



St. Charles Center for Women's Health – Redmond

Background: These projects have the capacity to reach the entire clinic population which in 2015 was 2437 patients with 20% gynecology patients and 80% obstetrics.

Depression & Pregnancy

Depression is one of the most common pregnancy related complications.

One in 7 women suffers from depression during or in the 12 months after a pregnancy,

Depression during and in the postpartum period can have severe consequences for both mother and child.

It is often difficult to detect perinatal depression because symptoms they may be attributed to and overlap with normal changes

that occur during and subsequent to pregnancy.

Psychological Variables & Surgical Outcomes in Women's Health

Several psychological conditions affect women disproportionately more than men.

Psychological factors impact prognosis and course of surgical outcomes including post-operative opioid use.

Examples exist where pre-surgical behavioral health screening and intervention have improved surgical outcomes e.g. bariatric surgery

Substance Use and Pregnancy

There is no safe amount of alcohol, illicit or other psychoactive drug consumption during pregnancy.

Women who continue to use alcohol, illicit or other psychoactive drugs while pregnant tend to have severe addiction, but are ambivalent about their use.

Prevention and treatment efforts especially geared toward women (e.g., screening in obstetrics and primary care clinics, detection of drug use early in pregnancy or before conception, brief interventions and treatment programs that integrate women's needs) are exceedingly important.

References

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UDS DATA CWH REDMOND

Date Range	June, 2015 - June, 2016	
N	182	
% Positive UDS (n)	23.6%	(43)
% Repeat Positive UDS (n)	60.47%	(26)
% UDS Not Completed (n)	13%	(23)

UDS DATA CWH REDMOND

Date Range	July, 2016-September 2016	
N	328	
% Positive UDS (n)	31.71%	(104)
% Repeat Positive UDS (n)	51.2%	(54)
% UDS Not Completed (n)	16.4%	(54)
% Late to Prenatal Care (n)	10.53%	(26)
% Late to Prenatal Care & + UDS (n)	26.47%	(7)

Depression Score DATA CWH REDMOND

Date Range	July, 2016 - February, 2017	
N	25	
Average Depression Score	11	