

Behavioral Health System Information Sheet

Early Assessment and Support Alliance-EASA

The EASA model identifies individuals in the early stages of schizophrenia and other psychotic disorders and ensures they and their families have the resources to effectively deal with the illness. EASA sites and services are in 35 out of 36 counties.

EASA serves young adults 12-25 experiencing symptoms consistent with early or initial onset psychosis. With the addition of federal dollars, all Oregon counties are funded to provide EASA and are developing teams, and 96% of Oregonians have access to an established team.

From April 2017 through March 2018, EASA received 804 referrals and served 674. The ongoing current caseload is just over 400 individuals and families throughout the state of Oregon. In EASA, young people maintain or enter school or work (58% at intake, 59% at discharge. At discharge 66% of EASA youth are not on public disability and do not plan to apply. Hospitalizations in the three months prior to entry have dropped from 58% in 2008 to 40% in 2017. Once in EASA, hospitalizations each quarter averaged 6%.

Benefit to clients and community

Fidelity Services include:

- Outreach, engagement and referral-Each EASA team conducts extensive and on-going community education. In 2016 alone, EASA reached over 6960 individuals through 239 presentations and media stories. Referrals come from a wide range of community resources, ranging from clergy and schools to hospitals.
- 24-hour crisis response teams and focus on rapid response to calls.
- Assessment and treatment using a multi-disciplinary team consisting of a psychiatrist, social worker, occupational therapist, nurse, vocational specialist and peer support specialist.
- Family partnership and psychoeducation are core elements of the program.
- All services are based on evidence-based treatment, such as cognitive behavioral therapy, motivational interviewing and individual placement and support.
- Transition into long-term support and integration of program graduates into local and state leadership roles.

CHR-P SAMHSA Grant

Oregon Health Authority Clinical High-Risk for Psychosis (CHR-P) Program will be implemented in Lane County, Oregon, in partnership with PeaceHealth Medical Group and the OHSU Early Assessment and Support Alliance (EASA) Center for Excellence (C4E). This project will offer targeted community outreach and education as well as Coordinated Specialty Care to youth and young adults up to age 25 who meet the criteria for Clinical High Risk for Psychosis and are residing Lane County, Oregon.

Additional Services Information Sheet

The project will integrate expanded Clinical High-Risk services into its existing Coordinated Specialty Care team and expand community education and outreach and a step-wise treatment decision making process.

Young Adult Mental Health Hubs

Young Adult Hubs specifically reach out to very marginalized and vulnerable young adults with an emphasis on providing peer-to-peer services, improving positive and health connectivity to others, and increasing connections with community supports and services. All young people, regardless of health care coverage, are eligible to access Young Adult Hub programs, which are available in 8 counties. The most prevalent connections to community supports for young adults in the Hubs are: Connection to a prescriber, community mental health, and schools. One of the most critical elements of the Hubs is their ability to provide a “warm handoff”.

Transition-age Youth Residential Treatment Homes

Community-based group living specifically designed with young adults ages 17-25 in mind. The RTH resource is intended to serve young people that may benefit from living with peers and who may have been in more intensive treatment settings and are stepping down or those that do not need more intensive or secure settings. There are currently 7 TAY Homes in Oregon.

OPAL-A

The OPAL-A program is an expansion of the Oregon Psychiatric Access Line about Kids (OPAL-K). The program launched on October 01, 2018 offering curbside telephone consultation to primary care providers regardless of the age or the insurance status of the patient. The ongoing vision of these programs is to expand the availability of high quality mental health treatment to all Oregonians. The first week of launching the OPAL-A Program our call center received 14 consult calls from medical providers caring for their adult patients in different regions of Oregon. On the first four days 25 medical providers enrolled for the OPAL-A service.

Healthy Transitions 2018-SAMHSA Grant

The Oregon Healthy Transitions (**OR-HT**) project will be implemented in Douglas and Lane Counties. This project combines evidence-based practices and approaches as a means of improving well-being and functioning among young adults. OR-HT has 4 goals: 1) improve stakeholder collaboration and coordination; 2) increase the capacity of the local behavioral health continuum to engage and support young people; 3) improve the quality and availability of mental health services and supports; and 4) increase the extent to which the system is responsive to young people’s needs and perspectives.

For Information:

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