Veterans Behavioral Health

Oregon honors the service of our veterans. We can support veterans by understanding their unique challenges and improving services that help veterans have greater well-being and peace of mind.

1 in 10 Oregon adults have served in the military.



Sexual harassment and assault impacts service members of all genders, including at least

50% of female veterans.



About **2 out of 3** Oregon veterans receive physical and



behavioral health care through the private sector.

9% of Oregon veterans are on the Oregon Health Plan.

1 out of 3 veterans surveyed who felt they needed behavioral health care didn't seek services because they felt uncomfortable or unsafe.

Oregon veterans 18-34 are at the **highest** risk for suicide.

3 ways Oregon could improve veterans behavioral health:

- Fight stigma through education and outreach
- Increase access to peer specialists who have shared experiences with the veterans they serve
- Strengthen suicide prevention programs





