can be billed by the supervising provider;
   FFS doesn't have a mechanism to directly enroll independent DPP suppliers like Medicare. CCOs can mirror this billing process.



# Medicaid FFS provider enrollment

#### For detail on Oregon Medicaid provider enrollment go to:

https://www.oregon.gov/oha/HSD/OHP/Pages/Provider-Enroll.aspx

- Information covered includes National Provider Identifier (NPI) requirements and OHA-specific requirements
- Additional information covered on this page regarding provider enrollment with CCOs or dental plans.

To find out if you or a provider at your organization is already enrolled with OHA, use OHA's verification tool by entering the NPI:

https://www.or-

medicaid.gov/ProdPortal/Validate%20NPI/tabid/125/Default.aspx

Email questions about provider enrollment to OHA Provider Services Unit: <a href="mailto:dmap.providerservices@state.or.us">dmap.providerservices@state.or.us</a>



#### New encounter-only provider type for DPP in CCOs:

When a CCO chooses a DPP provider who has no current other enrollable provider type, the CCO may want to use the new encounter-only provider type.

- MMIS Type 63 description on Form 3108 now is "National Diabetes" Prevention Program Supplier"
- Type 63 specialty codes are:
  - (1) 497 for in-person program
  - (2) 498 for online program.
  - Form 3018 is available at: https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/he3108.pdf
  - For information for DPP programs on how to get an NPI as a DPP supplier or instructor/coach, both CDC and Medicare provide instructions for DPP suppliers. https://innovation.cms.gov/Files/x/mdpp-enrollmentfs.pdf
  - companies, are likely to already have Medicare DPP supplier enrollment which makes credentialing for you easier.

How to Use the Type 63 **Encounter-Only** "National

**Diabetes** 

**Program** 

Prevention

Supplier" Many online-only DPP providers, especially larger national

At the present time, our State Plan does not allow for DPP supplier enrollment in OHP FFS.



# CMS credentialing requirements for CCOs and encounter-only DPP suppliers

- Each CCO is responsible for credentialing and ensuring encounter-only DPP supplier providers meet CMS network provider selection policies and procedures consistent with 42 CFR §438.12 (Specifically CMS requires MCEs to (a) not discriminate against particular providers that serve high-risk populations and (b) ensure providers are not CMS excluded per 42 CFR §438.214.)
- Given CMS credentialing requirements for CCOs, and since DPP suppliers have no
  Oregon licensure or licensing board, CCOs may choose to follow processes other states
  have been using to meet expectations around ensuring providers are not CMS excluded.
  - Other states are requiring CMS National DPP supplier enrollment process for credentialing via Medicare DPP supplier type providers/programs steps: <a href="https://innovation.cms.gov/Files/x/mdpp-enrollmentcl.pdf">https://innovation.cms.gov/Files/x/mdpp-enrollmentcl.pdf</a>
  - An additional example of Maryland's credentialing process for National DPP suppliers that aligns with Medicare DPP supplier enrollments:
     https://phpa.health.maryland.gov/ccdpc/diabetes/Documents/Medicare%20DPP%20Enrolling%20as%20Supplier%20Check%20List%201.pdf
  - CMS DPP supplier enrollment exclusions could be monitored through the CMS PECOS system to address these federal MCE credentialing requirements.
  - CCOs can review currently enrolled CMS DPP suppliers in the CMS database: <a href="https://data.cms.gov/Special-Programs-Initiatives/Medicare-Diabetes-Prevention-Program/vwz3-d6x2/data">https://data.cms.gov/Special-Programs-Initiatives/Medicare-Diabetes-Prevention-Program/vwz3-d6x2/data</a>.



#### Who is covered?



To be eligible for referral to a CDC-recognized lifestyle change program, patients must meet the following requirements:

- Be at least 18 years old and
- Be overweight (body mass index ≥25; ≥23 if Asian) and
- Have no previous diagnosis of type 1 or type 2 diabetes and
- Not have end-stage renal disease <u>and</u>
- For prediabetes diagnosis, have a blood test result in the prediabetes range within the past year:
  - Hemoglobin A1C: 5.7%-6.4% or
  - Fasting plasma glucose: 100–125 mg/dL or
  - Two-hour plasma glucose (after a 75 gm glucose load): 140–199 mg/dL
- Or, be previously diagnosed with gestational diabetes



\*Prediabetes/Gestational Diabetes effective January 1, 2019, Overweight/Obesity added October 1, 2019. https://www.oregon.gov/oha/hpa/dsi-herc/Pages/index.aspx



# Coverage: What is covered for OHP?

# In-person DPP program participation requirements and coverage limitations:

National DPP services can be provided

- In person; or
- Via remote two-way telehealth class (for medical billing use GT modifier).

	In-person DPP program	Total number of OHP-covered sessions
Year	Months 1–6	16 core sessions (per CDC curriculum)
One	Months 6–12	12 maintenance sessions (up to 2 per month)
Year	Months 1–12	24 maintenance sessions (up to 2 per month)
Two		
Program Total		52 sessions over 24 months



# **Online National DPP coverage**

#### Online program participation requirements and coverage limitations:

To qualify for reimbursement as an online program, the program must provide the OHP member

- an FDA-approved Bluetooth-enabled weight scale and
- a web-based fitness tracker at the beginning of the program.

	Online DPP program	Total number of OHP-covered program months
Year	Months 1–6	Up to 6 months (per CDC curriculum)
One	Months 6–12	Up to 6 months (for each month the member actively participates in the program)
Year	Months 1–12	Up to 12 months (for each month the member
Two		actively participates in the program)
	Program Total	Up to 24 months



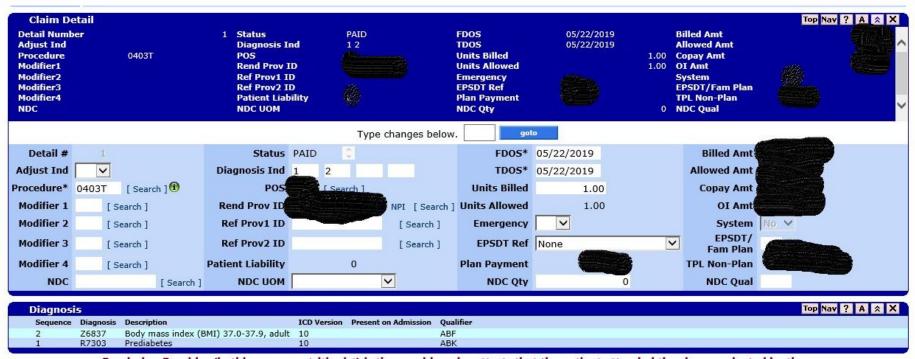
#### FFS claim detail

Example: Prediabetes diagnosis on claim



#### FFS claim detail

Example: Billing Provider Submission



Rendering Provider (in this case, a nutritionist) is the provider who attests that the patient attended the class conducted by the Lifestyle Coach



# COVERAGE: Medicare–Medicaid Full Benefit Dual Eligible (FBDE)

#### Billing for OHP FBDE reminders:

- For the in-person program, Medicare is primary payer for OHP FBDE.
   OHP/CCO is responsible for cost-sharing.
  - Contact the member's Medicare Advantage plan for billing instructions or
  - Bill Medicare FFS
- Medicare does not cover the online program. OHP/CCO is responsible as member's primary coverage for the online program.

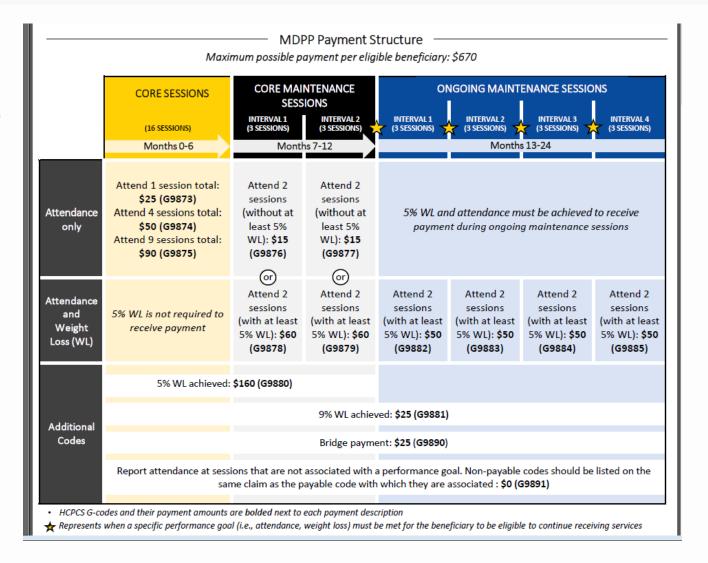


FBDE: OHP benefit packages BMM, BMD



# Medicare (MDPP) FFS coverage and billing model: HCPCS Gcodes and payment structure

This guide only applies to services furnished to beneficiaries receiving Medicare Part B coverage via Medicare Fee-for-Service (FFS). Contact a patient's Medicare Advantage plan to determine billing expectations.



**Link to Medicare DPP Fact Sheet** 

https://innovation.cms.gov/Files/fact-sheet/mdpp-beneelig-fs.pdf



#### **Medicare DPP resources**

- Medicare Diabetes Prevention Program (MDPP) Quick Reference Guide to Payment and Billing Reference Guide
  - https://innovation.cms.gov/files/x/mdpp-billingpayment-refguide.pdf
- Medicare DPP Supplier Enrollment
  - https://innovation.cms.gov/Files/fact-sheet/mdpp-101-fs.pdf
  - https://innovation.cms.gov/Files/x/mdpp-enrollmentfs.pdf
- General Medicare DPP information:
  - https://innovation.cms.gov/initiatives/medicare-diabetes-prevention-program/
- Medicare Crosswalk Guidance (required crosswalk file for CDC performance data and the corresponding Medicare identifiers):
  - https://innovation.cms.gov/Files/x/mdpp-crosswalk-guidance.pdf



# **OHP** billing guide

#### **OHP NDPP billing guide:**

https://www.oregon.gov/oha/HSD/OHP/Tools/National%20DPP%20services%20for%20OHP%20members.pdf

#### **Questions?**

- Providing NDPP services to CCO members: Contact your local CCO.
- Providing NDPP services to OHP members not enrolled in a CCO: Please email Jennifer Valentine at Jennifer.B.Valentine@dhsoha.state.or.us



# How to become a National DPP provider

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#### **Resources on NDPP**

- National DPP Coverage Toolkit Information on contracting, delivery, billing and coding, and data and reporting to support health insurance plans, employers, and state Medicaid agencies in making the decision to cover the National DPP lifestyle change program
- Implement a Lifestyle Change Program Resources and guidance on offering a program, including staffing, participant recruitment and training, and data reporting
- Interested in offering the DPP in Oregon? (PDF)
- CDC Diabetes Prevention Recognition Program Standards and Operating Procedures Handbook
- National Diabetes Prevention Program reimbursement for Oregon Health Plan members
- <u>Diabetes Prevention Program OHP benefit coverage and billing guidance</u>

Health Authority

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# **Programs: Investment in infrastructure**

- Two master trainers in Oregon
- 310 trained lifestyle coaches
- 30 CDC-Oregon recognized programs
- 34 counties have trained lifestyle coaches
- 8463 participants have gone through DPP



# Not yet a National DPP provider?

Contact the OHA Public Health Division to learn how you can get trained:

Kaitlyn Lyle, Diabetes Program Coordinator Kaitlyn.E.Lyle@dhsoha.state.or.us

CDC program registry: <a href="https://nccd.cdc.gov/DDT\_DPRP/Registry.aspx">https://nccd.cdc.gov/DDT\_DPRP/Registry.aspx</a>



# **Additional resources**

Web resources

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#### For all audiences

- Evaluation of the Medicaid Coverage for the National Diabetes
   Prevention Program Demonstration Project: Executive Summary
- Oregon Diabetes Report (PDF) Report to the 2015 Oregon Legislature on the burden of diabetes and progress on the 2009 diabetes strategic plan
- Oregon Medical Association DPP platform Explore resources and training opportunities, connect with a DPP physician champion, and look for a communication campaign for providers and clinical teams launching June 2019
- Comagine Health (formerly HealthInsight) DPP initiative –
   Resources for clinicians, consumers, program delivery organizations and employers/health plans
- CDC Prediabetes Screening Test



#### For all audiences

- Place Matters Oregon website
- Making the case for National DPP video (short)
- Making the case for National DPP video (long)



#### **Medicare DPP resources**

#### <u>Important Medicare (MDPP) Information Links</u>

Medicare Diabetes Prevention Program (MDPP) Quick Reference Guide to Payment and Billing Reference Guide:

https://innovation.cms.gov/files/x/mdpp-billingpayment-refguide.pdf

#### **Medicare DPP Supplier Enrollment**

https://innovation.cms.gov/Files/fact-sheet/mdpp-101-fs.pdf https://innovation.cms.gov/Files/x/mdpp-enrollmentfs.pdf

#### **General Medicare DPP information:**

https://innovation.cms.gov/initiatives/medicare-diabetes-prevention-program/

**Medicare Crosswalk Guidance** (required crosswalk file for CDC performance data and the corresponding Medicare identifiers):

https://innovation.cms.gov/Files/x/mdpp-crosswalk-guidance.pdf



## For health care providers

- <u>Steering Toward Health</u> Online toolkit for the OHA and Oregon Medical Association multiyear initiative to connect adults with prediabetes to evidence-based lifestyle change programs.
- Screen and Refer Patients to a Lifestyle Change Program –
  Resources including the Prevent Diabetes STAT toolkit developed
  by the AMA and CDC
- <u>CDC-recognized National Diabetes Prevention Programs in Oregon</u> (<u>find a workshop</u>)
- <u>Guideline Note 179</u> Outlines National DPP eligibility criteria for Medicaid members in Oregon, per the Prioritized List of Health Care Services



# For employers and insurers

- National DPP Coverage Toolkit Information on contracting, delivery, billing and coding, and data and reporting to support health insurance plans, employers, and state Medicaid agencies in making the decision to cover the National DPP lifestyle change program
- Implementing Comprehensive Diabetes Prevention Programs: A
   Guide for CCOs Lessons from Oregon CCOs participating in the
   National DPP Medicaid Demonstration Project (2016–2018)
- National Diabetes Prevention Program reimbursement for Oregon Health Plan members
- <u>Diabetes Prevention Program OHP benefit coverage and billing guidance</u>
- Health-related services FAQ guidance
- Covering a lifestyle change program as a health benefit (CDC)

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## For DPP providers

- Implement a Lifestyle Change Program Resources and guidance on offering a program, including staffing, participant recruitment and training, and data reporting
- Interested in offering the DPP in Oregon? (PDF)
- CDC Diabetes Prevention Recognition Program Standards and Operating Procedures Handbook



# **Additional resources**

Indian Health Service/Tribal/Urban Indian

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# Connecting with I/T/U Health Programs to Serve Tribal OHP Members in CCOs

If you are in a community who has Tribal OHP members, we strongly encourage you to connect with your local I/T/U Health Program, who may already be offering DPP.

Some Tribal Health Programs in Oregon have been using CDC-recognized curriculum for many years and are now becoming CDC recognized DPP programs. These programs use a culturally adapted curriculum and often hold programs in places convenient to Tribal members.

CCOs can choose to set up Medical Claims-Based Billing or some other type of program reimbursement with I/T/U Health Programs.

DPP programs in tribal settings can apply with CDC for a quick turnaround preliminary recognition approval of their already nationally recognized DPP culturally designed curriculum or decide to participate in a training in Oregon for the DPP curriculum.

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CDC requires programs to offer at least one year of the DPP curricula to stay CDC recognized. The OHP benefit covers the full second year of maintenance sessions to support members' continued success following the Medicare model.

Year One	DPP Core Year-long Program
CPT 0403T In-person	ENCOUNTER rate per 60 min. class billed by date of session  X 16 CORE SESSIONs in 1st six months  X 12 Core Maintenance Sessions in 2nd half year/six months (up to 2 sessions per month)
Year Two	DPP Maintenance Year
CPT 0403T In- person	ENCOUNTER rate per 60 min. class billed by date of session X 24 Maintenance Sessions in 12 months (up to 2 sessions per month)

Tribal Health Clinics are enrolled OHP providers and can bill for DPP programs through current enrollments.

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# Complete the CDC online registration form: <a href="https://nccd.cdc.gov/ddt\_dprp/applicationform.aspx">https://nccd.cdc.gov/ddt\_dprp/applicationform.aspx</a>

Select which CDC approved curriculum you are using in the drop-down menu of Question 17

NOTE: The full list of CDC Training entities are found here: <a href="https://www.cdc.gov/diabetes/prevention/lifestyle-program/staffing-training">https://www.cdc.gov/diabetes/prevention/lifestyle-program/staffing-training</a>
. Curriculum*
If you select Other Curriculum, you must submit your curriculum files.
● 2016 PreventT2 - English
O 2016 PreventT2 - Spanish
○ 2016 PreventT2 – English and Spanish
O 2012 National DPP curriculum - English
O 2012 National DPP curriculum - Spanish
2012 National DPP curriculum – English and Spanish
Native Lifestyle Balance-Preventing Diabetes in American Indian Communities

You do <u>not</u> need to upload a copy of the curriculum you are using if it is one of the listed approved curricula for DPP programs such as Native Lifestyle Balance.

You should receive pending recognition within a few days as long as there aren't any questions about other information provided on the form.

To ensure CDC is aware of your application for recognition, please email Kirsten Aird at Oregon Public Health <a href="mailto:KIRSTEN.G.AIRD@state.or.us">KIRSTEN.G.AIRD@state.or.us</a> and copy the CDC contacts Pat Shea <a href="mailto:gzt0@cdc.gov">gzt0@cdc.gov</a> and Beth Ely eke0@cdc.gov

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Other Curriculum