

## Youth Sexual Health Resources

*For providers, clinics, public health partners, schools, youth-serving agencies, tribes and CCOs*

### Background

Oregon is upheld nationally as a leader in youth sexual health policy and partnerships. Developed in 2009, the Oregon Youth Sexual Health Plan addresses teen pregnancy prevention more holistically – shifting youth sexual health from a risk-focused paradigm to a youth-development model of sexual health and well-being.

Beginning in 2018, the coordinated care organization (CCO) incentive metric for effective contraceptive use was expanded to include adolescents ages 15–17, with a total measure age range of 15–50. The webinar series below was designed to help support CCOs better serve this younger population. The resources here were compiled as follow-up to the webinars.

### Webinar series: Oregon's Approach to Youth Sexual Health

In this six-part webinar series, presenters from the OHA Public Health Division, Health Share of Oregon and partners share Oregon's approach to youth sexual health, explore recent data, and dig deeper into each of the Oregon Youth Sexual Health Plan's five goals.

#### **Oregon's Approach to Youth Sexual Health**

- [Slides](#)

#### **Sexuality Education in Oregon Schools**

- [Slides](#)

#### **The Winnable Battle: Reducing Unintended Teen Pregnancy**

- [Slides](#)

#### **Reducing STIs: What's Going On?**

- [Slides](#)

#### **Sexual Health Promotion is Sexual Violence Prevention**

- [Slides](#)

#### **Health Equity in Youth Sexual Health** (focus on youth experiencing intellectual and developmental disabilities and LGBTQ+ youth)

- [Slides](#)

### Resources

#### **Oregon plans and policies**

- [Oregon Youth Sexual Health Plan](#)
  - [Youth Sexual Health Plan 5-year update](#)
- ORS 336.455: [Oregon Human Sexuality Education Law](#)
- OAR 581-022-1440: [Oregon Human Sexuality Education Administrative Rules](#)

#### **Sexuality education**

- [Oregon health education standards K-12](#)
  - [Health standards resource sheets](#) (Oregon Attorney General's Sexual Assault Task Force)
- [International technical guidance on sexuality education: an evidence-informed approach](#) (United Nations Educational, Scientific and Cultural Organization)
- [Oregon School-based Health Centers](#)

- [Oregon Healthy Teens Survey](#)
- [Oregon Safe Schools and Communities Coalition](#)
  - [2017 State of Safe Schools Report](#)
- Sexuality education curriculum resources (free):
  - [My Future, My Choice](#) (middle school curriculum; Oregon Dept. of Human Services)
  - [Rights, Respect, Responsibility](#) (K-12 curriculum; Advocates for Youth)

### **Reducing unintended teen pregnancy**

- [High-quality contraception services: Clinic self-assessment tool](#) (Oregon Preventive Reproductive Health Advisory Council)
- [Dismantling Teen Pregnancy Prevention](#) (Young Women United)
- [Birth Justice Toolkit](#) (Illinois Caucus for Adolescent Health)
- [2018 The Rational Enquirer](#) (a publication of the Oregon Teen Pregnancy Task Force, funded by the OHA Youth Sexual Health Program)
  - Articles and artwork by youth and partners focusing on identity, love, life and sex
  - Resources for assistance, information and referral

### **Preventing sexually transmitted infections**

- [PrEP Works: Ending New HIV Infections in Oregon](#)
  - Update: All CCOs now cover PrEP (HIV prevention drug) and labs with minimal or no barriers; the FDA has also approved PrEP for use with adolescents at risk
- [Quick-reference card: Essential sexual health questions to ask adolescents](#) (National Coalition for Sexual Health)
- [SyphAware syphilis awareness and education](#) (OHA Public Health)
- [OHA Public Health HIV, STD and Viral Hepatitis Program](#)

### **Sexual violence prevention**

- [CDC's Stop Sexual Violence Technical Package](#)
- [Oregon Coalition against Domestic and Sexual Violence](#)
- [Oregon sexual violence prevention resource map](#)
  - An ongoing project to map sexual violence prevention data and resources by county

### **Health equity**

- [The Love, Life and Health Study: A Latino Sexual Health Assessment](#) (SO Health-E, Jackson County, OHSU)
- [Guidelines for supporting the sexual health of young people experiencing intellectual/developmental disabilities](#) (Multnomah County Sexual Health Equity for Individuals with Intellectual/Developmental Disabilities [SHEIDD] Project)

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