

# NURTURED HEART APPROACH

AN ACCESSIBLE STRATEGY FOR ENGAGEMENT

Sponsored by OHA Child and Family Behavioral Health Unit



# NURTURED HEART APPROACH<sup>®</sup> TRAINING

## NurturedHeart

Nurtured Heart Approach Training for Mobile Crisis Response Teams brought to you by the Oregon Health Authority



**MARCIE TOWLE**

**Advanced Trainer**

**Dragon Fire Coaching, LLC  
Seattle, WA**

Marcie Towle is an Advanced Trainer of Nurtured Heart Approach and Peer Leader with Nurtured Heart Institute.

She has been practicing Nurtured Heart like her kids' lives depended on it since 2014.

*"Nurtured Heart Approach taught me how to look for what is going right and bring out the best in people. I am a more **confident leader**, my relationships have improved, the **trust** of my clients has increased, and I can have difficult conversations more easily. Nurtured Heart is **not just for parenting**, it is for everyone who wants to communicate more effectively."*

*~Amanda S.*

## IN THIS COURSE YOU WILL LEARN :



### How It's Different

What Sets NHA apart from other models



### Immediate Skills

Tangible Skills you can use right away



### Tools

How to use NHA alongside tools you're already using



### Selfcare

How NHA can help you take care of yourself

Sign Up At

[www.dragonfirecoaching.com/?page=pages/oha.php](http://www.dragonfirecoaching.com/?page=pages/oha.php)

## JOIN US

**TUESDAY JAN 30th**

1:00-4:00PM

**OR**

**THURSDAY FEB 15th**

8:30-11:30AM

In this 3 hour training, you'll be shown **The Three Stands<sup>™</sup>** of The Nurtured Heart Approach, an easy to understand paradigm for engagement that is accessible and useful for clinicians and non-clinicians alike.

