

# EMPOWER.UPLIFT.CONNECT: Black Youth Mental Health Leadership Mixer

- Are you a Black youth passionate about mental health?
  - Share your voice, build skills, and become a champion for change.
  - Meet inspiring peers, connect with mentors, and gain valuable leadership training.
  - Be part of a supportive community working towards a brighter future.

Join the movement! Two virtual sessions to choose from.

Date: Feb 7th (6:30-8pm) or Feb 19th (12-1:30pm)

**RSVP: SCAN ME**



YOUTH

Artistic signature or graffiti in red and blue.

