

# QUESTIONS AND ANSWERS

Presented by the Oregon Health Authority

# RESOURCES FOR INFO ON MEN AND BOYS

## **Eating disorders in adolescent boys and young men: an update**

[Jason M Nagata](#)<sup>1</sup>, [Kyle T Ganson](#)<sup>2,3</sup>, [Stuart B Murray](#)<sup>4</sup>

- PMID: 32520822
- PMCID: [PMC7867380](#)
- DOI: [10.1097/MOP.0000000000000911](#)

## RESOURCES FOR ARFID

- Pages 41 and 42 in the AED Nutrition Guidelines booklet
- <https://kidshealth.org/en/parents/arfid.html>

## RESOURCES FOR BED

**Binge-Eating Disorder** [Anja Hilbert<sup>1</sup>](#) PMID: 30704638

•DOI: [10.1016/j.psc.2018.10.011](https://doi.org/10.1016/j.psc.2018.10.011)

•Also pages 31 to 45 in the AED Nutrition Guidelines booklet , especially pages 41 to 45

# RESOURCES ON COMPULSIVE EXERCISE

## Treatment of compulsive exercise in eating disorders and muscle dysmorphia: protocol for a systematic review.

[Jordan Andre Martenstyn](#)<sup>1,2</sup>, [Stephen Touyz](#)<sup>3</sup>, [Sarah Maguire](#)<sup>3,4</sup>

• *J Eat Disorders* 2021 Feb 10;9(1):19.

PMID: 33568203

• PMCID: [PMC7877054](#)

• DOI: [10.1186/s40337-021-00375-y](#)