



## Primary Care Tools and Resources

The materials in this document are tools and resources that Primary Care Providers can use to enhance their communication and education about services.

The **one-page Parent Education Sheet** is a tool that may be used by Primary Care Providers to help explain referrals to parents and to support shared decision making. These sheets include options for referral, an explanation about the services provided, notes about eligibility, and important contact information. Based on the screening results, providers check the box(es) of the appropriate program or service that the child/family is being referred to. Buckets of information may include Early Intervention, Home Visiting Programs, Medical and Therapy Services, and Parenting Supports. This tool can be a helpful resource with information for parents/families to understand next steps, as well as act as a decision support tool for Providers when facilitating conversations during the visit.

### **List of Tools:**

- One-page Education Sheet- Clatsop County
- One-page Parent Education Sheet (Spanish)- Clatsop County
- One-page Education Sheet – Tillamook County
- One- page Education Sheet – Virginia Garcia Memorial Health Center

*\*Please note: The tools and resources presented in this appendix are models that were developed for the context of this pilot project within this specific community. These models may be adapted for other communities, however they should not and are not intended to be a replacement of Medical Advice. For questions or clarification about these tools, please contact OPIP staff at: [OPIP@ohsu.edu](mailto:OPIP@ohsu.edu)*

# Follow-Up to Screening: How We Can Support Your Child

## Why did we have you complete a questionnaire about your child's development?

Our goal is to help young brains and bodies develop and grow to their fullest potential. These support services can help prepare your child for kindergarten and beyond.

National recommendations call for specific tools to be used to assess a child's development, such as the one you completed. This tool helps identify kids who may be at-risk for delays. It is important to identify these delays early, as there are services that can address them.



Based on the results, we are referring your child to the services checked below:

### Early Intervention

#### Who is Early Intervention (EI)?

EI helps babies and toddlers with their development. In your area, Northwest Regional Education Service District (NWRES D) runs the EI program.

EI focuses on helping young children learn skills. EI services enhance language, social and physical development through play-based interventions and parent coaching.

There is no charge (it is free) to families for EI services.

#### What to expect if your child was referred to EI:

- NWRES D will call you to set up an appointment for their team to assess your child.
- If you miss their call, you should call back to schedule a time for the evaluation. They have a limited time to set up the appointment.
- Their phone number is 503-338-3368.

The results from their assessment will be used to determine whether or not EI can provide services for your child.

#### Contact Information:

NWRES D Intake Coordinator  
503-338-3368 | [www.nwresd.org](http://www.nwresd.org)

### CaCoon

#### Who is CaCoon?

CaCoon is a public health nursing program serving families. CaCoon public health nurses work with your family to support your child's health and development. A CaCoon nurse will meet with you in your home, or wherever works best for you and your child.

There is no charge (it is free) to families for CaCoon services.

#### Contact Information:

Mandy Mattison  
Phone: 503-325-8500

<http://www.co.clatsop.or.us/publichealth/page/maternal-child-health-programs>

### Supports within CMH

At our practice we are lucky enough to have a Family Transitional Planner who could help your family with things like:

- Additional developmental promotion resources
- Social and emotional supports
- Navigating community resources

#### Contact Information:

Misty Bottorff  
Family Transitional Planner  
Phone: 503-338-7598

### Medical and Therapy Services

Your child's health care provider referred you to the following:

- Speech Language Pathologist: Specializes in speech, voice, and swallowing disorders
- Audiologist: Specializes in hearing and balance concerns
- Developmental-Behavioral Pediatrician: Specializes in the following child development areas: Learning delays, Feeding problems, Behavior concern, Delayed development in speech, motor, or cognitive skills
- Autism Specialist: Specializes in providing a diagnosis and treatment plan for children with symptoms of Autism
- Occupational Therapist: Specialize in performance activities necessary for daily life
- Physical Therapist: Specializes in range of movement and physical coordination

## Why did you sign a consent form?

As your child's primary care provider, we want to be informed about the care your child receives so that we can provide the best care possible. The consent you signed allows the programs to share information back to us.

Different programs have different consent requirements. You will likely be asked to sign more of these to give permission for different providers to communicate about your child's care.

## Any Questions?

At Columbia Memorial Hospital - Pediatrics, we are here to support you and your child. If you have questions about this process please call us!

Phone Number: 503-325-7337

# Seguimiento al Chequeo Médico: ¿Cómo podemos ayudar a su hijo?

## ¿Por qué le pedimos que llene un cuestionario sobre el desarrollo de su hijo?

Nuestra meta es ayudar a desarrollar al cuerpo y el cerebro de los niños para que puedan alcanzar todo su potencial. Estos servicios de ayuda y apoyo pueden ayudarlo a preparar a su hijo para el kinder y los años siguientes.

Las recomendaciones nacionales de la Academia Americana de Padiatría indican que ciertas técnicas sean usadas para asesorar el desarrollo de los niños, así como el cuestionario que usted ha completado. Ésta técnica ayuda a identificar a niños que pudieran estar en riesgo de retraso. Es importante poder identificar temprano estos retrasos, ya que hay servicios disponibles que pueden ayudarlo.



Basado en estos resultados, estamos recomendándole a su hijo/a los siguientes servicios que están indicados abajo.

### Early Intervention (E.I.) (Intervención Temprana)

E.I. ayuda a los bebés y niños pequeños en su desarrollo. En su área, Servicios de Educación del Distrito del Noroeste (NWRES D) ejecuta el programa de E.I.

E.I. se enfoca en ayudar a niños pequeños a aprender habilidades. Los servicios de E.I. mejoran el desarrollo del lenguaje, social y físico por medio de intervenciones basadas en juegos y entrenamiento de los padres.

No hay cobros, los servicios de E.I. son gratuitos para las familias.

#### ¿Qué es lo que pudiera esperar si su hijo/a fuese recomendado/a para E.I.?

- NWRES D le llamará para hacer una cita con su equipo para evaluar a su hijo.
- Si tiene una llamada perdida, debería de devolver la llamada para hacer una cita para la evaluación.
- Su número de teléfono es 503-338-3368

Los resultados de la evaluación se utilizarán para determinar si el E.I. puede ofrecerle servicios a su hijo.

Información de contacto:  
Coordinador de Admisión de NWRES D  
503-338-3368 | [www.nwresd.org](http://www.nwresd.org)

### CaCoon

CaCoon es un programa de enfermeros de salud pública que ayudan a las familias. Los enfermeros de salud pública trabajan con su familia para ayudar con la salud y desarrollo de su hijo. Un enfermero de CaCoon le visitará a su casa o donde usted o su hijo prefieran reunirse. No hay cargos, los servicios de CaCoon son gratuitos para las familias.

#### Información de contacto:

Mandy Mattison  
Phone: 503-325-8500

<http://www.co.clatsop.or.us/publichealth/page/>

### Soportes disponibles en CMH

Tenemos la suerte de tener una planificadora de Transición Familiar que puede ayudar a su familia con:

- Recursos adicionales de promoción del desarrollo
- Apoyo social y emocional
- Navegando recursos de la comunidad

Información de contacto:  
Misty Botorff  
Planificadora de Transición Familiar  
Teléfono: 503-338-7598

### Servicios Médicos y Terapéuticos

El proveedor de salud de su hijo le recomienda los siguientes servicios:

- Patólogo del lenguaje y el habla (Speech Language Pathologist): Especialistas en trastornos del habla, del lenguaje y de la deglución.
- Audiólogo (Audiologist): Especialistas en problemas auditivos y del equilibrio.
- Terapeuta Ocupacional (Occupational Therapist): Especialista en el rendimiento de actividades necesarias para la vida diaria.
- Terapeuta Físico (Physical Therapist): Especialista en rango de movimiento y coordinación física.
- Los pediatras de desarrollo conductual (Developmental-Behavioral Pediatrician): Especialistas en las siguientes áreas del desarrollo del niño: retrasos de aprendizaje, problemas de alimentación, problemas de conducta, retraso en el desarrollo del habla, destrezas motoras o cognitivas.
- Servicios de Salud de Comportamiento: (Child Behavioral Health Services) Especializados en valoraciones de salud mental, consejería individual/familiar/en grupo, entrenamiento de habilidades e intervención de crisis.
- Especialista en autismo (Autism Specialist): Especialista en proveer una diagnosis y plan de tratamiento para niños/as con síntomas de autismo.

## ¿Por qué firmó un formulario de consentimiento?

Cómo proveedor médico de atención primaria de su hijo, queremos estar informados sobre el cuidado que recibe su hijo/a para poder ofrecerle el mejor cuidado posible. El formulario de consentimiento que usted firmó permite que los programas nos compartan la información.

Diferentes programas tienen diferentes requisitos de consentimiento. Para que los diferentes proveedores puedan comunicarse sobre el cuidado de su hijo, probablemente le pedirán que firme más de un permiso.

## ¿Tiene alguna pregunta?

En CMH - Pediatrics, estamos aquí para ayudar a usted y a su hijo. Si tiene preguntas sobre éste proceso, ¡por favor llámenos! Número de teléfono: 503-325-7337

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National recommendations call for specific tools to be used to assess a child's development, such as the one you completed. This tool helps identify kids who may be at-risk for delays. It is important to identify these delays early, as there are services that can address them.



Based on the results, we are referring your child to the services checked below:

### Early Intervention

#### Who is Early Intervention (EI)?

EI helps babies and toddlers with their development. In your area, Northwest Regional Education Service District (NWRES D) runs the Tillamook Service Center- EI program.

EI focuses on helping young children learn skills. EI services enhance language, social and physical development through play-based interventions and parent coaching.

There is no charge (it is free) to families for EI services.

#### What to expect if your child was referred to EI:

- NWRES D will call you to set up an appointment for their team to assess your child.
- If you miss their call, you should call back to schedule a time for the evaluation. They have a limited time to set up the appointment.
- Tillamook Service Center can schedule EI evaluations on Wednesdays and Thursdays at 9, 11 or 1:30.
- Their phone number is 503-842-8423

The results from their assessment will be used to determine whether or not EI can provide services for your child.

#### Contact Information:

NWRES D Intake Coordinator  
503-842-8423 | [www.nwresd.org](http://www.nwresd.org)

### CaCoon/BabiesFirst

#### Who is CaCoon and Babies First?

CaCoon and Babies First are public health nursing programs serving families. A public health nurse will work with your family to support your child's health and development. A nurse will meet with you in your home, or wherever works best for you and your child.

There is no charge (it is free) to families for CaCoon or Babies First services.

#### Contact Information:

Cerisa Albrechtsen, 503-842-3941

Colleen Schwindt, 503-842-3931

<http://tillamookchc.org/public-health>

### Tillamook Library Storytime

The library offers storytimes for kids of all ages. Reading out loud to your child is a great way to promote language development.

Tuesday: 10:00 am Terrific Twos (24 to 36 months) Come play with bubbles, balls, bells, and parachutes!

Friday: 10:00 am Mother Goose on the Loose (birth - 24 months) Come enjoy rhymes, puppets, songs, musical instruments and more, followed by a play period.

Saturday: 10:00 am Mother Goose on the Loose (birth - 24 months)

### Medical and Therapy Services

Your child's health care provider referred you to the following:

#### Located at Adventist Rehabilitation

- Speech Language Pathologist: Specializes in speech, voice, and swallowing disorders
- Audiologist: Specializes in hearing and balance concerns
- Occupational Therapist: Specialize in performance activities necessary for daily life
- Physical Therapist: Specializes in range of movement and physical coordination
- Behavioral Health : Along with medical care, the Health Center can offer Behavioral Health services to help promote healthy development

#### Located in Portland:

- Developmental-Behavioral Pediatrician: Specializes in the following child development areas: Learning delays, Feeding problems. Behavior concern, Delayed development in speech, motor, or cognitive skills
- Autism Specialist: Specializes in providing a diagnosis and treatment plan for children with symptoms of Autism

## Why did you sign a consent form?

As your child's primary care provider, we want to be informed about the care your child receives so that we can provide the best care possible. The consent you signed allows the programs to share information back to us.

Different programs have different consent requirements. You will likely be asked to sign more of these to give permission for different providers to communicate about your child's care.

## Any Questions?

At the Health Center we are here to support you and your child. If you have questions about this process or if you haven't heard from the agency you were referred in two weeks please call us!

Phone Number: 503-842-3900

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National recommendations call for specific tools to be used to assess a child's development, such as the one you completed. This tool helps identify kids who may be at-risk for delays. It is important to identify these delays early, as there are services that can address them.



Based on the results, we recommend referring your child to the services checked below:

### Early Intervention (EI)

EI helps babies and toddlers with their development. In our area, Northwest Regional Education Service District (NWRESD) runs the regional program. Washington County Service Center administers the evaluations and services.

EI focuses on helping young children learn skills. EI services enhance language, social and physical development through play-based interventions and parent coaching. There is no charge (it is free) to families for EI services.

#### What to expect if your child was referred to EI:

- NWRESD will call you to set up an appointment for their team to assess your child.
- If you miss their call, you should call back to schedule a time for the evaluation. They have a limited time to set up the appointment. Their phone number is 503-614-1446.
- The results from their assessment will be used to determine whether or not EI can provide services for your child.

Contact Information:  
NWRESD Intake Coordinator  
503-614-1446 | [www.nwresd.k12.or.us/](http://www.nwresd.k12.or.us/)

### Early Head Start/ Head Start

Programs providing free learning and developmental services to eligible children ages birth to 5 from low-income families. Early Head Start and Head Start welcome children with disabilities.

[www.ohsa.net](http://www.ohsa.net) or [www.ocdc.net/apply](http://www.ocdc.net/apply)

<https://caowash.org/programs/early-childhood-development>

### CaCoon

CaCoon is a public health nursing program serving families. A public health nurse will work with your family to support your child's health and development. A nurse will meet with you in your home, or wherever works best for you and your child.

There is no charge (it is free) to families for CaCoon services.

Contact Information:  
503-846-4872  
<https://www.co.washington.or.us/hhs/publichealth/mchft/index.cfm>

### Early Connections

Single point of entry for Washington County early childhood and community services. For free!

Early Connections can help you:

- Get Insurance through the Oregon Health Plan
- Access Prenatal Care
- In-Home Parenting Support
- Parenting Resources : Childcare, preschool, and parenting classes

Contact Information:  
9340 SW Barnes Road, Suite 100  
Portland, OR 97225  
(503) 726-0879  
<https://caowash.org/programs/early-childhood->

### Help Me Grow

Help Me Grow is an integrated network that connects families with young children to resources in the community to enhance their child's development. For free!

Contact Information:  
Help Me Grow Oregon  
Swindells Resource Center  
at Providence Child Center  
833-868-4769 | [helpmegrow@providence.org](mailto:helpmegrow@providence.org)

### Services within Virginia Garcia

- Behavioral Health Specialist who can help your family with:
  - Health and family coaching
  - Child development support
  - Social and emotional support

Contact: Irma Rosales (English & Spanish):  
503-726-0879,  
Amy Mild (English): 503-352-8569

- Community Health Outreach Worker: Specialist who can help your family navigating community resources Contact Jessica Zamudio: 503-352-8569

- Parenting with Initiative: Facilitating communication with children 503-359-8513, [Vgarcia2@vgmhc.org](mailto:Vgarcia2@vgmhc.org)

### Services Outside Virginia Garcia

Your child's health care provider referred you to the following:

- Speech Language Pathologist: Specializes in speech, voice, and swallowing disorders
- Audiologist: Specializes in hearing and balance concerns
- Occupational Therapist: Specialize in performance activities necessary for daily life
- Physical Therapist: Specializes in range of movement and physical coordination
- Developmental-Behavioral Pediatrician: Specializes in child development areas including learning delays, feeding problems, behavior concerns, delayed development in speech, motor, or cognitive skills

### Any Questions?

At Virginia Garcia Memorial Health Center, we are here to support you and your child. If you have any questions about the process or have not heard from your referral in two weeks, please call your child's medical team. We are here to support you.

### Why do you sign a consent form?

As your child's primary care provider, we want to be informed about the care your child receives so that we can provide the best care possible. The consent you sign allows the programs to share information back to us. You will likely be asked to sign more of these to give permission for different providers to communicate about your child's care.