
Eating Disorder Trends
for young people, infancy through age 25,
receiving Oregon Health Plan Services
2020 and 2021

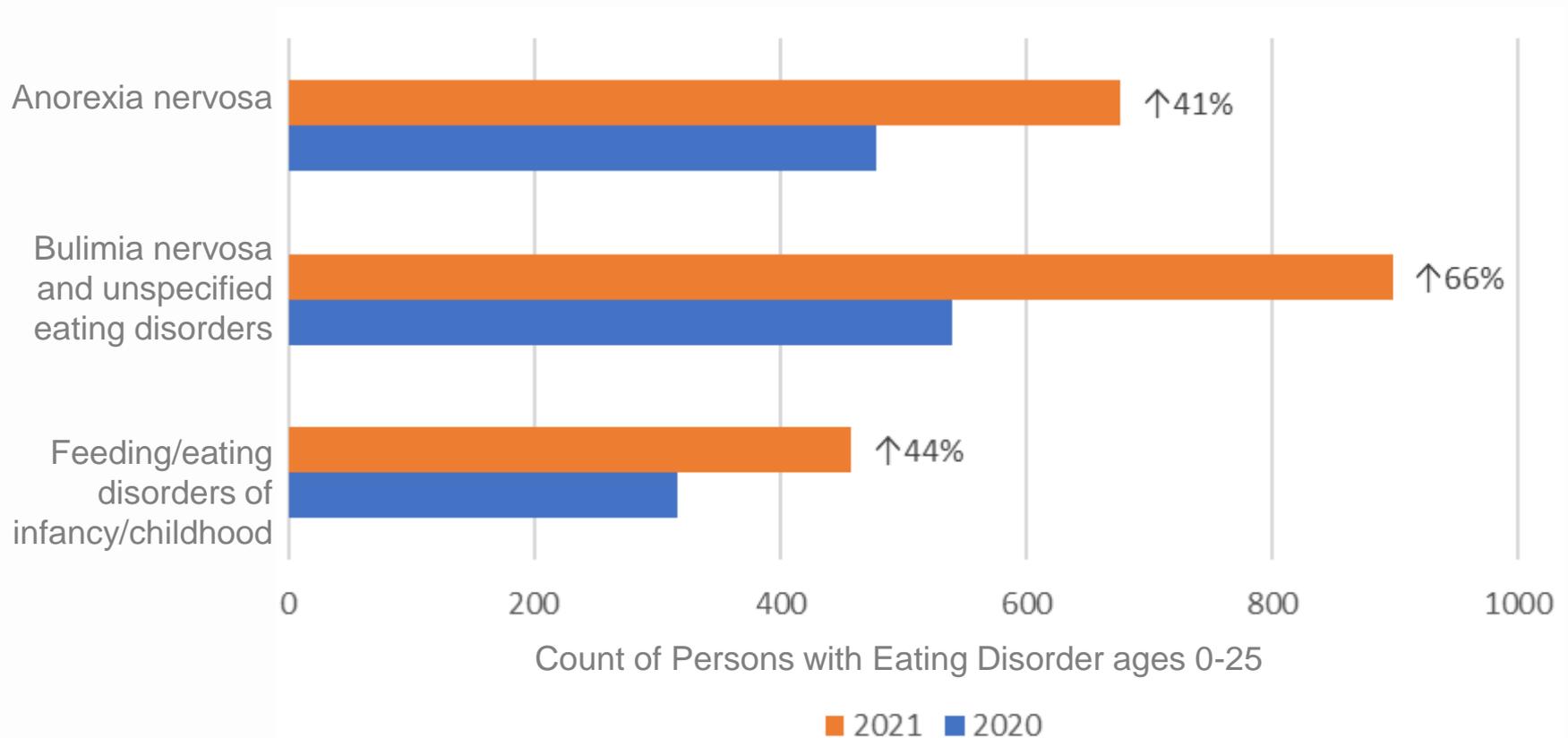


CHILD AND FAMILY BEHAVIORAL HEALTH UNIT
Health Systems Division

Data Source

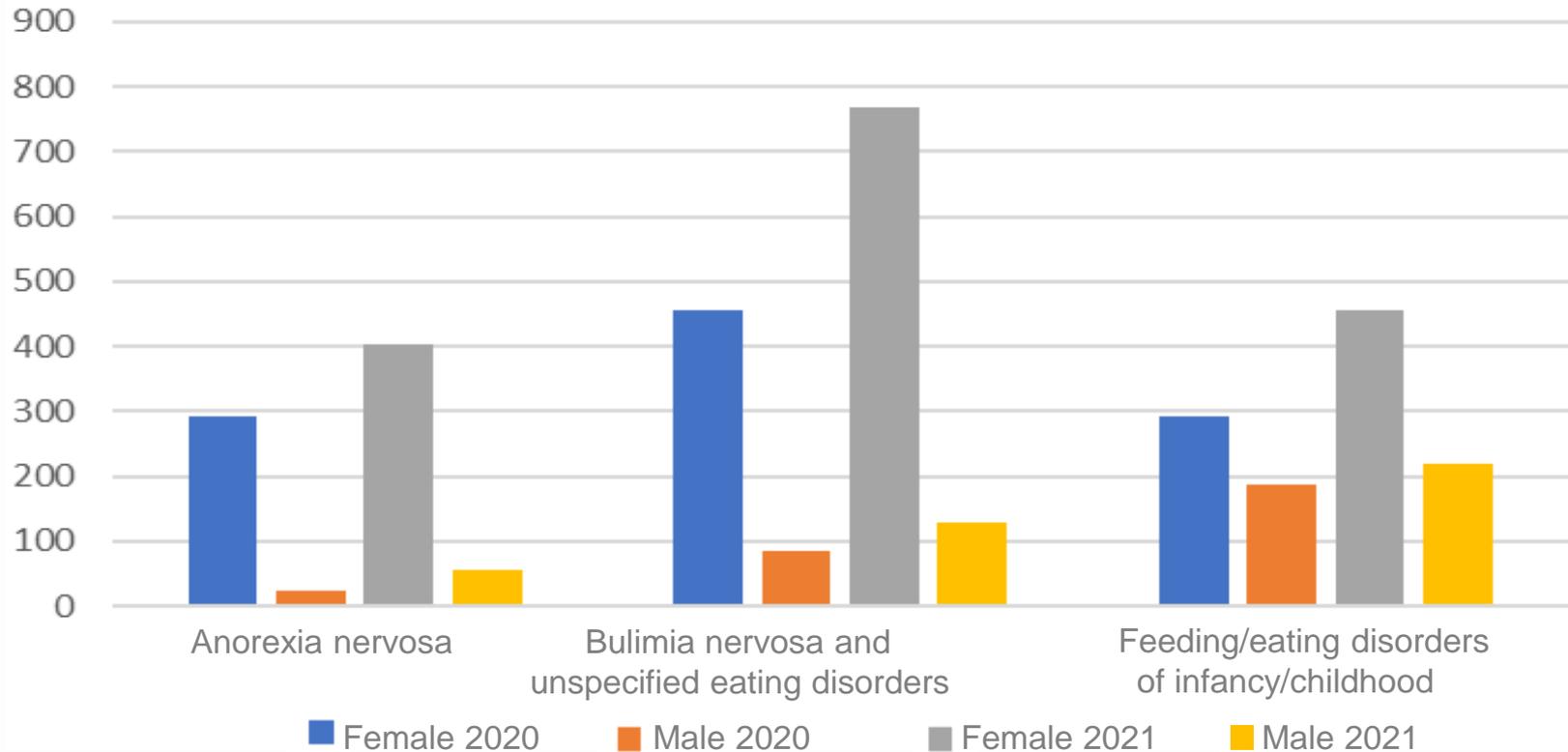
- Data is for ages infancy-25
- Counts based on evidence-based treatment as identified by Health Evidence Review Commission for:
 - 1) anorexia nervosa
 - 2) bulimia nervosa and unspecified eating disorders
 - 3) feeding/eating disorders of infancy/childhood
- Most of the services are professional services conducted in an outpatient setting.
- Utilizes Oregon Health Plan data from Decision Support & Surveillance Utilization Review System
- Count includes young people who received treatment and are on Oregon Health Plan.
- Total counts of young people experiencing an eating disorder are likely underrepresented as others may have received treatment under other codes.

Eating Disorders by Year



- All eating disorder diagnoses types increased from 2020 to 2021
- Bulimia nervosa and unspecified eating disorders increased the most at 66%.

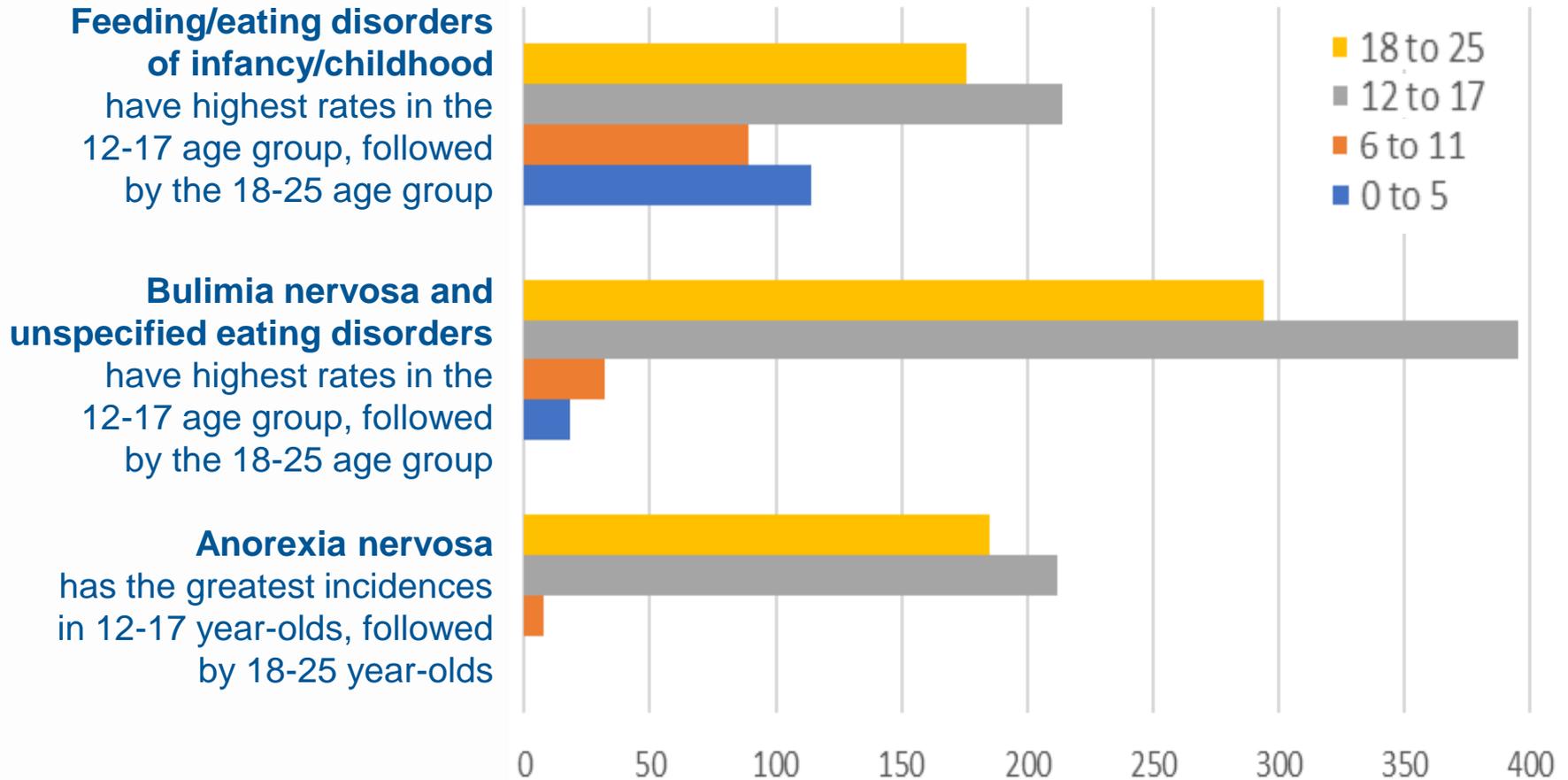
Eating Disorders by Gender



- Females experience all eating disorders at substantially higher rates than males
- In 2020, there were 12 times more female anorexia nervosa cases than males; in 2021, 7 times more
- Anorexia nervosa diagnoses increased from 2020 to 2021 by 133% for males and 36% for females

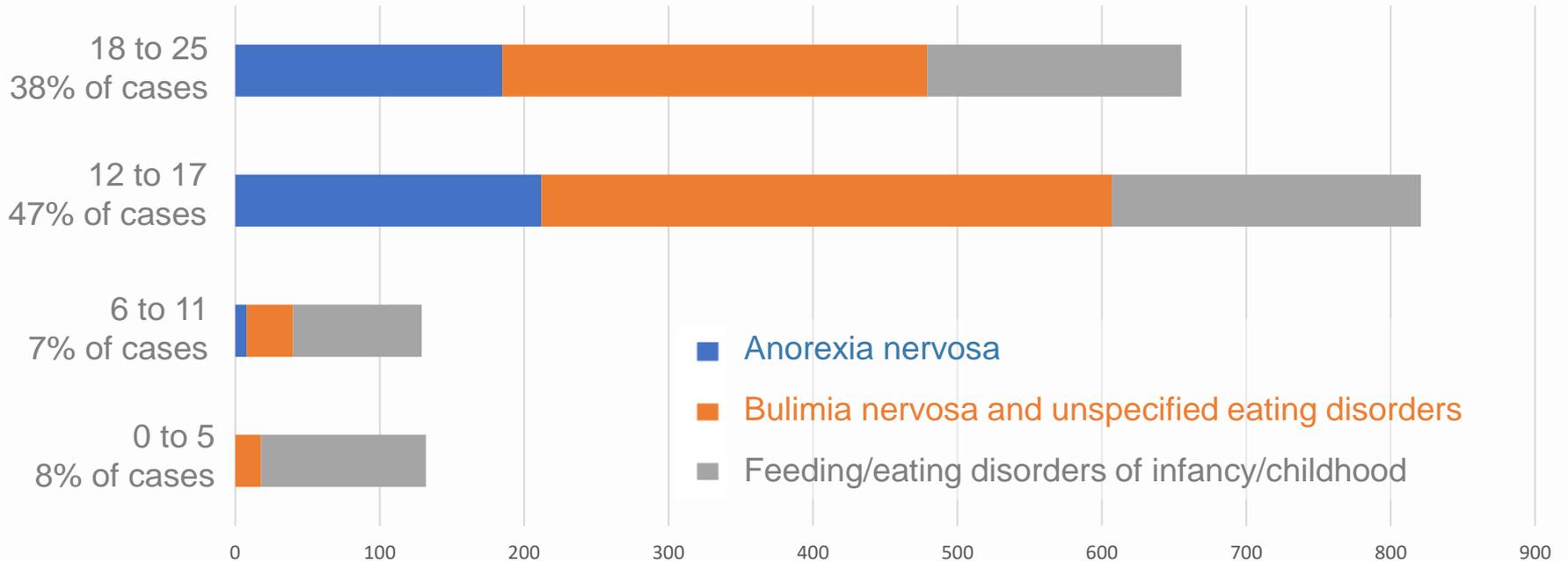
Diagnosis types by age

Average of years 2020 and 2021



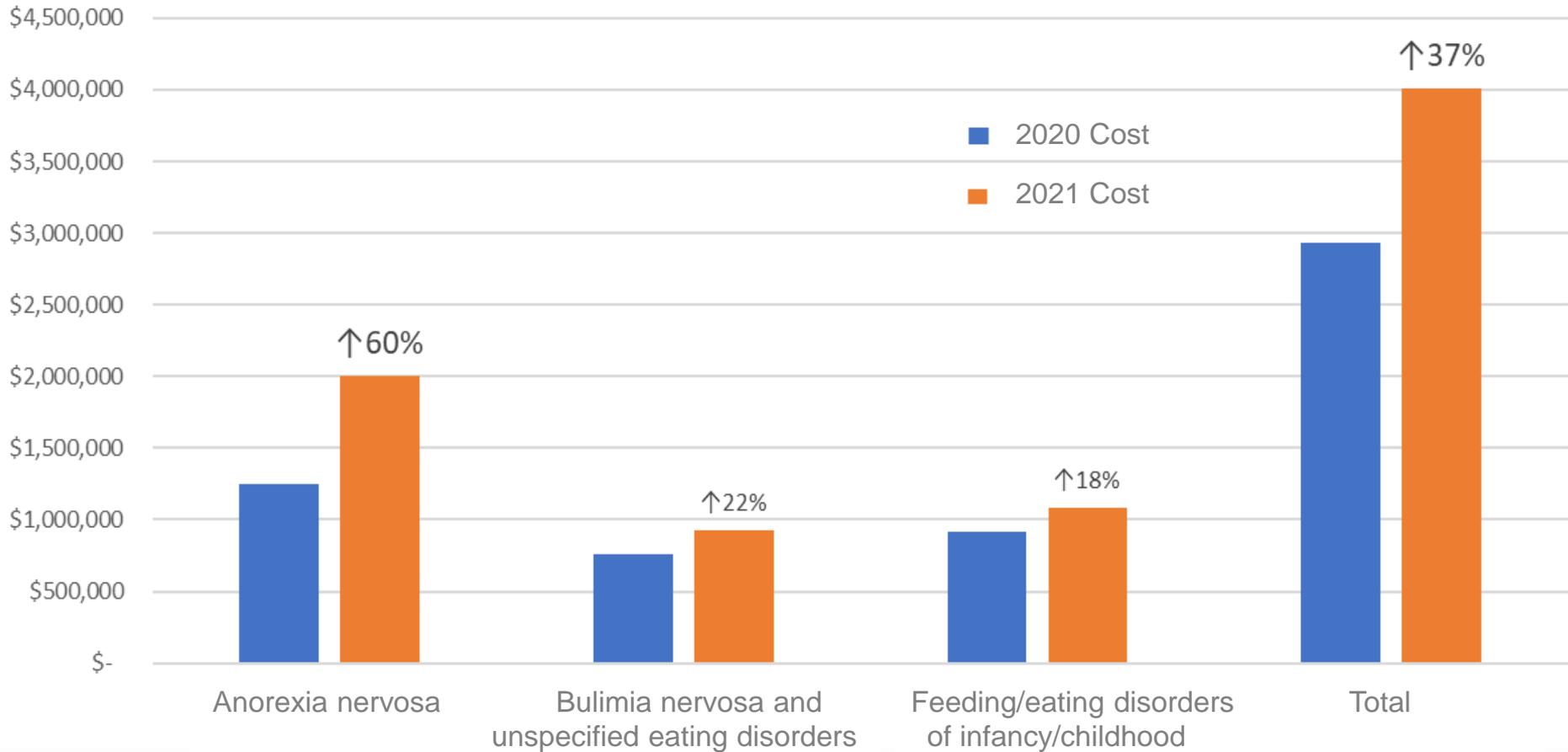
Age group by diagnosis

Average of years 2020 and 2021



- Between ages 6-11 and 12-17, anorexia nervosa and bulimia nervosa increase substantially
- Between ages 12-17 and 18-25, anorexia nervosa cases decrease and bulimia nervosa cases increase

Cost of Services by Diagnosis



- Total cost of services increased for all diagnoses from 2020 to 2021
- Biggest cost increase for anorexia nervosa (60%)