
Engaging new social-emotional partners with the health system

Health Aspects of Kindergarten Readiness
Measure: System-Level Social-Emotional
Health Metric

April 30, 2024

Oregon
Health
Authority



ORPRN
*Oregon Rural Practice-Based
Research Network*



OHSU

Agenda

- Presentation from InterCommunity Health Network CCO and Old Mill Center for Children and Families
- Update on CCO questions from April 9, 2024
- Upcoming technical assistance

IHN-CCO System-level social-emotional health metric

Goals, Insights and Lessons learned

**Katie Walsh (she, her, hers), MPH,
Population Health Outcomes
Manager**

**Karen Weiner (she, her, hers), LCSW,
Behavioral Health Program Manager**

**Bettina Schempf (she/sie), MBA,
Executive Director, Old Mill Center
for Children & Families**

Action Plan Results

Year one – with lessons learned

- Address contract or payment barriers for existing providers who provide social-emotional health services
 - Met with community-based organizations (CBOs) and Public Health partners – includes Home Visiting Nurses, Early Intervention, Relief Nurseries, and Preschool programs
 - ✓ No way to bill for the services they provide because the work they are doing cannot be identified through claims

- Improve Care Coordination for families, including providing support navigating Social-Emotional health services and improving referral pathways.
 - Care Coordination and providers refer to the community-based organizations.
 - When specialized care is needed it is very difficult to find, including access to psychological evaluations needed to diagnose autism and to refer to the needed services.
 - Providers and members are nervous to diagnose children at this young an age – which is why they focus on the parent/child relationship

Action Plan Results

Year two

- Increase Social-Emotional screening of young children in CCO covered settings
 - Work with Network and Contracting and provider groups on how to include a Value-Based Payment (VBP) focus measure that looks at SE Health Screening using the Ages & Stages Questionnaires: Social-Emotional (ASQ:SE)
 - Establishing plans for purchasing the ASQ:SE for provider groups and
 - Partner with CBOs who are conducting ASQ:SE to educate provider groups on screening best practices

- Enhancement of the types of intervention/therapy modalities offered (e.g. group, focused on trauma, etc.)
 - Contract with Old Mill Center for Children and Families to enhance access to outpatient family treatment and additional resources
 - Support partners to provide Parent Child Interaction Therapy with the aim of increasing access throughout the IHN-CCO region.

Additional Lessons Learned in Year One

- High risk children are already being referred to IHN-CCO Care Coordination – i.e. children with high level needs, children with an autism diagnosis. The barrier is lack of services.
- The CBOs and County home visiting nurses are conducting ASQ:SE – but these are not being recorded.
- Primary Care providers are not using the ASQ:SE Children with health complexity factors and parent/child complexity factors are being screened and referred to treatment at a much higher rate than children without higher needs (i.e. children in foster care, children with a parent with SUD or mental health condition, child living in poverty).
- The work being conducted at organizations like Old Mill Center and Family Tree Relief Nursery supports the child's social emotional health and school readiness but is not being accounted for in this measure.
- Occupational therapy, physical therapy and speech therapy often supports children and their social emotional health, but unclear if it is counted in the metric.

Bettina Schempf (she/sie),

Executive Director, Old Mill Center for Children & Families

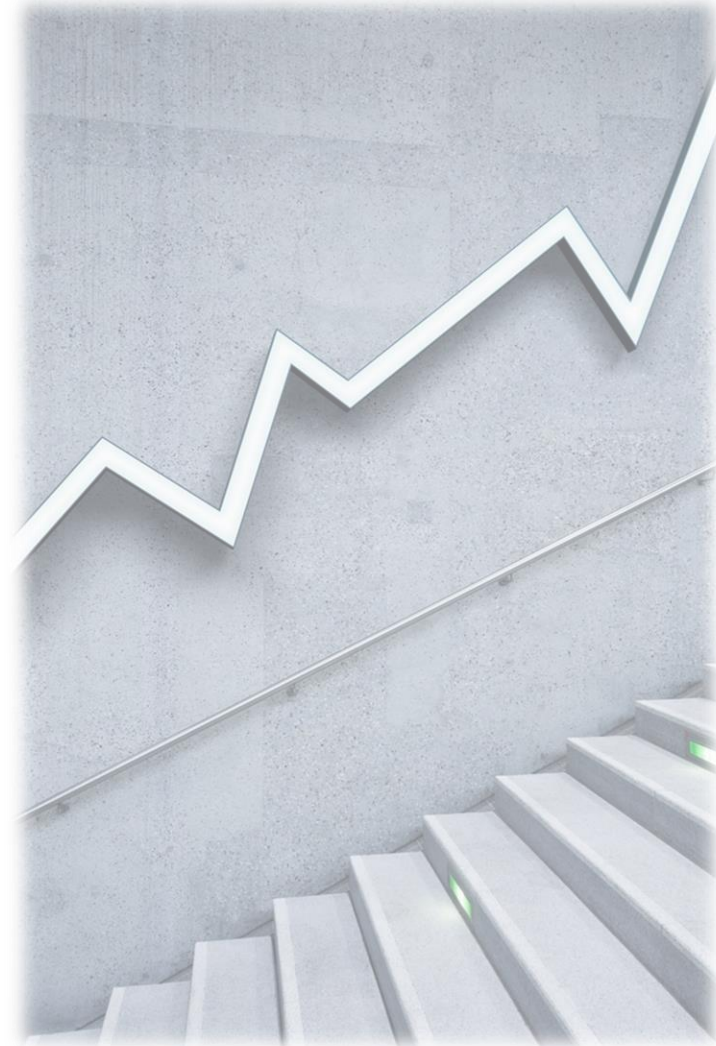
Old Mill Center for Children and Families provides the following services:

- Relief Nursery and Healthy Families Services which include home visiting with ASQ and ASQ SE screenings, parenting education, therapeutic classrooms for 1-3 year olds (for Relief Nursery) and referrals to Early Intervention and other services
- Preschool classrooms that are designed to meet the social-emotional health needs of children – other providers often refer children who are not successful in their environment due to higher behavioral support needs.
- Day Treatment – intensive treatment, ages 3-7 with mental health diagnosis
- Outpatient Treatment – Child and Family Therapy – generally for 3 years or older
- Pediatric Occupational Therapy from birth to 18



Moving Forward

- Continue engaging primary care and community-based organizations on how to increase access to Social Emotional health services for children.
- Brainstorm how to improve data exchange infrastructure for ASQ:SE screenings from community providers to CCOs and PCP's.
- Support agencies who wish to provide parent and child interactive therapy with training and infrastructure needs.
- Assess how we can capture the work being conducted at CBOs and within nurse home visiting programs to enhance value-based payment contracts and collect data on what is “really” being provided in our communities to better understand gaps.
- Connect CBOs like Old Mill and Family Tree with pediatric offices to see how we can engage members being served by both entities.



Update on CCO questions from April 9

Question: When does OHA anticipate finalizing the 2025 measure specifications?

- Answer: The measure specifications will be finalized between June and December 2024. There might be small changes, but the current proposed list is likely the final code list.

ORPRN and OHA are working on answering CCO questions.

Issue-Focused Services Included in Numerator



- List includes targeted service codes (no diagnosis required) covering the breadth of brief intervention and treatment services most commonly used by the **system of providers** addressing behaviors

Primary Care & Integrated Behavioral Health

Specialty Behavioral Health

- Health Behavior Assessment (96156)
- Health Behavior Intervention (96158, 96159, 96164, 96165, 96167, 96168, 96170, 96171)
- Preventive Medicine Counseling (99401-99404, 99411-99412)

- Psychiatric Diagnostic Evaluation (90791)
- Mental health assessment, by non-physician (H0031)
- Individual psychotherapy (90832-90838)
- Family psychotherapy (90846, 90847)
- Group psychotherapy (90849, 90853)
- Multi-Family Group Training Session (96202-3)

- Psychiatric Diagnostic Evaluation, by medically licensed professional (90792)
- Adaptive Behavior Treatment (97153-97158)
- Behavioral health counseling/therapy (H0004)
- Skills training and development (H2014)
- Behavioral Health Outreach Services (Used for Intensive, In Home BH Treatment) (H0023)
- Activity Therapy (G0176)

Other contracted providers (such as THWs/CHWs in Community-Based Organizations)

- Education & Training for Patient Self-Management by Qualified Non-Physician (98960-98962)
- **Likely to include some codes listed above, such as Preventive Medicine Counseling, Group Psychotherapy, Multi-Family Group Training***
-

OPIP [slides](#), Metrics and Scoring Committee Meeting
 March 15, 2024



Upcoming Technical Assistance Opportunities

Engaging new social-emotional partners with the health system – Learning collaborative, **May 29**, 1-2pm PT

You can access the registration link on [OHA's webpage](#).

Thank You

Oregon Rural Practice-based Research Network, OHSU

Sara Wild (she/her)

wilsa@ohsu.edu

Nancy Goff (she/her)

goffna@ohsu.edu

Oregon Health Authority

Rachel Burdon (she/her)

Rachel.E.Burdon@oha.oregon.gov

Metrics.Questions@odhsoha.oregon.gov