



# OCAC Planning Meeting

June 20<sup>th</sup>, 2018



# Purpose of Today's meeting

- 1. Celebrate our success!!**
- 2. Set priorities for next 12 months of OCAC work**
- 3. Learn from one another**

# Welcome!

**Today's Goal: celebrate our success, learn and continue to build engagement, prioritize our work for next year**

Agenda Item
Welcome, introduction to day, expectations
Celebrate our successes over the last 12 months
Discuss our purpose, roles and scope
Share possible activities for the next year
Prioritize activities and recommendations
Wrap up & Next steps

**What are YOUR**  
**expectations/hopes for**  
**today?**



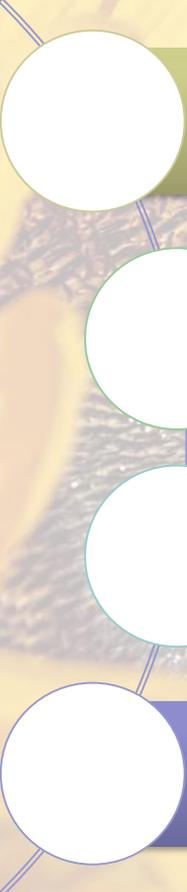
# Our Expectations

- *Clear focus on peer workforce in our priorities*
- *Consider our committee categories*
- *Identify how tools can be incorporated into our work to be more effective and increase our communications with one another*
- *How to be better advocate, set goals for outreach*
- *Keep in mind our scope, of what we can and can't do*
- *Be mindful of time pressures*
- *How to we structure or create opportunities for building allies and relationships*

# Comfort Agreements

- **Hand raising and notice our time**
- **Listen to each other, offer a pause after people talk if possible**
- **Respect and hear people**
- **No cross-talk**
- **Work as victors not victims**
- **Be strength based**

# Celebrating our Success: Your Current Committee Structure



Trauma Informed Systems

Wellness and Healing Practices

Tools, Technology and Access

OCAC Development

# Successes since last June!

## Trauma Informed Systems Successes!!!!

- **State Trauma Policy:** Provided impetus for OHA staff trying to get it revitalized off the ground. Been “on hold” for 2 years + More is expected to be coming this next fiscal year.
- **Site Review:** 3 phase suggestion for adding Peers back into the Site Review process submitted. OHA to take lead in bringing reps from all 3 advisory councils together with licensing folks to establish process. Yesterday, Mike Morris said he would get a timeline back to us next week.
- **Forensic Goal:** Ready to set one – need to be sure we keep it in scope Many ideas shared - however post-adjudication/jail/prison are out of our scope.
- **We need to set a goal related to prevention/diversion (Drug and Mental Health Courts and Community Based Aid and Assist programs are considered a Diversion)**
- **Consider how we can get peer support connected ahead of time for those navigating courts – both civil and criminal**
- **We made and passed a motion to encourage OHA make active efforts to connect with the State Criminal Justice Systems to better coordinate efforts at being more trauma informed and recovery-focused and to avoid duplication of effort. Both systems serve many of the same people. As far as I know, no efforts have been made to do this with Shawn’s leaving. And to be honest – we seem to have forgotten about it because we have not asked for an update about it, and with all the new staff, I am guessing no one is well aware of it. We said if time we would consider setting a goal related to culturally specific trauma – we did not get to this.**



# **More successes**

- **Wellness and Healing Practices**
- **Tools, Technology and Access**
- **OCAC Development**

**Please share committee successes that you've accomplished and want to highlight since last June (2017).**



# Successes since last June

## Wellness & Healing Practices

- Luke's leadership!
- 3 recommendations to OHA for PRS & PSS funding, PRR not regulate, more structure PSC regionally
- Work around livable wages
- Coordination of bringing naturopathic doctor to speak for alternative medicine treatment
- OPDS coordination
- PDS core team



# Successes since last June

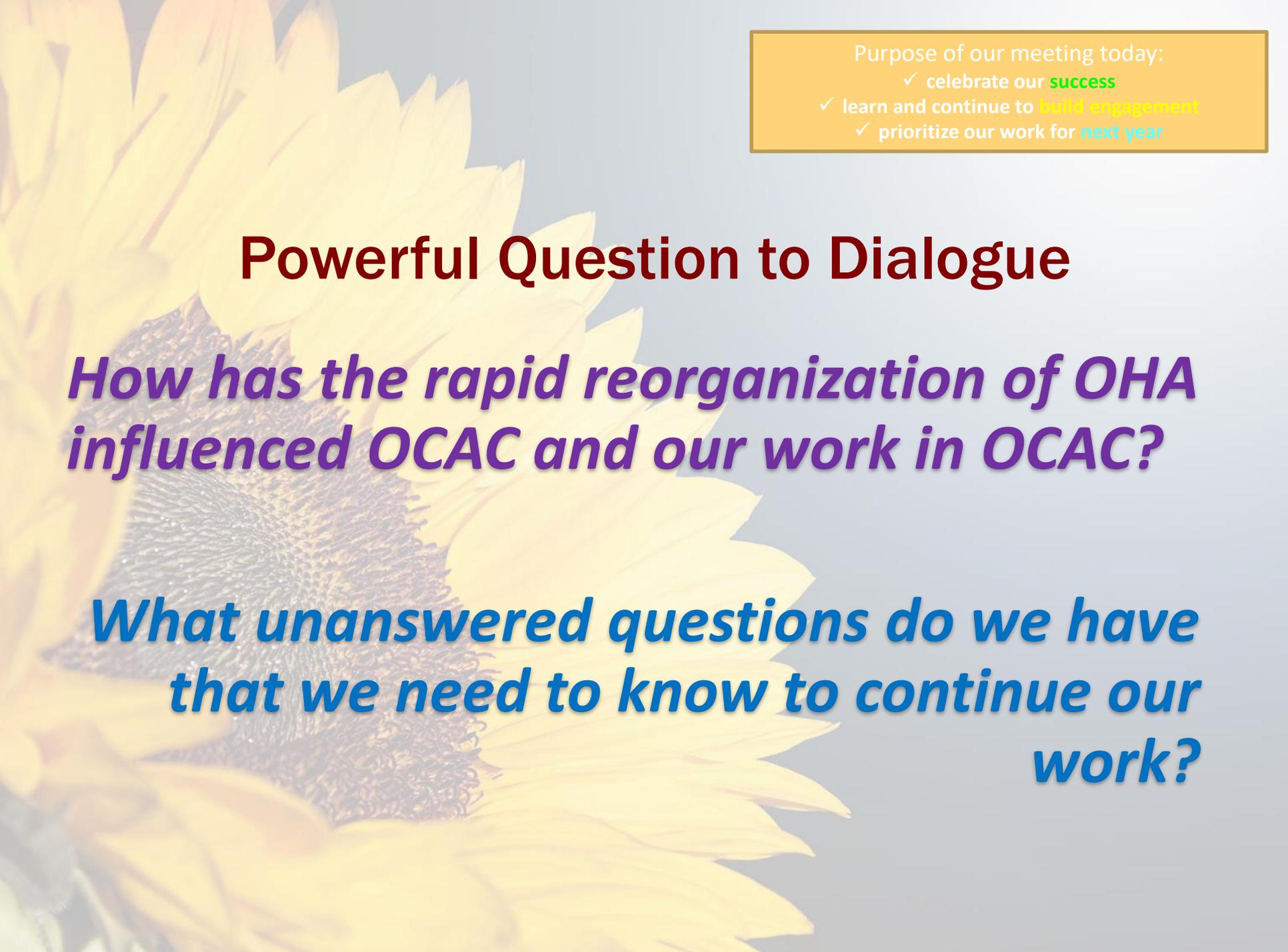
## Tools, Technology and Access

- Ann and Laura Rose supported and encouraged this work
- Start-up committee, focus has sharpened
- Bob Nikkel and Becky Childs presented info to group
- Road show was successful
- Significant progress on all 4 goals

# Successes since last June

## Development

- Dual focus-membership/development
- Dori, Laura Rose and Chrissy took on much of the work
- Members considered other groups and committees updating group and council
- North star document and others developed for guidance
- Met all priority goals
- New member orientation group started



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- ✓ celebrate our **success**
- ✓ learn and continue to **build engagement**
- ✓ prioritize our work for **next year**

## **Powerful Question to Dialogue**

***How has the rapid reorganization of OHA influenced OCAC and our work in OCAC?***

***What unanswered questions do we have that we need to know to continue our work?***

# NOTES:

## Rapid Reorganization:

- We seem to have to repeat and restart a lot but we recognize that we've had to step up in Shawn's absence. Taken more ownership and control of our destiny as a group
- Different times call for different tactics and we've been getting better at adapting to change
- The turnover is an opportunity as the people we train or touch/connect with while they are at OHA become involved with other organizations. It widens our connections. It also means we have to be thoughtful about how we communicate who we are and what we stand for-our story.
- We became more self reliant and self directed, we became more cohesive, we became empowered vs. disempowered or entitled. We became more comfortable with our focus and presentation of our story in the last year.
- We've increased our advocacy voice at the legislative level because we've built more relationships
- We're more resilient as a group, in action resilience

## Unanswered Questions

- OHA is bottlenecked due to transition, what other avenues can we go down to get our recommendations heard and implemented?
- How can we involve other coalitions to work together to have a singular voice (both within OHA, statewide and national)?
- How can we better hear and listen to others voices?
- How has OCAC benefited OHA?
- When will OHA offer more technology for our subcommittee meetings?
- We'd like more information from Office of Consumer activities, more connection with them. What's their scope and how can we connect our work with theirs? To better organize and collaborate our efforts together.
- How can peers be involved in rules advisory committees?
- How do we shift vocab about how people talk about OCAC and us differently within OHA?
- How can we be formally involved in educating new staff?
- How can we be formally involved in POPs, budget planning and prioritization, using our true advisory nature?
- How can we get our story of value out to higher OHA leadership management?

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## Possible Activity Brainstorm

*What are possible activities/goals/influences we want OCAC to focus on in the next 12 months?*

*Don't get too tied to committee labels or where activities would go yet*

# Voting on Goals for Next 12 months

## Why a work plan?

- ✓ Gives us FOCUS!
- ✓ Helps orient and engage new members
- ✓ Helps with transition of leadership leaving



What do we want to KEEP doing for the next 12 months?

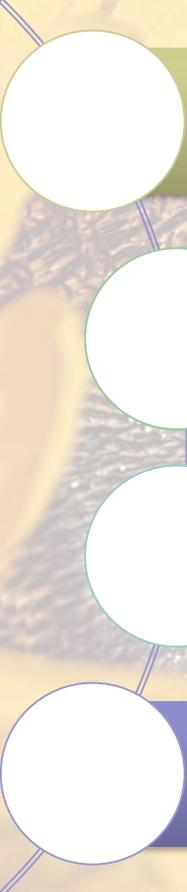
### 1/3 RULE:

- 1/3 Currently doing
- 1/3 doing but need to improve/increase
- 1/3 NEW



What are NEW possible things we could do in each area?

# Celebrating our Success: Your Current Committee Structure



Trauma Informed Systems

Wellness and Healing Practices

Tools, Technology and Access

OCAC Development

# Suggested 2018 Activities

## Wellness & Healing Practices Committee (WHP)

1. Focus on peer work force, living/success wages and regional PS coordinators
2. Work on recommendation to fund alternative methods considering long term effects of medications
3. Implement peer supervision by experienced peers
  - Harm reduction as one model to be funded
  - Community engagement and full community healing
  - Recommend that state HR have a new peer classification
  - Address housing crisis
  - Support development of peer run peer respite
  - Recommend that IPS training is as an option for CEUs for providers

<b>Sign Ups for</b>	Kevin
<b>Committee:</b>	Crucita
Laura Rose	Luke
Sharon K	Fawn
Caroline	Ann
Sally	
Braunwynn	
Mark	
Dori	
Grace	

# Suggested 2018 Activities: Tools, Technology & Access (TA)

1. Consumers/peers survey consumers on outcomes and metrics, funded by POP
2. Ensure OCAC members have the same technology access as OHA employees for subcommittee meetings and council meetings
3. Develop a language bridge between OHA and the community
  - Increase transparency of our work by improving how minutes are taken and posted
  - Training on leadership/organization and development styles
  - Tell our story with data
  - Identify what technology youth use to address the digital divide

<b>Sign Ups for Committee:</b>	Mark Chrissy
Ann	Laura Rose
Dori	Luke
Steve	
Kevin	

# Suggested 2018 Activities: Trauma Informed Services (TIS)

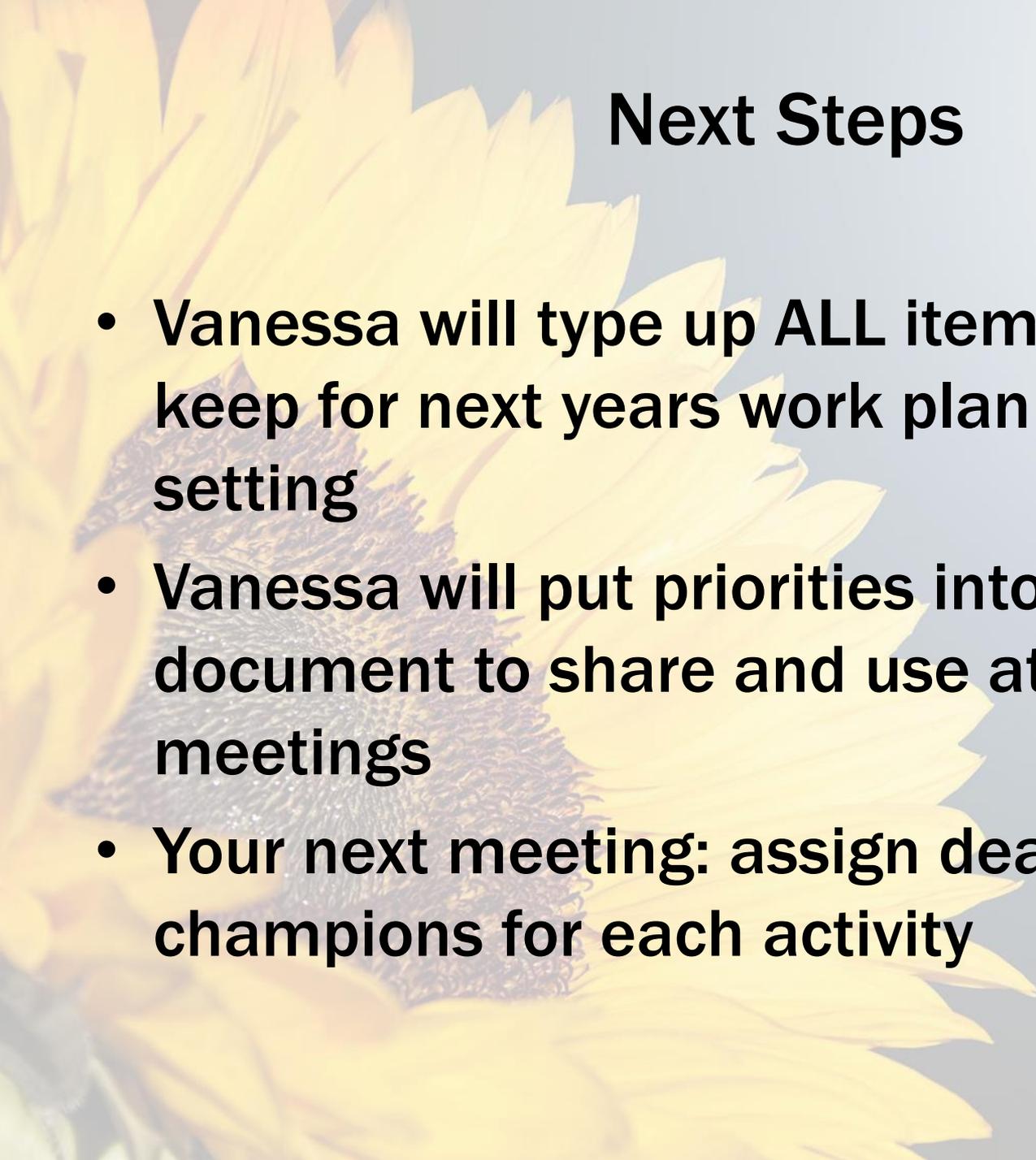
1. Work on addressing culturally specific trauma services
2. Develop standards around forensics and trauma
3. Survey/measure site review process
  - Co-opt peer value fidelity
  - Have trauma informed mentorship level fidelity
  - State Trauma Policy
  - Education to systems about how trauma is on a day to day, moment to moment and how it influences people's interactions/behaviors/decisions
  - Community engagement and healing together

<b>Sign Ups for</b>	Dori
<b>Committee:</b>	Caroline
Crucita	Luke
Sally	Fawn
Mark	Laura Rose
Grace	Ann
Braunwynn	
Kris	

# **Suggested 2018 Activities: OCAC Development**

<b>Sign Ups for</b>	Luke
<b>Committee:</b>	Kevin
Sally	Ann
Laura Rose	Dori
Caroline	Mark

- 1. Recruit for full council thru robust recruiting and diverse member choices**
- 2. Continue to improve orientation and mentoring process, finish the new member orientation kit**
- 3. PDS Media kit**
- 4. Continue to promote diversity and ages, cultural backgrounds and languages**
  - Consider relevance of OCAC**
  - More clarity around communication of active and non-active members**
  - Leadership training**



# Next Steps

- **Vanessa will type up ALL items from list to keep for next years work plan priority setting**
- **Vanessa will put priorities into a work plan document to share and use at future meetings**
- **Your next meeting: assign deadlines & champions for each activity**

**Thank you for your time and attention!**

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