Young Children Receiving Social-Emotional Issue-Focused Interventions/Treatment Services CCO Quality Incentive Metric



Provider Resources for Workforce Development

Developed by the Oregon Rural Practice-based Research Network (ORPRN) and the Oregon Health Authority (OHA) Transformation Center to support implementation of the Young Children Receiving Social-Emotional Issue-Focused Interventions/Treatment Services (Social-Emotional Interventions for 1-5) CCO Quality Incentive Metric

Purpose

The Young Children Receiving Social-Emotional Issue-Focused Interventions/
Treatment Services CCO quality incentive metric (Social-Emotional Interventions for 1-5
quality metric) measures the number of CCO members (children ages 1-5) who receive
any of the issue-focused interventions/treatment services included in the set of 44 CPT
codes. Ensuring that there are enough providers available with the necessary expertise
is critical for CCOs to be able to provide these services.

This guide is **intended for Coordinated Care Organizations (CCOs).** It provides information about training and resources to support workforce development for providers who deliver or want to deliver services included in the quality metric. More information about the issue-focused interventions/treatment services included in this quality metric can be found in the <u>2025 measure specifications</u> and the <u>Coding and Billing Guidance document</u>.

Background

The Social-Emotional Interventions for 1-5 CCO quality incentive metric was developed by the measure steward, the <u>Oregon Pediatric Improvement Partnership (OPIP)</u>.

The vision: Children 1-5 years of age and their families have equitable access to services that support their social-emotional health and are the best match for their needs. CCOs can work toward this vision by targeting services most aligned with clinically recommended intervention services and improve the health care-based system of providers that the CCO contracts with that can provide these issue-focused intervention and treatment services.

The intent: To measure and enhance the provision of intervention and treatment services for children 1-5 years of age with identified social-emotional needs or issues.

For more information about the measurement specifications, visit the <u>CCO Metric Program Resources webpage</u> and the <u>Technical Assistance webpage</u>.

Accessibility

Language Access Services Policy

Everyone has a right to know about and use Oregon Health Authority (OHA) programs and services. OHA provides free help. Some examples of the free help OHA can provide are:

- Sign language and spoken language interpreters
- Written materials in other languages
- Braille
- Large print
- Audio and other formats

If you need help, please contact:

- Web: https://www.oregon.gov/oha/HPA/dsi-tc/Pages/index.aspx
- Email: Transformation.Center@odhsoha.oregon.gov
- Phone: 971-304-9642, 711 TTY. We accept all relay calls.
- Mail: Transformation Center
 - 421 SW Oak St., Suite 750, Portland, OR 97204





Provider Resources

The following tables list resources available to support workforce development related to the Social-Emotional Interventions for 1-5 quality metric.

Scholarships, grants and financial assistance

| Organization/ Program | Resource information |
|--|---|
| OHA Behavioral Health Division | OHA's Behavioral Health Workforce Incentives program has many partnerships and incentives to increase the recruitment and retention of behavioral health providers who are people of color, tribal members, or residents of rural areas of Oregon; and who can provide culturally responsive care for diverse communities. The loan repayment program is available for licensed behavioral health providers, certified behavioral health providers, and registered traditional health workers who represent and/or serve underserved communities in Oregon and serve people regardless of their health care coverage (e.g., Medicaid, Medicare, or private insurance) or ability to pay. Additional OHA incentives in development include: Tuition assistance for graduate-level behavioral health students Stipends for graduate-level behavioral health students Clinical supervision grants (round 3 of funding) |
| OHA Health Policy and Analytics Division | OHA offers the Healthy Oregon Workforce Training Opportunity (HOWTO) Grant Program that supports innovative, transformative, community-based training initiatives that will address identified local health care workforce shortages and expand the diversity of the health professional workforce. |
| Mental Health & Addiction Certification Board of Oregon (MHACBO) | Mental Health & Addiction Certification Board of Oregon (MHACBO) offers a continuum of training opportunities for Oregon's behavioral health workforce. MHACBO also offers optional certifications for Qualified Mental Health Associates (QMHAs) and Peers working at or seeking employment at state approved mental health programs. Fees for the QMHA certification are waived until December 31, 2025. They also host the MAHCBO Education Resource Calendar which contains a searchable database of behavioral health course offerings. |





Mental Health & Addiction
Association of Oregon
(MHAAO)

Mental Health & Addiction Association of Oregon (MHAAO) offers Project Peer to support access to Peer Support Specialist (PSS) certification. This project provides tuition coverage for peer certification training, a Chromebook, and a \$5000 stipend for living expenses to approved participants.

Provider trainings

| Organization/ Program | Resource information |
|----------------------------------|--|
| Child-Parent Psychotherapy (CPP) | CPP is an intervention intended for children 0-6 years old who have experienced trauma. The goal of CPP is to support and strengthen the parent-child relationship to restore and protect the child's mental health. CPP training is available for mental health professionals. Depending on the diagnosis, CPP may be covered by the Oregon Health Plan (OHP). This training may be applicable to CPT codes: 90832, 90834, 90837 |
| | (individual psychotherapy with patient and/or family member); 96167-96168 (health behavior intervention, family (with the patient present)); H2014 (skills training and development). |
| Generation PMTO | Generation PMTO (Parent Management Training, Oregon model) is an evidence-based intervention program designed to "promote social skills to prevent, reduce, and reverse the development of conduct problems in children and youth". This intervention can be delivered to individual families or parent groups. They offer training and certification in this program. PMTO is covered by the Oregon Health Plan. |
| | This training may be applicable to CPT codes: 96170-96171 (health behavior intervention, family (without the patient present)); H2014 (skills training and development). |
| PCIT International | Parent-Child Interaction Therapy (PCIT) is an evidence-based behavior parent training treatment for young children with emotional and behavioral disorders that places emphasis on improving the quality of the parent-child relationship and changing parent-child interaction patterns. PCIT International offers training and certification in this treatment program. PCIT is covered by the Oregon Health Plan. |





| | OHA's Child and Family Behavioral Health department also provides recordings of past PCIT Consortium presentations as an on-demand learning opportunity. This training may be applicable to CPT codes: 90832, 90834, 90837 (individual psychotherapy with patient and/or family member); 96167-96168 (health behavior intervention, family (with the patient present)); H2014 (skills training and development). |
|---|---|
| Circle of Security International | Circle of Security International provides training to providers of different backgrounds and disciplines "to help caregivers connect with the children in their lives". They offer the Circle of Security Parenting Program training, suitable for Community Health Workers or Peers; and the Circle of Security-Intensive Model, suitable for specialty behavioral health practitioners. |
| Oregon Health Authority (OHA) Equity and Inclusion Division | Oregon Health Authority hosts a webpage providing information on OHA-approved training programs for all Traditional Health Worker (THW) types. This page includes upcoming OHA THW training opportunities, approved THW training programs by other organizations, and approved continuing education trainings. |
| Oregon Community Health Workers Association (ORCHWA) | Oregon Community Health Workers Association (ORCHWA) offers a wide range of trainings and Continuing Education Units (CEUs) for Community Health Workers (CHWs). They offer a CHW Foundational Training and several other topic specific trainings (e.g., CHW Mental Health Training). |
| Oregon Family Support Network (OFSN) | Oregon Family Support Network (OFSN) offers many trainings including an OHA-approved Traditional Health Worker (THW) certification for Family Support Specialists (FSS). This foundational course supports the development of skills needed to navigate and work within Medicaid billing systems. They offer trainings in English and Spanish. |
| Mental Health & Addiction Association of Oregon (MHAAO) | Mental Health & Addiction Association of Oregon (MHAAO) offers Peer Wellness Specialist (PWS) training and an E-Learning Hub which provides self-paced continuing education opportunities. |





Referral supports and mentorship

| Organization/ Program | Resource information |
|---|---|
| Act Early Oregon | Act Early Oregon provides information and resources for healthcare professionals related to developmental monitoring and screening, strengthening families, and infant mental health-informed resources. |
| Oregon Psychiatric Access Line (OPAL) | The Oregon Psychiatric Access Line (OPAL) is a collaboration between Oregon Health & Science University's Division of Child and Adolescent Psychiatry, Adult Psychiatry, the Oregon Pediatric Society (OPS), and the Oregon Council of Child and Adolescent Psychiatry (OCCAP). This program offers free, same-day, Monday through Friday, child and adult psychiatric phone consultation to primary care providers in Oregon. OPAL about Kids (OPAL-K) also offers consultation with developmental behavioral pediatricians (DBP) by appointment. |
| Oregon ECHO Network | Oregon ECHO Network is an interactive educational and community-building experience that allows healthcare professionals throughout the state of Oregon to create a case-based learning environment through the convenience of video connection. Oregon ECHO Network offers a variety of programs each quarter. Past programs have included child psychiatry and integrated behavioral health for pediatric populations. Visit the <u>Oregon Echo Network website</u> for a list of current program offerings. They also offer several Communities of Practice, including one for psychiatry in primary care. |
| Oregon Infant Mental Health Association (ORIMHA) | ORIMHA is a network of parents and professionals dedicated to promoting the emotional health and well-being of all of Oregon's infants, toddlers, their families in safe and thriving communities statewide. They offer endorsement, training, and reflective supervision/consultation to mental health providers. These resources primarily target Specialty Behavioral Health providers but may also be appropriate for other provider types. ORIMHA offers Infant Mental Health Endorsement that provides internationally recognized credentials that support the development and proficiency of professionals who work with or on behalf of pregnant people, young children, birth up to 6-years old, and their families. They also offer Reflective Supervision which provides a supportive and collaborative mentorship opportunity for infant mental health providers. |



