

ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Oregon Medical Association (OMA) and Oregon Pain Guidance (OPG). The OMA is accredited by ACCME to provide continuing medical education for physicians.

AMA PRA Category 1™ Credit Statement

The OMA designated this live conference activity for a maximum of 24 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Family Physicians:

This live activity, 6th Annual Conference: A Thoughtful Approach to Pain Management, "If Not Opioids, Then What?", with a beginning date of 5/4/2017, has been reviewed and is acceptable for up to 21.75 Prescribed credits by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses:

For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credits™ from organizations accredited by ACCME.

Physician Assistants:

AAPA accepts Category 1 Credit from ACCME Prescribed credit from AAFP, and AMA PRA Category 1 Credits™ from organizations accredited by ACCME

Pharmacists:

The Oregon Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for AMA PRA Category 1 Credits™.

Alcohol and Drug Addiction Counselors:

The Addiction Counselor Certification Board of Oregon (ACCBO) has approved this course for up to 16 accredited hours, which can be used toward recertification or initial certification.

Other Specialties:

The Oregon Pain Management Commission endorses this conference. Psychologists, chiropractic and naturopathic physicians and acupuncturists, PTs and OTs may qualify for required 6 hours of pain management education, and are advised to check with their professional associations.

Disclosure:

OPG Conference Planners and Staff have disclosed that they do not have financial interest with any manufacturers of medical commercial products that pertain to the topics presented. Presenters are expected to openly declare financial interest, unlabeled, investigational or outside of FDA approval indications pertaining to presentation topics.

Scholarships:

A limited number of scholarships are available. Please email a one-paragraph statement of need to PainConference2017@OregonPainGuidance.org.

Registration Options:

Online: www.OregonPainGuidanceConference2017.org (preferred method)

Mail: Complete registration form and send with payment to:
Continuing Medical Education of Southern Oregon (CMESO)
3825 E. Barnett Rd., Medford, OR 97504

FAX: 541-789-5215 – Fax completed registration form and your credit card information to CMESO.

Phone: 541-789-4837 (CMESO)

Make checks payable to: Continuing Medical Education of Southern Oregon (CMESO)

Registration questions: 541-789-4837

Conference questions: email PainConference2017@OregonPainGuidance.org

Cancellation Policy:

Cancellations received in writing by April 20, 2017 will be refunded, less an administrative fee of \$25 per registered day. No refunds will be made on cancellations received after that date. No refunds for no-shows. In the event of course cancellation by OPG conference organizers, all registration fees will be fully refunded. OPG will not refund any travel-related costs incurred.

Accommodations:

Room reservations must be received by April 7, 2017, to receive special block room rates at Ashland Hills Hotel and Suites. Early reservations are recommended as the number of block-rate rooms is limited and the conference is expected to fill rapidly. Regular hotel rates will apply for any reservations made after that date. For all room reservations, call the hotel directly at 541.482.8310 or toll free at 855.482.8310.



C/O United Way of Jackson County
1457 East Mc Andrews
Medford, Oregon 97504

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Please visit:

www.OregonPainGuidanceConference2017.org

- Register online
- Conference updates
- More conference details

Register early! Conference expected to fill!

Save-the-Date

OPG's 2018 - 7th Annual Conference

May 17, 18, 19, 2018

If addressee is unable to use this brochure, please pass it on to an interested colleague.

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12/2016
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May 4 - 6, 2017 (Thursday - Saturday)
Ashland Hills Hotel | Ashland, Oregon

3 days of in-depth, practical and leading-edge
medical education by world-class pain medicine experts.

The Oregon Pain Guidance group is a diverse coalition of healthcare professionals formed to respond to the crisis of opioid related deaths and disability. Its mission is to improve the quality of life in its communities through the understanding, evaluation, and application of best practices for the treatment of pain.

Visit: www.OregonPainGuidanceConference2017.org for conference updates.

Email: PainConference2017@OregonPainGuidance.org



Joint Providership by the Oregon Medical Association.

OPG
OREGON PAIN GUIDANCE
Oregon Pain Guidance Presents:
6TH ANNUAL CONFERENCE
A Thoughtful Approach to Pain Management:
"If Not Opioids, Then What?"

COURSE INFORMATION

Course Overview

Experts from around the country will lead a dynamic, multi-faceted educational experience, including “TED” talks, small group discussions, panel discussions, breakout sessions, and extended learning opportunities. Participants will learn how to approach the treatment of chronic non-cancer pain from a collaborative, multidisciplinary, non-opioid perspective, based upon current research and best practices.

Learning Objectives

By the completion of this program participants will:

- Understand the principles and best practices of chronic pain management.
- Learn how to better screen individuals who present with chronic pain and to create appropriate management regimens.
- Learn effective communication strategies for dealing with chronic pain patients helping them become engaged and motivated to make long-term changes to their health.

Intended Audience

Physicians, DOs, NDs, PAs, NPs, RNs, psychiatrists, psychologists, pharmacists, social workers, counselors, substance abuse treatment professionals, PTs, OTs, administrators, and other health care professionals who treat patients with chronic pain.

CONFERENCE AGENDA

A THOUGHTFUL APPROACH TO PAIN MANAGEMENT: “IF NOT OPIOIDS, THEN WHAT?”

Pre-Conference Workshops - Thursday, May 4, 2017

7:00 am to 8:00 am	Registration Check-In and Full Buffet Breakfast
8:00 am to 12:00 pm	#1 “Essentials of Substance Use Diagnosis & Treatment” <i>M. Weimer and T. Korthuis</i>
12:00 pm to 4:00 pm	#2 “Difficult Conversations: Maintaining Alliances while Adhering to Guidelines” <i>B. Egener</i>
8:00 am to 4:00 pm	#3 “Team-Based Care in the Management of People with Pain” <i>S. Safford and K. Swanson</i>
	Adjunct Activities — Free of charge
12:30 pm to 5:00 pm	Buprenorphine Waiver Training for Physicians, NPs and PAs <i>M. Weimer and T. Korthuis</i> . See insert for description. To register, email payment@ohsu.edu .
5:00 pm to 8:00 pm	Community Forum: Conversation with the Public around Pain Treatment Keynote Speaker <i>Daniel Clauw, MD</i> — “Chronic Pain: Is it All in My Head” Location: Medford Armory, Medford, OR. Free, and open to the public. See insert for description. Register at www.OPG-CommunityForum.org .

Conference - Friday, May 5, 2017

7:00 am to 8:00 am	Registration Check-In and Full Breakfast Buffet
8:00 am to 8:15 am	Introduction <i>J. Shames</i>
8:15 am to 9:15 am	Keynote Address: “If Not Opioids, Then What?” <i>D. Clauw</i>
9:15 am to 10:00 am	Facilitated Transformation Panel (patients and healthcare providers discuss strategies of opioid reduction)
10:15 am to 11:15 am	TED 1: “Invisible Forces Driving the Opioid Epidemic: From Disability Reform to Illness Narratives” <i>A. Lembke</i> TED 2: “Management of Patients with Pain in the Primary Care Setting” <i>D. Tauben</i> TED 3: “Do Patients with Complex Chronic Pain have Physical, Mental or Centralized Pain, AND, Does it Matter?” <i>M. Sullivan</i>
11:15 am to 11:35 am	Case Presentation with Interdisciplinary Table Discussion #1
11:35 am to 12:15 pm	Moderated Panel Discussion with TED Speakers <i>Moderator: D. Clauw</i>
12:30 pm to 1:30 pm	Lunchtime Panel Discussion: “How to Create Systems Change within a Clinical Setting” <i>M. Parchman, and demonstration clinic staff</i>
1:30 pm to 2:30 pm	TED 4: “The Role of Marijuana in Pain Treatment” <i>D. Clauw</i> TED 5: “Management of Common Chronic Pain Syndromes, with a Focus on Non-Opioid Therapies” <i>R. Chou</i> TED 6: “The Journey of Chronic Pain: Getting Care and Caring Back on Track” <i>J. Loeser</i>

2:30 pm to 2:50 pm	Case Presentation with Interdisciplinary Table Discussion #2
3:10 pm to 3:50 pm	Moderated Panel Discussion with TED Speakers <i>Moderator: A. Lembke</i>
3:50 pm to 4:20 pm	Facilitated Table Talk: “Developing Practical, Collaborative Goals to Effect Change”
4:20 pm to 4:30 pm	Closing Remarks <i>J. Shames</i>
4:30 pm to 5:30 pm	Reception—Complimentary hors d’oeuvres, no-host bar, socialize with presenters and colleagues. RSVP on registration form.

Conference - Saturday, May 6, 2017

7:00 am to 8:00 am	Registration Check-In and Full Breakfast Buffet
8:00 am to 8:30 am	Opening Remarks <i>J. Shames</i>
8:30 am to 10:00 am	Select one of the following workshop sessions #4 “Opioid Use Disorder” <i>M. Weimer & A. Kolodny</i> #5 “Practical Pain Management in the Office” <i>M. Parchman & D. Tauben</i> #6 “Behavioral Underpinnings of Chronic Non-Cancer Pain” <i>P. Coelho & D. Clauw</i> #7 “Low Back Pain/Musculoskeletal Disorders” <i>R. Chou & J. Loeser</i>
10:15 am to 11:45 pm	Select one of the following workshop sessions #8 “Opioid Use Disorder” <i>M. Weimer & A. Kolodny</i> #9 “Practical Pain Management in the Office” <i>M. Parchman & D. Tauben</i> #10 “Behavioral Underpinnings of Chronic Non-Cancer Pain” <i>P. Coelho & D. Clauw</i> #11 “Low Back Pain/Musculoskeletal Disorders” <i>R. Chou & J. Loeser</i>
11:45 am to 1:00 pm	Working Lunch - Organized Regional Table Problem-Solving Discussions
1:15 pm to 2:45 pm	Select one of the following workshop sessions #12 “The Compassionate Doctor, the Narcissistic Injury, and the Primitive Defense: Compassionate Care for a Complex Problem” <i>A. Lembke & B. Egener</i> #13 “What Behavioral Health, Rehabilitation (PT, OT, SLP) and Pain Education Can Do to Help your Patients” <i>C. Buist & N. Stern</i> #14 “Risks and Benefits of Cannabis Use for Chronic Pain” <i>D. Tauben & D. Clauw</i> #15 “Tapering Strategies for Opioids/Benzodiazepines and Medical Decision-Making” <i>M. Weimer, P. Coelho & M. Sullivan</i>
3:00 pm to 4:30 pm	Select one of the following workshop sessions #16 “The Compassionate Doctor, the Narcissistic Injury, and the Primitive Defense: Compassionate Care for a Complex Problem” <i>A. Lembke & B. Egener</i> #17 “What Behavioral Health, Rehabilitation (PT, OT, SLP) and Pain Education Can Do to Help your Patients” <i>C. Buist & N. Stern</i> #18 “Risks and Benefits of Cannabis Use for Chronic Pain” <i>D. Tauben & D. Clauw</i> #19 “Tapering Strategies for Opioids/Benzodiazepines and Medical Decision-Making” <i>M. Weimer, P. Coelho & M. Sullivan</i>
4:30 pm	Closing Remarks & Call to Action <i>J. Shames</i>

CONFERENCE FACULTY

Course Director: Jim G. Shames, MD

Medical Director, Jackson County Health and Human Services, Medford, Oregon.

Keynote Speaker: Daniel Clauw, MD

Professor of Anesthesiology, Medicine (Rheumatology) and Psychiatry, Chronic Pain & Fatigue Research Center, University of Michigan, Ann Arbor, MI.

Catriona Buist, PsyD

Assistant Professor in Anesthesiology and Psychiatry; Pain Psychologist, Comprehensive Pain Center, Oregon Health & Science University; Portland, OR. Chair, Oregon Pain Management Commission.

Roger Chou, MD, FACP

Professor, Department of Medicine and Department of Medical Informatics & Clinical Epidemiology; Director, Pacific Northwest Evidence-Based Practice Center, Oregon Health & Science University, Portland, OR.

Paul Coelho, MD, PM&R

Medical Director, Salem Health Pain Management, Salem Health, Salem, OR.

Barry Egener, MD

Internist and faculty member of the Legacy Portland Program in Internal Medicine, Portland, OR.

Andrew Kolodny, MD

Co-Director, Opioid Policy Research Institute for Behavioral Health, Schneider Institute for Health Policy, Heller School for Social Policy & Management, Brandeis University, Waltham, MA.

P. Todd Korthuis, MD, MPH

Associate Professor of Medicine & Public Health and Program Director of Addiction Medicine Fellowship, Oregon Health & Science University, Portland, OR.

Anna Lembke, MD

Assistant Professor, Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine; Program Director for the Stanford Addiction Medicine Fellowship; Chief of the Stanford Addiction Medicine Dual Diagnosis Clinic, Stanford, CA.

John Loeser, MD

Professor Emeritus, Departments of Neurological Surgery and Anesthesiology and Pain Medicine, University of Washington, Seattle, WA.

Michael Parchman, MD, MPH

Director, MacColl Center for Health Care Innovation, Group Health Research Institute, Seattle, WA.

Scott Safford, PhD

Psychologist and Behavioral Health Consultant, St. Charles Health System, Bend, OR.

Nora Stern, MSPT

Project Manager, Persistent Pain Program, Ambulatory Services at Providence St. Joseph Health and Services, Portland, OR.

Mark Sullivan, MD, PhD

Professor of Psychiatry and Behavioral Sciences, University of Washington. Adjunct Professor of Anesthesiology and Pain Medicine, and Adjunct Professor of Bioethics and Humanities, University of Washington, Seattle.

Kim S. Swanson, PhD

Behavioral Health Consultant, Primary Care and Women’s Health, St. Charles Health System, Redmond, OR.

David J. Tauben, MD, FACP

Chief, Division of Pain Medicine; Clinical Professor, Dept. of Medicine and Dept. of Anesthesiology & Pain Medicine, University of Washington, Seattle, WA.

Melissa Weimer, DO, MCR

Adjunct Faculty, Division of Internal Medicine, Oregon Health & Science University; Medical Director, St. Peter’s Health Partners Addiction Recovery Center, Albany, NY.

Conference Planning Committee

Catriona Buist, PsyD; Paul Coelho, MD; Lee Glass, MD; Laura Heesacker, LCSW; Jana Kolsbun; John Kolsbun, MD; Michelle Marikos; Peter Rothfels, MD; Jim G. Shames, MD; Mark R. Stephens; Michael VonKorff, ScD; Melissa Weimer, DO.

Pre-Conference Workshops – Thursday, May 4

#1 Essentials of Substance Use Diagnosis & Treatment: Topics include: The neurobiology of addiction; addiction assessment and diagnosis; diagnosing opioid use disorder in the context of prescription opioid use; medication assisted treatment for alcohol use disorder; managing pain in the context of opioid use disorder medication treatment.

#2 Difficult Conversations: Patients who request prescriptions for scheduled drugs may evoke negative feelings in clinicians who care for them. Topics include: How to maintain a compassionate stance while refusing to prescribe; how to interview in a way that helps manage emotions, sets boundaries, and develops a partnership to address the patient’s symptoms. Most of the session will be devoted to practicing the skills with actors.

#3 Team-Based Care: Topics include: The role of primary care in chronic pain management, epidemiology, comorbid psychiatric conditions and pain; why and how to incorporate integrated chronic pain management into primary care; current outcomes, experiential exercises and future directions.