

# 2024 DATA BRIEF

## Mobile Response & Stabilization Services

This data brief provides highlights from the 2024 Stabilization Services Annual Report and was prepared by Oregon Health & Science University's Data Evaluation and Technical Assistance (DAETA) Team. Data was collected through a collaborative partnership among the DAETA Team, Oregon Health Authority, and Stabilization Services providers. For more information, please visit our website ([www.ohsu.edu/DAETA](http://www.ohsu.edu/DAETA)) or email the team ([DAETA@ohsu.edu](mailto:DAETA@ohsu.edu)).

### What is MRSS?

Mobile Response and Stabilization Services (MRSS) is a publicly-funded behavioral health program that provides rapid access to short-term support for youth (ages 0-20) experiencing a behavioral health crisis.

- ✓

Case Management
- ✓

Care Coordination
- ✓

Skills Training
- ✓

Med Management
- ✓

Therapy
- ✓

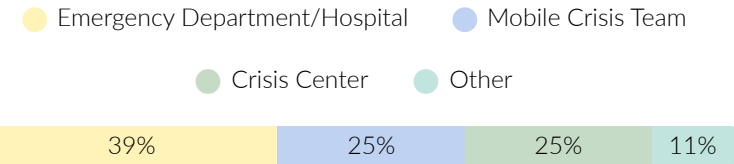
Peer Support
- ✓

Respite Care
- ✓

Crisis Response

The program can last up to 56 days and is intended to be an extension of the services provided by Mobile Crisis teams. Youth can also access the program through emergency departments or hospitals, crisis walk-in centers, or schools. For more information about program eligibility, visit [OHA's website](#).

### Referral Source



4,699

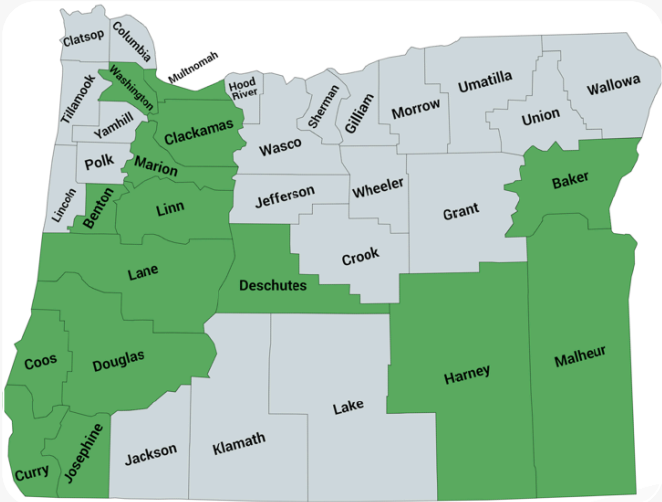
Mobile Crisis dispatches to youth 20 and under

1,064

Dispatches resulting in a referral to Stabilization Services

398

Youth enrolled in Stabilization Services

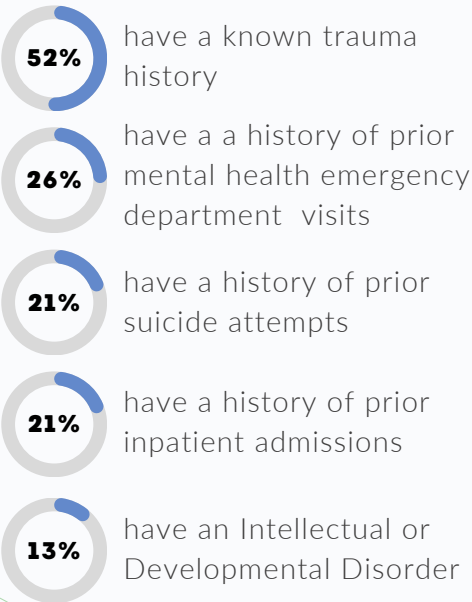


15

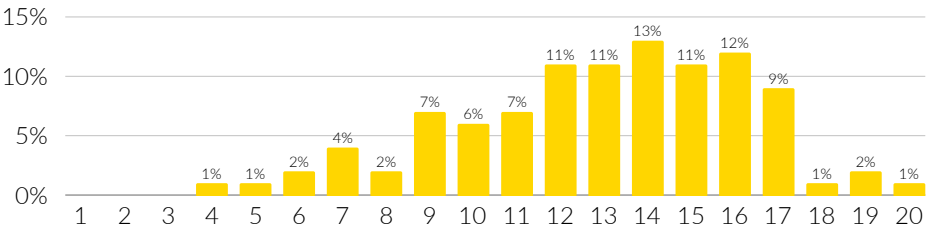
Counties with Stabilization Services available

### Who is being served?

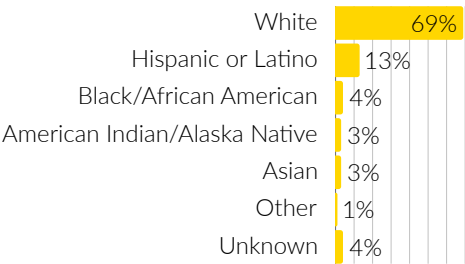
#### MRSS Youth Quick Stats



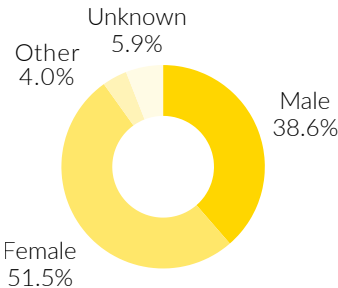
### Age



### Race & Ethnicity



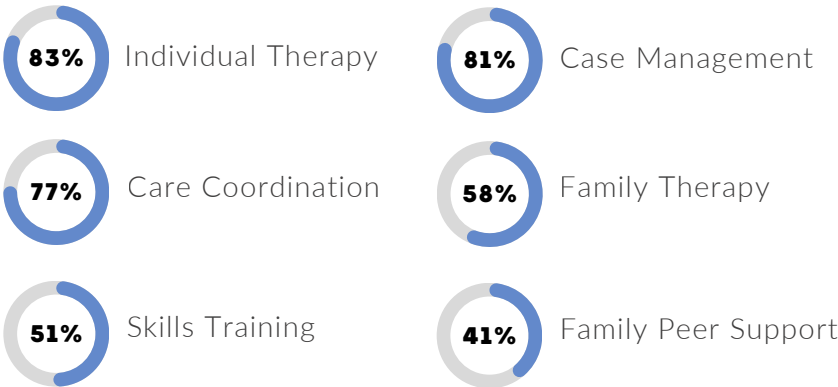
### Gender



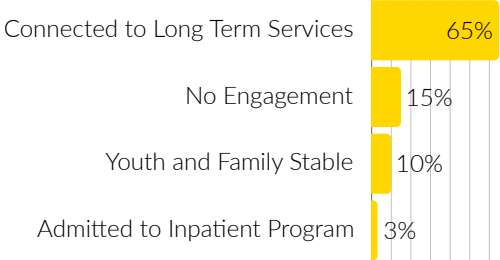
# 2024 DATA BRIEF

## Mobile Response & Stabilization Services

### What services and supports are received?



### Common Reasons for Discharge



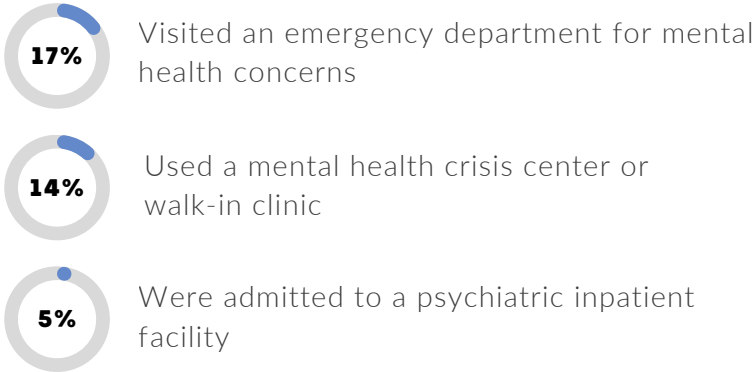
### Pre- and Post- Scales

The Ohio Scales are a tool that can help measure change and show Stabilization Services’ impact on youths’ well-being. The scales are completed by the clinician, the youth, and the guardian. Scores from enrollment and discharge show that:

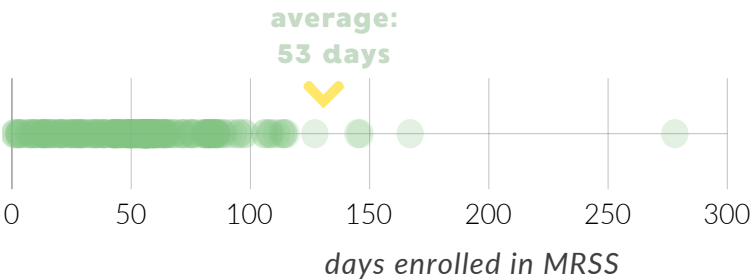
↓  
**67% of youth experienced decreased behavioral health symptom severity from program enrollment to discharge**

↑  
**70% of youth showed improvement in functional strengths from program enrollment to discharge**

### Admissions/Presentations While Enrolled



### Length of Program



### Repeat Mobile Crisis Encounters: Analysis of youth who had additional mobile crisis encounters within 6 months of first crisis call

There were 245 youth who were enrolled in Stabilization Services through a Mobile Crisis dispatch during 2023 or 2024. Data were analyzed to determine the percentage of youth who had additional encounters with a mobile crisis team within six months of their initial dispatch.

**13.5% had a repeat MCIS encounter within 6 months**