
Introduction to the Timeliness of Postpartum Care CCO Incentive Metric (NQF 1517)

March 21, 2019

Postpartum Care Online Learning Community Series



HEALTH POLICY & ANALYTICS

Transformation Center

Presenters

- Amit Shah, MD, Care Oregon (Metrics & Scoring Committee Vice-chair)
- Sara Kleinschmit, MSc, OHA Health Analytics
- Anna Stiefvater, RN, MPH, OHA Maternal and Child Health

Agenda

- Importance of measure, and Metrics & Scoring Committee vision (Dr. Shah)
- Overview of measure specifications (Sara)
- Current performance (Sara)
- Guidance document overview (Sara and Anna)
- Discussion, Q&A (all)



Importance of Postpartum Care



Fourth Trimester (3 months postpartum)

- Challenges
 - Recovery from pregnancy, labor & delivery and newborn care
 - Return to tobacco use (and other substance use)
 - Fragmented care
 - Little formal or informal support
- Opportunities
 - Reproductive life planning and contraception
 - Management of chronic health conditions
 - Linkages to ongoing care & services
 - Sensitive period of time with links to life course outcomes (maternal depression, breastfeeding)

State of Health Care Quality Report: HEDIS Measures of Care (United States)

POSTPARTUM VISIT BETWEEN 21 AND 56 DAYS AFTER DELIVERY					
	Commercial		Medicaid	Medicare	
Year	HMO	PPO	HMO	HMO	PPO
2016	74.1	65.9	63.7	--	--
2015	73.2	63.1	60.9	—	—
2014	76.9	68.4	61.8	—	—
2013	80.7	70.9	61.3	—	—
2012	80.1	70.0	63.0	—	—
2011	80.6	71.3	64.1	—	—
2010	80.7	65.9	64.4	—	—

National Committee for Quality Assurance (NCQA)
<http://www.ncqa.org/report-cards/health-plans/state-of-health-care-quality/2017-table-of-contents/perinatal-care>

Metrics & Scoring Committee Vision and Rationale for Incentivizing Measure

- The **Health Plan Quality Metrics Committee** has indicated its intention to change this measure to focus on quality of the postpartum visit as early as 2021. Focus on supporting women in attending their visits now sets system up for success on this new measure.
- **Aligns with efforts to reduce maternal mortality and morbidity** and helps address racial and ethnic disparities in this area (e.g., new Oregon Maternal Mortality and Morbidity Review Commission; **inequities in postpartum outcomes** for women of color).
- Work in postpartum arena **supports CCOs in other areas**, including effective contraceptive use measure.
- Postpartum care essential to **interconception health**, setting state for healthy subsequent pregnancy and birth.
- Aligned with recently endorsed kindergarten readiness measurement strategy, which notes the importance of caregiver health in child health and outcomes.

Measure Overview

- **Overview:** Percentage of live birth deliveries for which there is a subsequent, timely postpartum visit
- **Data Source:**
 - Denominator (deliveries): Administrative data (MMIS/DSSURS)
 - Numerator (visits): MMIS/DSSURS, medical records (hybrid: chart review + claims)
- **Equation:**

A postpartum visit for a pelvic exam or postpartum care on or between 21 and 56 days after delivery

All live birth deliveries with estimated delivery date (EDD) in the 'intake period': between November 6 of the year prior to the measurement year, and November 5 of the measurement year, and the members of the organization who meet the continuous enrollment criteria.

Measure Overview

- **Continuous Enrollment Criteria:** 43 days prior to the Estimated Date of Delivery (EDD) through 56 days after EDD with no gaps
- **Important Note:**
 - OHA identifies the live birth deliveries from administrative data and provide CCOs with a random sample delivery list for the chart review (411/CCO)
 - Chart review criteria: A postpartum visit to an OB/GYN practitioner or midwife, family practitioner or other PCP. Documentation in the medical record must include a note indicating the date on which a postpartum visit occurred and documentation of specific care provided (e.g., pelvic exam)

CCO Performance - 2017

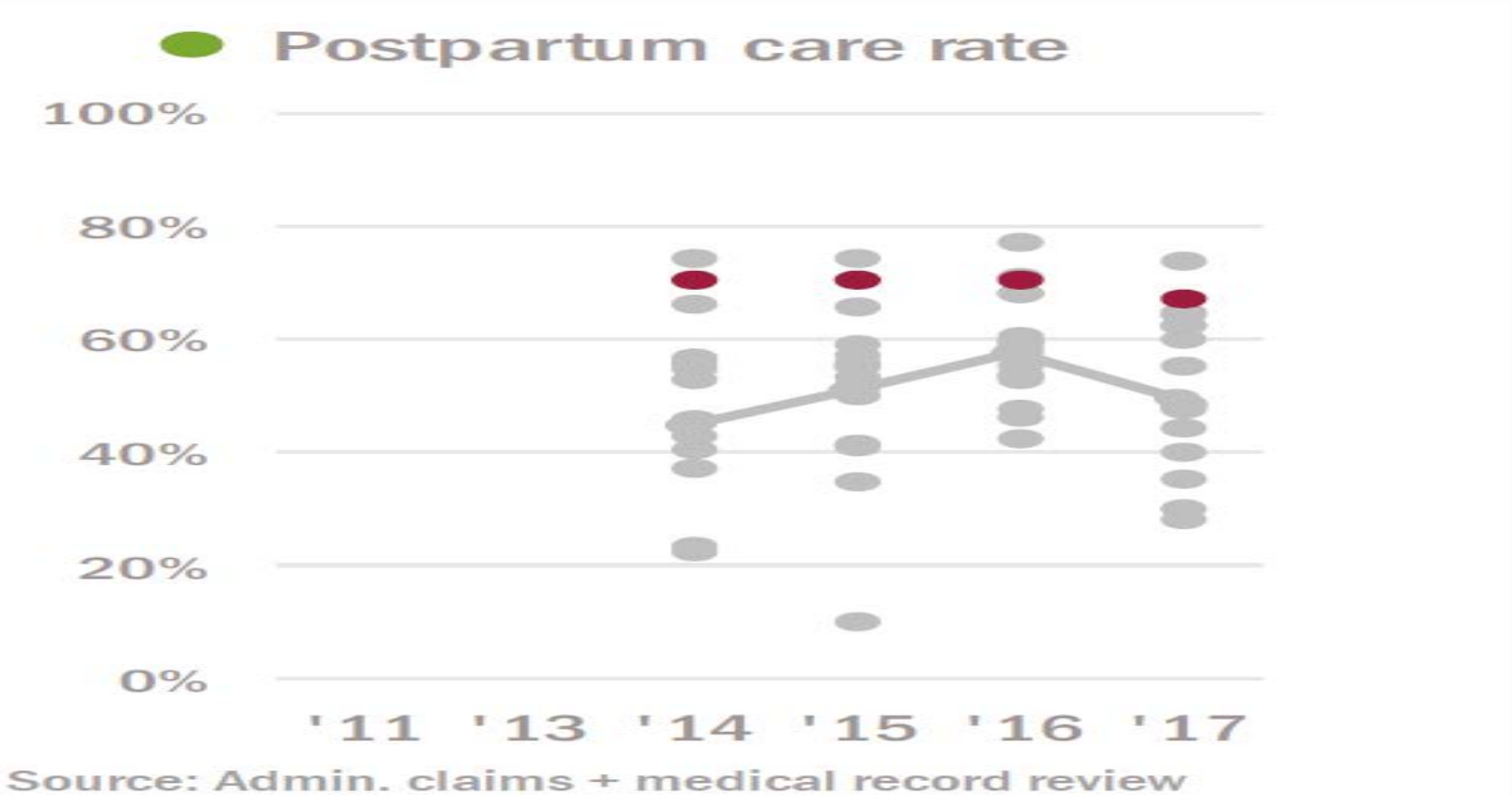
2017 Performance

Statewide Performance: 49.9%
(range 42.8%-77.6%)

Number achieving measure: n/a

- Statewide percent change since 2016: **-13.5%**
- Number of CCOs that improved: **5**

Statewide, the percentage of women receiving postpartum care decreased in 2017





PRENATAL AND POSTPARTUM CARE: POSTPARTUM CARE RATE

Percentage of women receiving postpartum care in 2016 and 2017, by CCO.

Grey dots represent 2015.



Guidance Document

- **NEW** guidance document now available here:
<https://www.oregon.gov/OHA/HPA/ANALYTICS/Pages/CCO-Baseline-Data.aspx>
- Sections on:
 - Why measure is important
 - Brief measure overview with link to detailed specifications
 - How CCOs can improve on measure
 - Highlight whether CCO, clinic, or community-level strategy
 - Spotlights on promising practices

Guidance Document – Improvement Strategies

- Care Delivery Strategies

- Provide patient education and outreach
- Offer peer support
- Offer enhanced Maternity Care models
- Provide comprehensive case management and care management
- Facilitate access to appointments
- Use technology and incentives

- Payment Strategies

Guidance Document – Strategies Organized by Role

Legend

- * CCO strategy
- * Clinic strategy
- * Community strategy

Care Delivery Strategies

Provide patient education and outreach

- * Send educational mailings on the importance of postpartum care to members.
- * * * Partner with the Special Supplemental Nutrition Program for Women, Infants and Children (WIC) to provide education on the importance of prenatal and postpartum care, postpartum nutrition, lactation services and supplemental foods.
- * * * Partner with Oregon MothersCare (OMC). OMC provides patient navigation to newly pregnant women, assisting with insurance enrollment, and referring them to prenatal care, WIC services, dental care, home visiting services, and other pregnancy resources. These services are currently provided at 29 sites serving 26 counties.
- * Provide anticipatory guidance about the postpartum period and importance of postpartum care during prenatal care visits.

Guidance Document – Spotlights

- Local innovations around postpartum care
 - Maternal medical homes
 - Incentive programs
 - Case management

Postpartum Care Online Learning Community Series

1st & 3rd Thursdays through June 20, 2019

Noon – 1 p.m.

Upcoming sessions:

- **April 4:** Why postpartum care matters: Implications for health systems, clinics and patients
- **April 18:** Understanding and addressing barriers to postpartum care: Systems- and clinic-level strategies
- **May 2:** Postpartum Care Online Learning Community Series: Central Oregon Perinatal Continuum of Care
- Additional sessions coming soon!

Information and registration: <https://www.oregon.gov/oha/HPA/dsi-tc/Pages/Timeliness-Postpartum-Care.aspx>

Questions?

Resources

- Measure specifications and guidance documents:
www.oregon.gov/oha/analytics/Pages/CCO-Baseline-Data.aspx
 - metrics.questions@dhsoha.state.or.us
- Timeliness of Postpartum Care Technical Assistance:
<https://www.oregon.gov/oha/HPA/dsi-tc/Pages/Timeliness-Postpartum-Care.aspx>
 - elizabeth.m.stuart@dhsoha.state.or.us