Sustaining Integrated Care for Persons with Serious Behavioral Health Conditions

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Portland, Oregon
Introductions

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Turn to your neighbor and introduce yourself!
Your Event Hosts

Oregon Health Authority’s Transformation Center
• The Transformation Center is the hub for innovation and quality improvement for Oregon's health system transformation efforts to achieve better health, better care and lower costs for all.

Patient-Centered Primary Care Institute
• Makes technical assistance and resources available to primary care practices working on Patient-Centered Primary Care Homes
Today’s Objectives

• Understand the current landscape of integrated care for persons with serious behavioral health conditions, both in Oregon and nationally.

• Understand and discuss key drivers for quality outcomes and sustainability for integrated behavioral health care.

• Identify and share promising practices and lessons learned.
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>8:00am</td>
<td>Welcome from Oregon Health Authority</td>
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<tr>
<td>8:15am</td>
<td>Review and Update on Key Initiatives</td>
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<tr>
<td>8:45am</td>
<td>Networking and Deeper Dive into Initiatives</td>
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<tr>
<td>10:00am</td>
<td>Break – Transition to AM Breakout Sessions</td>
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<tr>
<td>10:15am</td>
<td>AM Breakout Sessions</td>
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<tr>
<td>12:15pm</td>
<td>Next Generation Integrated Care Funding Models</td>
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<tr>
<td>1:45pm</td>
<td>Break - Transition to PM Breakout Sessions</td>
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<tr>
<td>2:00pm</td>
<td>PM Breakout Sessions</td>
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<tr>
<td>3:15pm</td>
<td>Break – head back to Ballroom</td>
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<tr>
<td>3:30pm</td>
<td>Offers, Requests and Commitments</td>
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</tbody>
</table>
What’s in your folder?

• Agenda
• Networking & Deeper Dives into Initiatives Table Topic List
• Breakout Session Descriptions & Presenter Bios
• Institute’s Behavioral Health Integration Resource Library Info Sheet
• Labels for Offers, Requests & Commitments
• Evaluation - thorough & candid feedback is encouraged!
Housekeeping

- Restrooms
- Phone calls
- Materials available online at: [www.oregon.gov/oha/Transformation-Center/Pages/Behavioral-Health-Integration.aspx](http://www.oregon.gov/oha/Transformation-Center/Pages/Behavioral-Health-Integration.aspx)
- We will be sharing a list of attendee’s information with registrants
- We will be taking pictures
Housekeeping

- If you need to leave early fill out an evaluation and give to volunteer
- Breakout sessions are on the 3rd floor – take the elevators
  - If the room is full, go to a different session
Stand Up if You…

- Are attending from outside of the Portland Metro area
- Work primarily in a behavioral or mental health clinic
- Work in a primary care or physical healthcare clinic
- Are part of an educational institution
- Are representing a patient or consumer advocacy group
- Are representing a professional association/coalition
- Are from a payer (health plan/CCO, etc.)
- Are with the OHA
Thank You!

Please stand if you...

• Are a volunteer today
  – these people can help
• Are a Deeper Dives into Initiatives Table Facilitator
• Are a Breakout Session Presenter
• Were on the Planning Group for this event
Review and Update on Key Initiatives
2015 Behavioral Health Town Halls

613 people attended, approximately 550 consumers

What we heard – two themes emerged

Systemic Challenges

• Need for improved access to services
• Lack of certain services
• Lack of coordination among providers, schools, police, etc.
• Administrative complexity

Holistic Supports Needed

• Housing
• Employment
• Transportation
BHC Recommendations Overview

Recommendations will transform behavioral health system so that all Oregonians (both Medicaid and non-Medicaid) will be served by a coordinated care model for behavioral health needs.

- Person & family centered
- Fully integrated behavioral health with physical and oral health
- Build on existing efforts and complement not duplicate
- Reduce administrative burden and system complexity
- Shared financial risk
- Outcomes that are measurable & sustainable
BHC Implementation Plan

• Phase 1: BHC completed and recommendations approved January 31st and then released March 15th, 2017

• Phase 2: Develop and implement work groups and governance plan (accountability structure)

• Phase 3: Begin implementation of prioritized recommendations
CCBHC Planning Grant and Demonstration Program

2015-2016 SAMHSA Planning Grant Phase
- Developed a Prospective Payment System (PPS)
- Tested data systems to ensure accurate reporting on required metrics
- Federal criteria and state standards to certify up to 30 CCBHCs in Oregon

2017-2019 SAMHSA Demonstration Grant Phase
- Demonstration Program launching April 1, 2017
- Participation from 12 organizations representing urban, rural, and frontier communities
- Federal and state requirements address staffing, access, care coordination, scope of services, quality reporting and governance
Adults 18 and over experiencing severe and persistent mental illness

- Improve transitions of people to integrated settings from higher levels of care.
- Increase number of people who are supported in the community, and avoid incarceration and unnecessary hospitalization.
- Expand services and supports that enable people to live successfully integrated into the community.
What the plan covers:

Increase Community Integrated Treatment
- Crisis Services (Mobile Crisis)
- Assertive Community Treatment (ACT)
- Supported Housing
- Peer Delivered Services
- Supported Employment
- Criminal Justice Diversion

Decrease Institutional Care
- Secure Residential Treatment Facilities
- Emergency Departments
- Acute Psychiatric Care
- Oregon State Hospital (OSH)
Legislative Session 2017

- Suicide related visits to hospitals: SB 833, HB 3090, HB 3091
- Improve process for committing folks to OSH for restorative services: HB 2306, 2307, 2308, 2309, 2627, 2631, SB 132
- ED psychiatric boarding: SB 816, OHA report to Ways and Means
- Mental Health Drug Carve-In: HB 2300
- Continuing Education for providers: SB 48, SB 50
- Peer Support Specialists: HB 2304
- OHA Governor’s Budget: HB 5026
OHA Support for CCOs and Providers

Support for integration at the system and provider levels through OHA’s Transformation Center has included:

- Developing measures to evaluate level of behavioral health integration
- Supporting behavioral health organization clinical leadership
- Assessing primary care readiness for behavioral health integration
- Reducing and removing barriers to behavioral health integration
- Integrating behavioral health into pediatric practices
- Developing workflows for integrated primary care
- Supporting value-based payments for integrated care
- Training on trauma informed care for CCO staff, providers and clinic staff
- Telehealth for behavioral health
Networking and Deeper Dive into Initiatives
Each table has a number…

• Please head to the table with the number that corresponds to the topic you’re interested in hearing more about
• Each table has an expert facilitator to speak about this topic
• If the table is full, please choose a different table
• You will have 20 minutes to hear about this topic and ask questions/discuss
• There will then be five minutes to switch to a new table
• Four rounds = four tables
• Feel free to network during the time to switch tables
• Have fun!
15 min. Break – Please head to Breakout Sessions (see agenda for room)
Lunch!

Session will start again at 12:15pm
15 min. Break –
Please head to Breakout Sessions
(see agenda for room)
Offers, Requests and Commitments

- **Offers**: Something you can share with those that may be interested (a program, information, etc.)

- **Requests**: Any requests from others in the room to help them and/or their organization to act upon today’s learnings/discussions

- **Commitments**: What you are going to do to act upon today’s learnings/discussions, or help with another’s request

- Labels in the folder with your name on them
- 10 minutes to write each one on the proper label
- 30 minutes for participants to share what’s on their labels
- Volunteers will help put labels up

Please fill out the evaluation completely before leaving!

Thank you for participating!