

# Children and Adolescent Seclusion and Restraint Rates

**Report dates:** January 1, 2018 to December 31, 2025.

**Data Source:** This dashboard uses data submitted by licensed providers to Oregon Health Authority (OHA), which processes, verifies, and enters the data into the system for reporting and analysis.

[View the Seclusion and Restraint dashboard.](#)

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## Interpretation Guide

This interpretation document is meant to be used alongside the Children and Adolescent Seclusion and Restraint Rates Power BI report for the 2025 annual update. Each section of this guide corresponds to a specific tab within the Power BI report and provides key highlights on how to interpret the data presented.

The information included is intended to help users understand trends over time, compare rates across years, and interpret percent changes accurately. This guide also highlights important considerations and limitations to support appropriate use of the data.

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## Definitions

### Rates

A **rate** is a measure of the frequency with which an event occurs in a defined population over a specified period of time. Rates make it possible to compare seclusion and restraint (S&R) data across different facilities, because they are adjusted for the total number of patient days that occurred in the facility.

**Patient (or resident) days** represent the total number of days that patients spend in a facility, including the day of admission plus each additional day of stay. They are calculated by

multiplying the total population (or census) of patients/residents in the facility by the number of days in the reporting period.

**Total population (or census)** is determined by averaging the daily census during the reporting period.

**Seclusion Rate:** number of seclusions divided by total patient days, multiplied by 1,000

**Restraint Rate:** number of restraints divided by total patient days, multiplied by 1,000

For example, a seclusion rate of 3.4 per 1,000 patient days means that for every 1,000 patient days, 3.4 seclusions occur.

## Percent Change

The percent change measures the percentage increase or decrease in a rate between a selected base year and a comparison year. It is calculated by subtracting the base year rate from the comparison year rate, dividing by the base year rate, and multiplying by 100.

For example, in 2025 (base year), the restraint rate was 13.5, a 47.3% decrease from 25.6 in 2024 (comparison year).

A positive value indicates an increase, a negative value indicates a decrease, 0% indicates no change, and “-” or hyphen symbol indicates that percent change is or could not be calculated.

## Small Numbers

Rates with numerators **less than 5 (excluding zero)** are considered statistically unreliable and have been suppressed. Those between 5 and 11 may be statistically unreliable, interpret with caution.

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## How to Use the Dashboard

1. Select a Level of Care.
  - a. Choose one of the following tabs:
    - Acute
    - Sub-acute
    - Secure Inpatient Programs (SIP)
    - Psychiatric Residential Treatment Services (PRTS)
    - Day Treatment
  - b. Each tab displays data for facilities within that level of care.
    - i. **Note:** The first four tabs display line charts. The Day Treatment tab displays rates in a table instead of a line chart to provide a clear view of all facilities under this level of care.
2. Select a base year and a comparison year.
3. Review the line chart (or table) to observe trends or compare seclusion and restraint rates by facility.

4. Review year-to-year comparison section to compare rates and percent change between years.
  5. A dash (-) or hyphen under percent change column indicates values that are not available or not calculated.
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## Key Highlights by Level of Care

*Note: Highlights focus on the most recent year (2025) compared to the prior year (2024), unless otherwise noted. Some years may have missing or suppressed seclusion or restraint data. Blank or missing values in the graphs indicate missing or suppressed data, not zero events.*

### Acute

Two facilities report seclusion and restraint rates for acute level of care:

#### 1. Providence Willamette Falls Child and Adolescent Psychiatry Unit

- In 2025, the seclusion rate was 5.7 per 1,000 patient days, a 32.1% decrease from 2024 (8.4). The restraint rate also declined to 12.6 per 1,000 patient days, a 42.2% decrease from 21.8 in 2024.
- Over the reporting period (2018-2025), reported seclusion rates ranged from 4.9 to 18.7 seclusions per 1,000 patient days, with the lowest rate observed in 2023 and the highest in 2019. Reported restraint rates ranged from 3.6 to 21.8 per 1,000 patient days, with the lowest in 2022 and the highest in 2024.
- Both seclusion and restraint rates have decreased in the most recent year.

#### 2. Unity Center for Behavioral Health – Adolescent Unit

**Note:** Unity Center for Behavioral Health – Adolescent Unit has not reported to Oregon Health Authority for calendar years 2021-2023 and 2025.

- In 2025, seclusion and restraint rates were not reported.
- Over the reporting period (2018-2025), reported seclusion rates ranged from 11.4 to 128.3 per 1,000 patient days and reported restraint rates ranged from 5.0 to 52.5 per 1,000 patient days. The highest seclusion and restraint rates observed were in 2024.
- Seclusion rates increased sharply from the lowest reported rate in 2020 (11.4) to the highest in 2024 (128.3), showing wide variation across the reporting period. Restraint rates followed a similar pattern.

### Sub-acute

Three facilities report seclusion and restraint rates for sub-acute level of care:

#### 1. Albertina Kerr

- In 2025, the seclusion rate was 2.7 per 1,000 patient days, increasing from 0.0 in 2024. The restraint rate declined to 13.5 per 1,000 patient days, a 47.3% decrease from 25.6 in 2024.
- Over the reporting period (2018-2025), reported seclusion rates ranged from 0.0 to 38.4 per 1,000 patient days and restraint rates ranged from 13.5 to 139.9 per 1,000 patient days. The highest seclusion and restraint rates observed were in 2020.

- Both seclusion and restraint rates have decreased over the reporting period, suggesting a downward trend in use. Earlier in the reporting period, there were also large drops, for example, in 2021, seclusion and restraint rates decreased by 83.1% and 63.7% compared to 2020. Overall, restraint rates show a clear downward trend, while seclusion rates remain lower and have declined more modestly.

## 2. **Trillium Family Services – Corvallis Campus (Children’s Farm Home)**

- In 2025, the seclusion rate was 0.0 per 1,000 patient days, indicating no reported seclusion events. The 2024 seclusion rate is suppressed and cannot be compared. The restraint rate declined to 25.5 per 1,000 patient days, a 53.7% decrease from 55.1 in 2024.
- Over the reporting period (2018-2025), seclusion rates ranged from 0.0 to 11.8 per 1,000 patient days; several years were suppressed due to small counts (numerator < 5, excluding 0). Among the reported years, the lowest seclusion rates were observed in 2022 and 2025 and the highest in 2018. Reported restraint rates ranged from 10.2 to 116.8 per 1,000 patient days, with the lowest observed in 2018 and the highest in 2022.
- Reported seclusion rates decreased overall. Reported restraint rates generally increased in the earlier years (2018-2023) and declined in the most recent years (2024-2025).

## 3. **Trillium Family Services – Portland Campus (Parry Center)**

- In 2025, the seclusion rate was suppressed. The 2024 seclusion rate was 5.1 per 1,000 patient days. The restraint rate increased to 118.6 per 1,000 patient days, a 3.9% increase from 114.2 in 2024.
- Over the reporting period (2018-2025), seclusion rates ranged from 0.0 to 12.4 per 1,000 patient days; several years were suppressed due to small counts (numerator < 5, excluding 0). Among the reported years, the lowest seclusion rates were observed in 2019 and the highest in 2018. Restraint rates ranged from 42.8 to 118.6 per 1,000 patient days, with the lowest observed in 2019 and the highest in 2025.
- Seclusion rates varied across the reporting period, with several years suppressed due to small counts, while restraint rates fluctuated over the same period and showed a slight upward trend.

## Secure Inpatient Programs

Three facilities report seclusion and restraint rates for SIP level of care:

### 1. **Nexus Walden Crossing**

- In 2025, the seclusion rate was 0.0 per 1,000 patient days, indicating no reported seclusion events. Similarly, 2024 seclusion rate was 0.0. The restraint rate increased to 36.7 per 1,000 patient days, a 74.8% increase from 21.0 in 2024.
- Seclusion and restraint data were not reported for earlier years (2018-2023).

### 2. **Trillium Family Services – Corvallis Campus (Children’s Farm Home)**

- In 2025, seclusion rate was 9.1 per 1,000 patient days, a 20.2% decrease from 2024 (11.4). Restraint rate, on the other hand, increased to 78.3 per 1,000 patient days, a 26.1% increase from 62.1 in 2024.

- Over the reporting period (2018-2025), reported seclusion rates ranged from 9.1 to 39.2 seclusions per 1,000 patient days, with the lowest rate observed in 2025 and the highest in 2019. Reported restraint rates ranged from 22.8 to 107.1 per 1,000 patient days, with the lowest in 2018 and the highest in 2022.
- Both seclusion and restraint rates varied over the reporting year.

### 3. **Trillium Family Services – Portland Campus (Parry Center)**

- In 2025, the seclusion rate was 29.6 per 1,000 patient days, a 57.4% decrease from 2024 (69.5). The restraint rate declined to 332.6 per 1,000 patient days, a 29.9% decrease from 474.5 in 2024.
- Over the reporting period (2018-2025), reported seclusion rates ranged from 29.6 to 92.6 seclusions per 1,000 patient days, with the lowest rate observed in 2025 and the highest in 2022. Reported restraint rates ranged from 105.5 to 592.3 per 1,000 patient days, with the lowest in 2019 and the highest in 2022.
- Both seclusion and restraint rates generally increased in the earlier years, reaching a high point in 2022, and showed a downward trend from 2023 through 2025.

## Psychiatric Residential Treatment Services

Seven facilities report seclusion and restraint rates for PRTS level of care:

### 1. **Jasper Mountain – SAFE Center**

- In 2025, the seclusion rate was 0.0 per 1,000 patient days, indicating no reported seclusion events. The 2024 seclusion rate is also 0.0 per 1,000 patient days. The restraint rate increased to 226.5 per 1,000 patient days, a 283.9% increase from 59.0 in 2024.
- Over the reporting period (2018-2025), seclusion rates were consistently 0.0 seclusions per 1,000 patient days. Restraint rates ranged from 16.6 to 226.5 per 1,000 patient days, with the lowest in 2022 and the highest in 2025.
- Since this facility does not have seclusion rooms, seclusion rates remained at 0.0 throughout the reporting period. Restraint rates generally increased in earlier years and decreased in 2022 and increased again from 2023 through 2025.

### 2. **Jasper Mounter Center**

- In 2025, the seclusion rate was 0.0 per 1,000 patient days, indicating no reported seclusion events. The 2024 seclusion rate is also 0.0 per 1,000 patient days. Restraint rate increased to 201.1 per 1,000 patient days, a 20.0% increase from 167.6 in 2024.
- Over the reporting period (2018-2025), seclusion rates were consistently 0.0 seclusions per 1,000 patient days. Restraint rates ranged from 21.2 to 201.1 per 1,000 patient days, with the lowest in 2020 and the highest in 2025.
- Since this facility does not have seclusion rooms, seclusion rates remained at 0.0 throughout the reporting period. Restraint rates fluctuated over the reporting period, with an overall upward trend in recent years.

### 3. **Looking Glass Regional Crisis East**

- This facility only began reporting in 2025. Seclusion rate was 5.3 per 1,000 patient days and restraint rate was 124.8 per 1,000 patient days.

#### 4. **Looking Glass Regional Crisis West**

- In 2025, seclusion rate was 13.1 per 1,000 patient days, a 197.7% increase from 2024 (4.4). Restraint rate increased to 237.1 per 1,000 patient days, a 291.9% decrease from 60.5 in 2024.
- Over the reporting period (2018-2025), reported seclusion rates ranged from 1.4 to 13.1 seclusions per 1,000 patient days, with the lowest rate observed in 2020 and the highest in 2025. Restraint rates ranged from 39.1 to 237.1 per 1,000 patient days, with the lowest in 2023 and the highest in 2025.
- Both seclusion and restraint rates varied over the reporting year.

#### 5. **Madrona Recovery**

- This facility began reporting in 2024. In 2025, the seclusion rate was 0.0 per 1,000 patient days, indicating no reported seclusion events. The 2024 seclusion rate is also 0.0 per 1,000 patient days. Restraint rate was 4.3 per 1,000 patient days. The 2024 restraint rate is suppressed and cannot be compared.

#### 6. **Trillium Family Services – Corvallis Campus (Children’s Farm Home)**

- In 2025, seclusion rate was suppressed as well as in 2024. Restraint rate decreased to 15.2 per 1,000 patient days, a 30.6% decrease from 21.9 in 2024.
- Over the reporting period (2018-2025), reported seclusion rates ranged from 0.8 to 2.4 seclusions per 1,000 patient days, with the lowest rate observed in 2019 and the highest in 2021. Restraint rates ranged from 5.3 to 43.3 per 1,000 patient days, with the lowest in 2018 and the highest in 2022.
- Both seclusion and restraint rates varied over the reporting year.

#### 7. **Trillium Family Services – Portland Campus (Parry Center)**

- In 2025, seclusion rate was 1.7 per 1,000 patient days, a 41.4% decrease from 2024 (2.9). Restraint rate increased to 54.0 per 1,000 patient days, a 34.8% decrease from 82.8 in 2024.
- Over the reporting period (2018-2025), reported seclusion rates ranged from 1.5 to 7.8 seclusions per 1,000 patient days, with the lowest rate observed in 2019 and the highest in 2023. Restraint rates ranged from 21.3 to 119.7 per 1,000 patient days, with the lowest in 2020 and the highest in 2023.
- Both seclusion and restraint rates varied over the reporting year.

## Day Treatment

Twenty facilities report seclusion and restraint rates for day treatment level of care:

- Seclusion rates were consistently low, with most facilities reporting 0.0 per 1,000 patient days and several years suppressed due to small counts (numerator < 5, excluding 0).
- Restraint rates were reported for most facilities and showed variability across the reporting period, ranging from 0.0 to 195.9 per 1,000 patient days.
- Overall, seclusion rates were mostly 0.0 per 1,000 patient days or suppressed, while restraint rates fluctuated over time within facilities, with values rising and falling across different years, as shown in the dashboard.