

CAC Member Learning Series: The Social Determinants of Health & Equity

The [Oregon Health Authority \(OHA\) Transformation Center](#) is hosting a learning series for CAC members on the social determinants of health & equity. All sessions will be held via Zoom. This learning series is being held in support of:

- OHA's goal to eliminate health disparities across Oregon by 2030;
- The contractual requirements for CACs in addressing the social determinants of health & equity

Learning Series Objectives

Provide a space for CAC members to:

- Discuss how they are currently addressing the social determinants of health & equity
- Learn about additional strategies and tools to center equity in their CAC's work

Session Schedule

How CAC members can prioritize health equity. 11/30/21, 3-4 p.m.

Presenter: Ignatius Bau, health equity consultant. In this session, participants will have an opportunity to reflect on the role of health equity in their position as CAC members. In addition, participants will learn about applying a health equity lens as CAC members, and how they can prioritize populations experiencing health disparities. [Watch the recording of this session.](#)

Applying an equity lens when reviewing community spending requests.

1/7/22, noon-1 p.m. *Presenter: Niyati Desai, Director of Community Engagement, Oregon Community Foundation.* Many CACs have been involved in reviewing community spending requests covering the social determinants of health & equity. In this session, CAC members will learn about applying an equity lens to this process, with the goal of making equitable community funding decisions. [Watch the recording of this session.](#)

Community Health Assessments (CHAs): Making sense of health disparities.

1/31/22, 3-4:30 p.m. *Presenter: Lisa Ladendorff, Development and Training Program Director, Northeast Oregon Network.* CHAs identify key health needs, including health disparities. But sometimes it can be difficult to make sense of what the data is saying. In this session, CAC members will get an opportunity to learn strategies for understanding health disparities data, to determine which populations have the most need. [Register here.](#)

Community Health Improvement Plans (CHPs): Evidence-based strategies to address the social determinants of health & equity. 2/24/22, 11:30-1 p.m.

Presenter: Lisa Ladendorff, Development and Training Program Director, Northeast Oregon Network. CHPs are long-term efforts to address community health needs based on a CHA. In this session, CAC members will learn about evidence-based strategies for addressing the social determinants of health & equity. Participants will also learn how to culturally adapt CHP interventions to reach specific communities. [Register here.](#)

Note: All consumer CAC members are eligible to receive a \$10 electronic gift card to Albertsons, Safeway or CVS for either attending a session "live" or watching the recording by 6/15/22. Contact Tom Cogswell (thomas.cogswell@dhsaha.state.or.us, 971-304-9642) to request a gift card. *Meeting accommodations:* American Sign Language (ASL), closed captioning & Spanish-language interpretation will be available at all sessions. If you require other meeting accommodations or have questions, please contact Tom.

KEY TERMS

The **social determinants of health** are the social, economic and environmental conditions in which people are born, grow, work, live and age, and are shaped by the social determinants of equity. These conditions significantly impact length and quality of life and contribute to health inequities.

Health inequities are differences in health that are not only unnecessary and avoidable but, in addition, are considered unfair and unjust. Health inequities are rooted in social injustices that make some population groups more vulnerable to poor health than other groups.

OHA **health equity** definition: Oregon will have established a health system that creates health equity when all people can reach their full health potential and well-being and are not disadvantaged by their race, ethnicity, language, disability, age, gender, gender identity, sexual orientation, social class, intersections among these communities or identities, or other socially determined circumstances.