



# Increasing Family Support for LGBTQ Students to Reduce Risk & Promote Well-Being

*Free Training Opportunities for School Personnel and School Providers in School Districts in Region 1 (Coos, Curry, Douglas, Jackson, Josephine & Lane Counties) and Region 2 (Benton, Clatsop, Columbia, Lincoln, Linn, Marion, Polk, Tillamook and Yamhill)*

Separate 2-hour trainings are offered for school personnel and school health providers and are repeated twice to provide another option for you to attend – Additional one-day training includes more content

## PICK 1 DATE AND REGISTER:

- Jan. 23, Feb. 8 & Feb. 20, 2024 – 4-6 pm - For teachers, administrators, support staff
- Jan. 25, Feb. 13 & April 9, 2024 – 4-6 pm - For school health & mental health providers - counselors, social workers, nurses, physicians, family liaisons

- One-Day Expanded Training on Increasing Family Support for LGBTQ+ Students**
- Feb. 28 – 9 am - 3 pm - For school personnel who want more content & skill building

Register here with your school / work email address: <https://tinyurl.com/3m2zr5jn> **CEUs Pending**  
Zoom link will be sent after Registration

## About the Training:

Critical research from the Family Acceptance Project® (FAP) has shown that family rejection contributes to health risks for LGBTQ youth, including suicidal behavior, depression, illegal drug use and other health risks, while family acceptance helps protect against risk and promotes well-being. The current mental health emergency for children and adolescents has increased the urgent need for support for all students, especially those that are at high risk for victimization, rejection and bullying. This training will discuss FAP's evidence-based approach to help diverse families to support LGBTQ students in the context of their families, cultures and faith communities, including multilingual resources and strategies to increase family connectedness.

## Learning Objectives

- Discuss the role of family acceptance and rejection of LGBTQ students on their health and well-being
- Describe specific family behaviors that contribute to health risks for LGBTQ students, including suicidality, depression, illegal drug use and trauma, and family behaviors that protect against risk and promote well-being
- Discuss Family Acceptance Project strategies and multilingual resources to help diverse parents and caregivers to decrease risk and increase well-being for LGBTQ students

## Trainer:

*Dr. Caitlin Ryan is a clinical social worker, educator and researcher who has worked on LGBTQ health and mental health for more than 40 years. She is the Director of the Family Acceptance Project® at San Francisco State University. Dr. Ryan trains on this work across the U.S. with agencies, congregations, families and providers to build healthy futures for LGBTQ and gender diverse children and youth.*

Registration information:  
[mgallo@uoregon.edu](mailto:mgallo@uoregon.edu)

To register:  
<https://tinyurl.com/3m2zr5jn>



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