

## Oregon Parent Child Interaction Therapy Programs 2020

Parent Child Interaction Therapy (PCIT) is a therapeutic intervention intended for children ages 2 through 6 years, and their parents. It is nationally recognized as one of the most effective treatments for young children experiencing significant social, emotional, or behavioral problems. 85% of Oregon families who participate in 4 or more PCIT therapy sessions demonstrate improvement in child behavior, positive communication and positive parenting skills. The average lengthen of treatment is 16 sessions, though PCIT is not time-limited.

In PCIT, caregivers are taught specific skills to establish or strengthen a nurturing and secure relationship with their child, while encouraging pro-social behavior and decreasing maladaptive behavior. Ideally, during coaching sessions, the therapist observes the interaction from behind a one-way mirror and provides guidance to the parent through a wireless communication system.

PCIT services may be reimbursed by Medicaid or Commercial Insurance.

| Location(s)  | Call for appointment             | Agency  |
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| <b>Albany</b> -2730 Pacific Blvd. SE   | (541) 967-3866                   | Linn Health Services, Willamette Health Center          |
| <b>Astoria</b> - 2120 Exchange St. Suite 301<br>Also, at the Dept. of Human Services | (503) 325-5722                   | Clatsop Behavioral Healthcare                           |
| <b>Beaverton 1500 NW Bethany Blvd. Suite 320</b>                                     | 503-567-3260                     | Western Psychological Services                          |
| <b>Beaverton</b>   | (503) 640-4222                   | Youth Contact   |
| <b>Beaverton</b> -14025 SW Farmington Rd, Ste 160                                    | (503) 256-4381                   | Morrison Child and Family Services                      |
| <b>Beaverton</b> -8285 SW Nimbus Ave, Suite 148                                      | (503) 352-3260                   | Options Counseling and Family Services                  |
| <b>Bend</b> – 2125 NE Daggett Lane   | (541) 322-6820                   | Mountain Star Relief Nursery                            |
| <b>Bend</b> -1375 NW Kingston  | (541) 322-7500                   | Deschutes County Behavioral Health, KIDS Center -       |
| <b>Bend</b> -2577 NE Courtney Dr.  | (541) 322-7500                   | Deschutes County Behavioral Health                      |
| <b>Canby</b> 113 N. Elm Street   | (503)263-8903                    | Neurotherapeutic Pediatrics                             |
| <b>Coos Bay</b> -281 LaClair St.   | (541) 266-6700                   | Coos Health and Wellness                                |
| <b>Elgin</b> - 570 N. 8 <sup>th</sup> Ave.   | (541) 962-8800                   | Center for Human Development                            |
| <b>Eugene</b> 1170 Pearl Street  | (541) 743-4340                   | Oregon Community Programs                               |
| <b>Eugene</b> -1255 Pearl Street, Ste 102  | (541) 687-6983                   | Options Counseling and Family Services                  |
| <b>Eugene</b> 1200 Hilyard St. Suite 420   | (458) 205-7000                   | PeaceHealth Child and Family Behavioral Health Services |
| <b>Florence</b> - 1445 8th Street  | (541) 997-6261                   | Options Counseling and Family Services                  |
| <b>Gladstone</b> - 18907 Portland Ave  | (503) 645-9010 or 1-888-645-1666 | Lifeworks NW  |
| <b>Grants Pass</b> -1181 Ramsey Ave  | (541) 476-2373                   | Options for Southern Oregon                             |

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| <b>Gresham-</b> 912 NE Kelly Ave, Suite 200                                | 503) 258-4600                    | Morrison Child and Family Services                           |
| <b>Hillsboro-</b> 1340 East Main Street                                    | (503) 645-9010 or 1-888-645-1666 | Lifeworks NW   |
| <b>Hillsboro-</b> 447 SE Baseline St.                                      | (503) 640-4222                   | Youth Contact  |
| <b>Hood River-</b> 1610 Woods Court  | (541) 296-5452                   | Mid-Columbia Center for Living                               |
| <b>Klamath Falls-</b> 2210 Eldorado Avenue                                 | (541) 883-1030                   | Klamath County Child and Family Treatment Center             |
| <b>Klamath Falls-</b> 3206 Onyx  | 541-883-3471                     | Lutheran Community Services NW                               |
| <b>La Grande-</b> 2301 Cove Ave.   | (541) 962-8800                   | Center for Human Development                                 |
| <b>Lakeview-</b> 100 North D Street  | (541) 947-6021 ext 3             | Lake District Family Center                                  |
| <b>La Pine-</b> 51633 Coach Rd.  | (541) 322-7500                   | Deschutes County Behavioral Health, La Pine Community Campus |
| <b>Lebanon-</b> 1600 S. Main St.   | (541) 451-5932                   | Linn Health Services   |
| <b>McMinnville-</b> 420 NE 5th St.   | (503) 434-7462                   | Yamhill Family and Youth Programs                            |
| <b>Medford-</b> 140 S. Holly St.   | (541)774-8201                    | Jackson County Mental Health                                 |
| <b>Medford-</b> 212 N Oakdale Ave.   | 541-779-5242                     | Family Nurturing Center (Relief Nursery)                     |
| <b>Medford-</b> 3156 State St.   | (541) 476-2373                   | Options of Southern Oregon                                   |
| <b>Newburg-</b> 2251 E. Hancock  | (503) 434-7462                   | Yamhill Family and Youth Programs                            |
| <b>Newport-</b> 36 SW Nye Street   | (541) 265-4179                   | Lincoln County Behavioral Health                             |
| <b>Ontario-</b> 702 Sunset Drive   | (541) 889-9167                   | Lifeways   |
| <b>Oregon City -</b> 998 Library Court                                     | (503) 655-8401                   | Clackamas County Behavioral Health, Hilltop Clinic           |
| <b>Oregon City-</b> 615 High Street  | 503-657-8903                     | Neurotherapeutic Pediatrics                                  |
| <b>Pendleton</b>   | (541) 215-1017                   | Pioneer Relief Nursery                                       |
| <b>Portland -</b> 10373 NE Hancock St., Suite 200 (Just east of 102nd)     | 503-674-7777                     | Cascadia Behavioral Health, Woodland Park Center             |
| <b>Portland-</b> 3036 NE Martin Luther King, Jr. Blvd., Portland, OR 97201 | 503-674-7777                     | Cascadia Behavioral Health, Garlington Health Center         |
| <b>Portland -</b> 14600 NW Cornell Road                                    | (503) 645-9010 or 1-888-645-1666 | Lifeworks NW   |
| <b>Portland-</b> 3655 NE Garfield  | (503) 645-9010 or 1-888-645-1666 | Lifeworks NW, Project Network (Adult recovery center)        |
| <b>Portland -</b> 8425 N. Lombard Street                                   | (503) 645-9010 or 1-888-645-1666 | Lifeworks NW, St. John's Relief Nursery                      |
| <b>Portland,</b> 1500 NE Irving Suite 250                                  | (503) 256-4381                   | Morrison Child and Family Services                           |
| <b>Portland- Rockwood-</b> 17214 SE Division Street                        | (503) 645-9010 or 1-888-645-1666 | Lifeworks NW   |

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| <b>Portland</b> 10130 NE Skidmore                  | (503) 257-3878                   | Neurotherapeutic Pediatrics                               |
| <b>Redmond</b> - 1314 SW Kalama                    | (541) 322-7500                   | Deschutes County Behavioral Health, Lynch Elementary SBHC |
| <b>Redmond</b> - 406 W. Antler                     | (541) 322-7500                   | Deschutes County Behavioral Health, Redmond Clinic        |
| <b>Roseburg</b> - 548 SE Jackson St.               | (541) 440-3532                   | Compass Roseburg - Youth & Family                         |
| <b>Roseburg</b> - 300 Jerry's Drive                | (541) 673-4354                   | Family Development Center (Relief Nursery)                |
| <b>Roseburg</b> -283 SE Fowler Street, Suite 2     | (541) 464-6455                   | Options Counseling and Family Services                    |
| <b>Salem</b> - 3737 Portland Rd. NE                | (503) 390-2600                   | Catholic Community Services                               |
| <b>Salem</b> - 2421 Lancaster Drive NE.            | (503) 588-5352                   | Marion County Child Behavioral Health                     |
| <b>Salem</b> -2645 Portland Road NE, Suite 120     | (503) 390-5637                   | Options Counseling and Family Services                    |
| <b>Salem (West)</b> -1520 Plaza St., NW, Suite 150 | (503) 585-3012                   | Polk County Behavioral Health                             |
| <b>Sandy</b> -38872 Proctor Blvd                   | (503) 722-6950                   | Clackamas County Behavioral Health, Sandy Clinic          |
| <b>Sisters</b> - 1680 W. McKinney Butte Rd         | (541) 322-7500                   | Deschutes County Behavioral Health, Sisters SBHC          |
| <b>Springfield</b> -175 West B St., Bldg. D        | (541)762-1971                    | Options Counseling and Family Services                    |
| <b>St. Helens</b> -58646 McNulty Way               | (503) 397-5211                   | Columbia Community Mental Health                          |
| <b>Stayton</b> - 112 E. Burnett St.                | (503) 509-5275                   | Crossing Bridges Counseling Center                        |
| <b>Sweet Home</b>                                  | 541-367-3888                     | Linn Health Services                                      |
| <b>The Dalles</b> -207 West 3rd Street             | (541) 296-2731                   | Mid-Columbia Center for Living                            |
| <b>Tillamook</b> - 906 Main Ave.                   | 503) 842-8201                    | Tillamook Family Counseling Center                        |
| <b>Tigard</b> - 8770 SW Scoffins Street            | (503) 645-9010 or 1-888-645-1666 | Lifeworks NW  |
| <b>Wilsonville</b> - 27501 SW 95th Ave Suite 960   | (503) 855-3223                   | Neurotherapeutic Pediatrics                               |
| <b>Woodburn</b> - 976 N Pacific Highway            | (503) 981-5851                   | Marion County Child Behavioral Health                     |
| <b>Woodburn</b> -1320 Meridian Drive               | 503-498-5476                     | Options Counseling and Family Services                    |

Also, check the following websites:

**PCIT International Certified Therapist List**- <http://www.pcit.org/united-states.html>

**\*UC Davis PCIT Provider List**- <https://pcit.ucdavis.edu/find-a-provider/united-states/state/oregon/>

*\*UC Davis is not responsible for verifying the training of PCIT therapists that were not trained by the UC Davis PCIT Training Center.*