

Oregon PCIT Program Readiness Checklist

Please initial each PCIT training readiness question below with which you agree.

YES	QUESTION
	Does our agency serve 20 or more families per year with children 2-6 years old who would benefit from parent/child relationship enhancement and effective behavior management skills?
	Do our potential PCIT team, supervisors and administration understand that PCIT is an evidence based therapy which needs to be provided as per the protocols and not piecemeal?
	Have we reviewed the PCIT therapist training guidelines at http://www.pcit.org/training-guidelines/ ?
	Have we identified our PCIT therapists/trainees and the rest of our PCIT team? (Minimum two therapists per physical location to get fully trained and maintain a PCIT caseload of at least 3-5 each).
	Do our PCIT team, supervisors and administration understand that the PCIT therapists will need to participate in a 40 hour Basic PCIT training, and again approx. two months later for their 2 day PCIT Follow up training? We are committing to attend PCIT supervision for a year and to provide PCIT within our agency for at least a year.
	Trainees will need 5 new PCIT clients each to start. These clients need to start PCIT the week after the 40 hour training. Will we be able to arrange this?
	Have we prioritized the caseloads of the PCIT therapists to meet with families once per week in the clinic for 1 hour most weeks? Some PCIT sessions may last longer than an hour.
	Do we have procedures in place to collaborate with our referral sources such as child welfare, primary care, Head Start and early intervention agencies so that children who need PCIT services will be consistently assigned to our PCIT therapists?
	Have we made arrangements for PCIT staff to participate in the required supervision, video review and data gathering that is needed to meet PCIT certification criteria?
	Have we made room modifications to accommodate the PCIT therapists coaching the parents through a two-way mirror or monitor and using a wireless communication device? (stripped down therapy room with minimal furniture, PCIT appropriate toys (see the International Manual) and ideally an adjacent coaching room, wireless communication system(Bug-in-the-ear).
	Have we purchased the required books and manuals, Eyberg Child Behavior Inventory and made photo copies of all handouts and forms?
	PCIT treats disruptive children. It uses a highly structured form of time out which can get noisy. Have we discussed with all staff how to handle the change in atmosphere when this happens so they can be supportive of the PCIT therapists?

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Have you decided on a back-up-to-time-out-space? PCIT International recommends : Ideal size for back up space is 5 ft. by 6 ft., walls at least 5 ft. tall, child can be seen at all times by clinician. (No smaller than 4 ½ X 4 ½ ft.) Sturdy and safe, well lit and well-ventilated area with a Dutch-door (48-52 "). Dutch door cannot lock.
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Please sign below:

PCIT trainee

Date

PCIT trainee

Date

Agency Director or Program manager

Date

(Adapted from the University of Oklahoma PCIT training Center) Updated Feb.2020