

Women of a Certain Age supports women who are infected or impacted by HIV/AIDS to find the right words and necessary support in order to face the unique set of challenges their diagnosis has presented to them.

Women of a Certain Age focuses on motivating as well as inspiring women to discover and utilize their psychological, spiritual, and emotional power.



Mission

Women of a Certain Age guides women to discover the various tools that will allow them to enhance their lives and well-being, embrace their situations, explore their self-expression, and share what they have learned with others.

For more information about how to bring these services to your community, contact...

Jacki Gethner
503.790.0974

jackigethner@earthlink.net

Please visit our Web site:
jackigethner.com

Women of a Certain Age...



Presented by



**Jacki Gethner, Sally Fisher
and Sharon Lund, Ph.D.**

Flower photos by Dee Browning
<http://www.deebrowningphotography.com/>



Women reflect the fastest growing demographic of people diagnosed with HIV/AIDS and yet they are severely underserved, which leads to late diagnosis, a lack of effective and timely treatment, and even early death. Women, especially older women, may have difficulty accessing support and are often reluctant to speak up about the issues they face.



Women of a Certain Age provides participants with useful tools to help them advocate for themselves and their needs, so that they are diagnosed in a timely manner, given the appropriate treatment, are regularly included in protocols, and receive nothing less than the highest quality of services available.

Meet the Presenters



Jacki Gethner has actively supported and educated people both living with and affected by HIV/AIDS for the last 24 years. Working with over 15,000 people locally and world-wide, her training as a massage therapist and CADC1, as well as support by various pharmaceutical companies enables her work to reach rural and underserved populations to receive information to better enhance treatment options. www.jackigethner.com/.



Sally Fisher is a writer, creator of The AIDS Mastery, and the founder of an international agency; INTERSECT Worldwide, working in HIV/AIDS and Violence Against Women in South Africa and India. She is currently working on a new book titled "*Don't Just Stand There. Do Something*" and a new blog: dontjuststand.blogspot.com/ Also the website: www.intersectworldwide.org.



Sharon Lund, Ph.D. is the author of "*Sacred Living, Sacred Dying: A Guide to Embracing Life and Death*," "*The Integrated Being: Techniques to Heal Your-Mind-Body-Spirit*", producer of *Dying to LIVE: NDE*, and New Thought Minister. She has been living "positive" with HIV/AIDS for 27 years. Her AIDS experiences and teachings of mind-body-spirit and end-of-life issues have taken her throughout the United States, Canada, Russia, Europe and Japan. She has appeared on Oprah, 48 Hours, Eye on America, and featured in "*O*" *The Oprah Magazine*. www.SacredLife.com and www.SharonLund.com.

Methods

In this inspiring and experiential skills building workshop, participants will be offered creative ways to think about methods through which they can enhance the quality of their lives, and an opportunity to plan for their desired future. With over 60 years of combined experience working in the field of HIV/AIDS locally and world-wide, each facilitator offers her own wisdom, her unique perspective and innovative ideas, which she will unfold individually and along with her colleagues in a truly supportive environment.



Such methods include:

- Processes
- Group Interaction
- Paired Sharing
- Visualization
- Sharing Stories

Conversations about:

- Complementary Medicine
- Exploring End-of-Life Issues
- Medical Adherence
- Sex and Sexuality
- Support