

Oregon Children's Behavioral Health Continuum of Care



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Outpatient

- School-based mental health services
- Outpatient therapy - Individual, family, and group
- Outpatient substance use disorder services
- Medication therapies, including Medication Assisted Treatment for substance use disorders
- Integrated mental health and substance use treatment
- Trauma-specific treatments
- Respite services, including crisis respite

Therapeutic interventions

- Therapeutic behavioral aide services
- Behavior management skills training
- Therapeutic mentoring
- Wellness therapies, including creative arts therapies, meditation

Crisis services

- Crisis response services - non-mobile
- Mobile Response and Stabilization Services

Intensive services

- Intensive In-Home Behavioral Health Treatment
- Intensive outpatient
- Psychiatric day treatment

Multilevel care management

- Fidelity Wraparound
- Intensive care coordination

Non-traditional / non clinical

- Social and recreational services, including after school programs, drop-in centers
- Flexible funding
- Transportation

Hospital

- Acute inpatient hospital services
- Inpatient medical detoxification

Residential

- Therapeutic foster care
- Therapeutic group homes
- Psychiatric Residential Treatment Facilities:
 - » Secure inpatient programs
 - » Subacute
 - » Psychiatric residential treatment services
 - » Residential crisis and stabilization services
 - » Residential substance use interventions, including residential services for parents with children

Community

- Youth and family education
- Screening: Early and Periodic Screening, Diagnostic and Treatment
- Parent/caregiver and youth peer support
- Behavioral health consultation to primary care, education and others

Youth and Young Adults in Transition

- Supported education and employment
- Supported housing
- Youth and young adult peer support
- Specialized care coordination, including focus on life and self-determination skills
- Wellness services, including exercise, meditation, social interaction
- Young Adult Residential Treatment Homes

Young children and their families

- Early childhood screening, assessment, and diagnosis
- Family navigation
- Home visiting
- Parent-child therapies
- Parenting groups
- Infant and early childhood mental health consultation
- Therapeutic nursery
- Therapeutic day care



Promotion, prevention, and early intervention

- Mental health promotion activities
- Prevention interventions
- Early intervention
- School-based promotion, prevention, and early intervention
- Suicide prevention