Project Goal

The project aims to build a model through which healthcare systems can partner with community health worker (CHW) programs to improve health and decrease health disparities among communities of color in the Portland metro area.





Expected Outcomes

- Improved chronic disease prevention and management
- Increased health knowledge among participants
- Increased empowerment among participants
- Reduced health disparities (over the long term)
- A replicable model for community-based CHW integration with CCOs and health systems

Key Characteristics of the Model

- CHWs are employed by community-based organizations.
- CHWs are meaningfully involved along with the funder and the health care organization in program planning.
- CHWs work across the socio-ecological model and play a full range of roles.
- Popular education methodology is used for planning, in CHW training and on the Steering Committee.
- Supervision structure includes administrative and clinical supervision by Licensed Clinical Social Workers (LCSWs).
- CHW interventions are specific to each community and responsive to community needs.

To find out more about

WARRIORS of WELLNESS



A Multicultural Community Health Workers Collaborative

contact Celia Higueras: celia@orchwa.org Warriors of Wellness is a program of



The **Oregon Community Health Workers Association (ORCHWA)** is the statewide professional association for Community Health Workers (CHWs). ORCHWA's mission is to serve as a unified voice to empower and advocate for community health workers and our communities. ORCHWA is a membership organization and is led and directed by CHWs.

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WARRIORS of WELLNESS



A Model for Integration of Culturally-Centered Community Health Worker Services

Community Health Workers affiliated with the Warriors of Wellness project

Project Partners

- ▶ ORCHWA
- ▶ Kaiser Permanente
- ▶ Health Share of Oregon
- Multnomah County Community Capacitation Center
- ▶ Urban League of Portland
- ▶ El Programa Hispano
- Immigrant & Refugee Community Organization (IRCO)
- Native American Youth and Family Center (NAYA)
- ▶ Northwest Family Services





