#### RESOURCES FOR TRANSITION

### **Basic Process**

Got transition? www.gottransition.org

ACP: <a href="https://www.acponline.org/clinical-information/high-value-care/resources-for-clinicians/pediatric-to-adult-care-transitions-initiative/condition-specific-tools">https://www.acponline.org/clinical-information/high-value-care/resources-for-clinicians/pediatric-to-adult-care-transitions-initiative/condition-specific-tools</a>

AAP: https://www.aap.org/en-us/professional-resources/practice-transformation/echo/Pages/Transition.aspx

QI/MOC credit: <a href="http://illinoisaap.org/projects/medical-home/transition/">http://illinoisaap.org/projects/medical-home/transition/</a>

Coding/Reimbursement Tip Sheet: <a href="https://www.gottransition.org/resourceGet.cfm?id=352">https://www.gottransition.org/resourceGet.cfm?id=352</a>

2018 *Pediatrics* update "Supporting the Health Care Transition From Adolescence to Adulthood in the Medical Home" <a href="http://pediatrics.aappublications.org/content/142/5/e20182587">http://pediatrics.aappublications.org/content/142/5/e20182587</a>

## Supporting Self-Management Skills

#### Assessments

- Am I On TRAC? For Adult Care Questionnaire

http://www.bcchildrens.ca/health-professionals/clinical-resources/transition-to-adult-care

- Boston Children's Hospital ADAPT Survey

http://www.childrenshospital.org/Research/Centers-Departmental-Programs/center-of-excellence-for-pediatric-quality-measurement-cepgm/cepgm-measures/transition-from-child-focused-to-adult-focused-care

- Readiness for Transition Questionnaire (RTQ) (Kidney transplant)
- Transition Readiness Assessment Questionnaire (TRAQ) https://www.etsu.edu/com/pediatrics/traq/
- UNC STARx questionnaire (available in English, Spanish, Danish)

https://www.med.unc.edu/transition/transition-tools/trxansition-scale/versions-of-the-starx-questionnaire/

- UNC TRXANSITION Scale (available in English, Spanish, Filipino)

https://www.med.unc.edu/transition/transition-tools/starx-questionnaire/versions-of-the-trxansition-indextm/

- Transition Readiness Assessment from www.gottransition.org

Health passport: <a href="https://www.sickkids.ca/myhealthpassport/">https://www.sickkids.ca/myhealthpassport/</a>

Visit preparation tools

- www.autismandhealth.org
- http://healthytransitionsny.org/tools/

#### Community Resources

Multnomah County Developmental Disability (DD) services: https://multco.us/dd

National Association of Councils on Developmental Disabilities www.nacdd.org

Oregon Family to Family Health Information Center www.oregonfamilytofamily.org

211 Oregon Helps http://211info.org/oregonhelps/

### Education

US Dept of Education Postsecondary Education and Employment for Students with Disabilities <a href="https://www2.ed.gov/about/offices/list/osers/transition/products/postsecondary-transition-guide-2017.pdf">https://www2.ed.gov/about/offices/list/osers/transition/products/postsecondary-transition-guide-2017.pdf</a>

Oregon Family to Family Health Information Center <a href="https://www.ohsu.edu/xd/outreach/occyshn/oregon-family-to-family-health-information-center/resources/young-adults-18-26/advanced-education-training.cfm">https://www.ohsu.edu/xd/outreach/occyshn/oregon-family-to-family-health-information-center/resources/young-adults-18-26/advanced-education-training.cfm</a>

National Center on Secondary Education and Transition <a href="http://www.ncset.org/">http://www.ncset.org/</a>

National Collaborative on Workforce and Disability <a href="http://www.ncwd-youth.info/">http://www.ncwd-youth.info/</a>

## Housing

Oregon Family to Family Health Information Center <a href="https://www.ohsu.edu/xd/outreach/occyshn/oregon-family-to-family-health-information-center/resources/young-adults-18-26/finding-work.cfm">https://www.ohsu.edu/xd/outreach/occyshn/oregon-family-to-family-health-information-center/resources/young-adults-18-26/finding-work.cfm</a>

Assisted Living Options with People with Disabilities <a href="https://www.assistedliving.org/assisted-living-options-for-people-with-disabilities/">https://www.assistedliving.org/assisted-living-options-for-people-with-disabilities/</a>

Creative Housing Solutions gbcchs.com/

Disability Opportunity Fund <a href="http://www.thedof.org/">http://www.thedof.org/</a>

Hello Housing <a href="http://www.hellohousing.org/">http://www.hellohousing.org/</a>

### Recreation

Oregon Family to Family Health Information Center <a href="https://www.ohsu.edu/xd/outreach/occyshn/oregon-family-to-family-health-information-center/resources/young-adults-18-26/recreation-travel-and-life.cfm">https://www.ohsu.edu/xd/outreach/occyshn/oregon-family-to-family-health-information-center/resources/young-adults-18-26/recreation-travel-and-life.cfm</a>

Adaptive and Inclusive Recreation Portland Parks and Rec <a href="https://www.portlandoregon.gov/parks/39830">https://www.portlandoregon.gov/parks/39830</a>

Special Olympics Oregon <a href="http://www.soor.org/">http://www.soor.org/</a>

# Legal issues

GAPS: Guardianship Advocacy and Planning Services through the Arc of Oregon <a href="mailto:thearcoregon.org/what-we-do/programs/gaps/">thearcoregon.org/what-we-do/programs/gaps/</a>

Disability Rights Oregon droregon.org

Oregon Law Help OregonLawHelp.org

Portland Area Law Firms Focusing on Guardianships, Trusts, Disability issues

Nay and Friedenberg www.naylaw.com

Thatcher Smith Law www.thatchersmithlaw.com

Wiscarson Law www.wiscarsonlaw.com

# Condition-specific

Autism:

Autism Speaks www.autismspeaks.org

Interactive Autism Network www.iancommunity.org

Foundation for Autism Support and Training (FAST) foundationforautismsupportandtraining.org/

Cystic Fibrosis:

www.cfrise.com

Childhood cancer:

Children's Oncology Group Survivorship Guidelines and Late Effects of Treatment <a href="http://www.survivorshipguidelines.org/">http://www.survivorshipguidelines.org/</a>

Congenital Heart:

Transition Care Management Plans for Cardiology and Neurology https://www.youthtransitioncare.ca/

Adult congenital heart association www.achaheart.org

I Heart Change www.iheartchange.org

Epilepsy:

Transition Care management plans for Cardiology and Neurology <a href="https://www.youthtransitioncare.ca/">https://www.youthtransitioncare.ca/</a>

Hemophilia/Sickle Cell:

American Society of Hematology Toolkit <a href="http://www.hematology.org/Clinicians/Priorities/5573.aspx">http://www.hematology.org/Clinicians/Priorities/5573.aspx</a>

# Transition Programs with Comprehensive Online Resources:

SickKids Toronto: <a href="www.sickkids.ca/good2go">www.sickkids.ca/good2go</a>

UNC STARx Prgram: <a href="www.med.unc.edu/transition/">www.med.unc.edu/transition/</a>

Seattle Children's Adolescent Health Transition Project <a href="https://depts.washington.edu/healthtr/">https://depts.washington.edu/healthtr/</a>

Florida HATS: www.floridahats.org/

New York State Transitions: healthytransitionsny.org/

Vermont Family Network Transition Toolkit: <a href="https://www.vermontfamilynetwork.org/services/transition/transition-to-adulthood-toolkit/">www.vermontfamilynetwork.org/services/transition/transition-to-adulthood-toolkit/</a>

BC Children's Hospital: http://www.bcchildrens.ca/our-services/support-services/transition-to-adult-care

#### Other

www.pregnancyanddisability.org