

2018 - 2020

Children's Seclusion and Restraint Report



Introduction

Background

There are many misconceptions regarding involuntary Seclusion and Restraint (S&R) practices in mental health intensive treatment facilities. In the past, these interventions were perceived as a therapeutic way to create a safer, more secure environment for consumers and staff. On the contrary, research has shown that S&R:

- Can pose psychological and physical risks to both consumers and staff (U.S. Department of Health and Human Services, 2010).
- Can have serious consequences including physical repercussions, mental repercussions and death. There is no evidence that involuntary S&R is effective in reducing problem behaviors in children (U.S. Department of Education, 2012).

The U.S. Department of Health and Human Services has aimed to promote alternatives to involuntary S&R (U.S. Department of Health and Human Services, 2010). The United States, and Oregon, measure the number of S&R instances in child-caring agencies. Measuring utilization of S&R is important for tracking trends in use, monitoring progress towards elimination, and quality improvement.

Senate Bill 710 summary

The 2021 Oregon Legislature passed [Senate Bill 710](#) (SB 710) to further regulate the use S&R in child caring agencies. S&R should only be used when:

- A child's behavior poses a reasonable risk of imminent serious bodily injury to the child or others, and
- A less restrictive intervention would not effectively reduce the risk, and
- After attempts at de-escalation have failed.

Child-caring agency staff must be trained in lawful S&R practices in order to use S&R during a child's care. SB 710 modifies the allowed use of S&R of children in care and by certain programs. The bill imposes increased reporting requirements.

About this report/moving forward

This report displays the current S&R data available by child-caring agency within the Child and Family Behavioral Health Intensive Psychiatric service levels of care. Moving forward, SB 710 will require child-caring agencies to report more data on S&R including:

- Total number of involuntary seclusions in a locked room,
- Total number of rooms available for use by the program for involuntary seclusion,
- Total number of incidents of S&R that resulted in reportable injury,
- Number of children in care placed in S&R more than three times in a three-month period, and
- The demographic characteristics of children placed in S&R.

These data will be reflected in future reports related to SB 710.

Key terms

Child-caring agency: Any private school, private agency, private organization or county program providing day treatment for children with emotional disturbances, adoption placement services, residential care, outdoor youth programs, or other similar care or services for children.

Involuntary seclusion: The confinement of a child in care alone in a room from which the child in care is prevented from leaving by any means.

ITS: Intensive Treatment Services

PDTS: Psychiatric Day Treatment Services

PRTS: Psychiatric Residential Treatment Services

Restraint: The physical restriction of a child in care's actions or movements by holding the child in care or using pressure or other means.

S&R: Involuntary Seclusion & Restraint

SCIP: Secure Children's Inpatient Treatment Programs

SAIP: Secure Adolescent Inpatient Treatment Programs

Sub-Acute Psychiatric Care: Services that are provided by nationally accredited providers to children who need 24-hour intensive mental health services.

What are rates and how are they calculated?

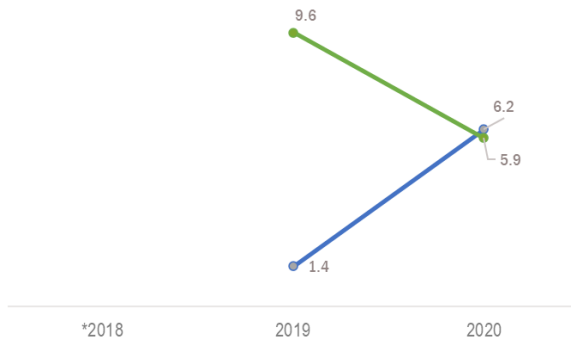
A *rate* is a measure of the frequency with which an event occurs in a defined population over a specified period of time. For example, an involuntary seclusion rate of 3.4 per 1,000 patient days means that for every 1,000 patient days, 3.4 involuntary seclusions occur. Rates make it possible to compare S&R data across different facilities because it is adjusted for the total number of patient days that occurred in the facility.

Seclusion Rate = number of seclusions / total patient days * 1,000

Restraint Rate = number of restraints / total patient days * 1,000

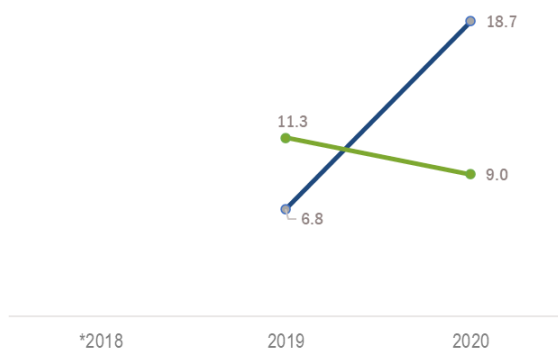
Hospitalizations

OHSU Seclusion and Restraint Rates



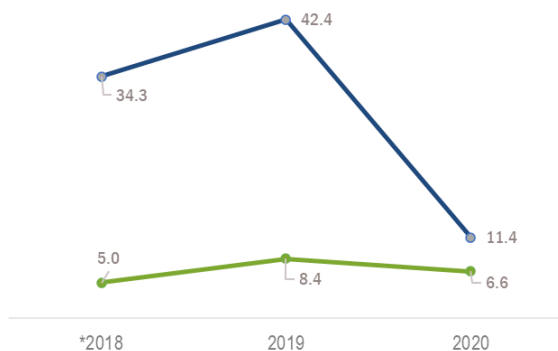
Seclusion			Restraint		
2018*	2019	2020	2018	2019	2020
	1.4	6.2		9.6	5.9

Providence Willamette Falls Seclusion and Restraint Rates



Seclusion			Restraint		
2018*	2019	2020	2018	2019	2020
	6.8	18.7		11.3	9.0

Unity Center for Behavioral Health Seclusion and Restraint Rates

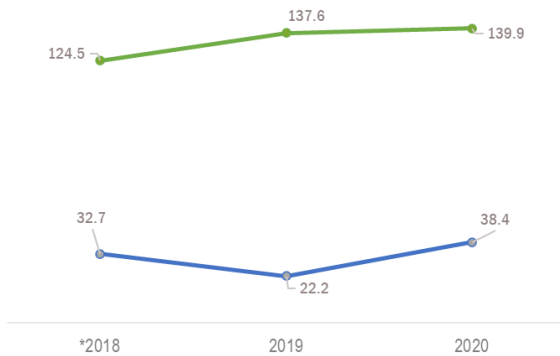


Seclusion			Restraint		
2018	2019	2020	2018	2019	2020
34.3	42.4	11.4	5.0	8.4	6.6

*blank cells indicate missing data

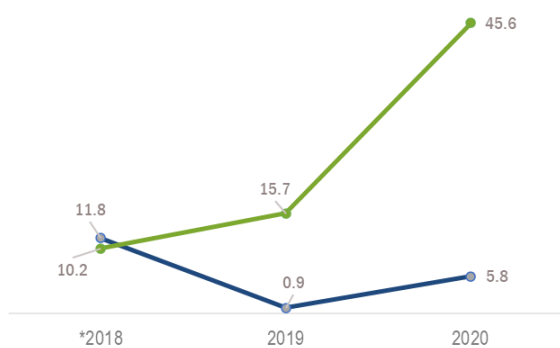
Sub-acute

Albertina Kerr Seclusion and Restraint Rates



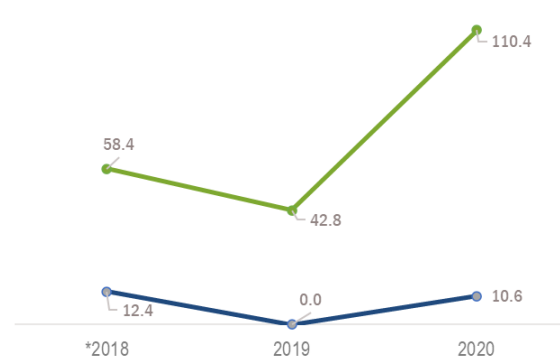
Seclusion			Restraint		
2018	2019	2020	2018	2019	2020
32.7	22.2	38.4	124.5	137.6	139.9

Trillium: Children's Farm Home Seclusion and Restraint Rates



Seclusion			Restraint		
2018	2019	2020	2018	2019	2020
11.8	0.9	5.8	10.2	15.7	45.6

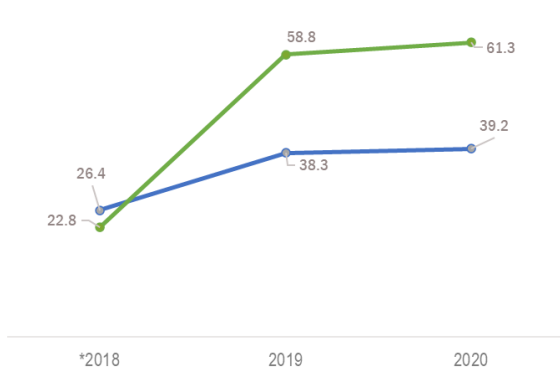
Trillium: Parry Center for Children Seclusion and Restraint Rates



Seclusion			Restraint		
2018	2019	2020	2018	2019	2020
12.4	0.0	10.6	58.4	42.8	110.4

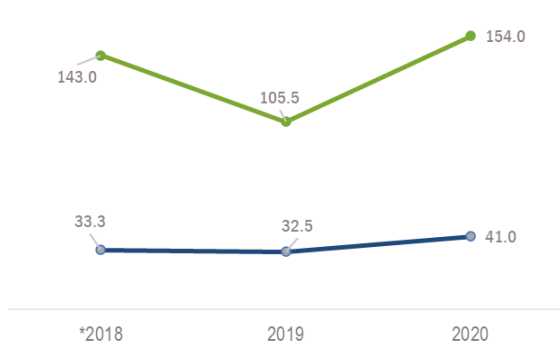
SCIP/SAIP

Trillium: Children's Farm Home **Seclusion** and **Restraint** Rates



Seclusion			Restraint		
2018	2019	2020	2018	2019	2020
26.4	38.3	39.2	22.8	58.8	61.3

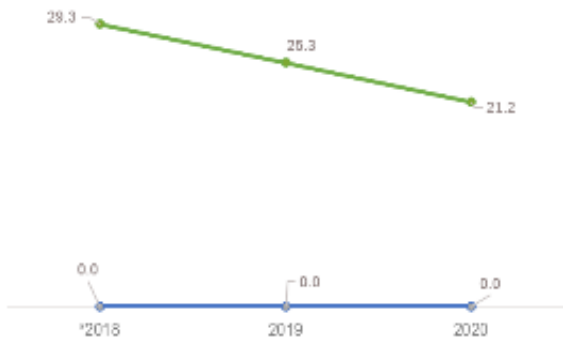
Trillium: Parry Center for Children **Seclusion** and **Restraint** Rates



Seclusion			Restraint		
2018	2019	2020	2018	2019	2020
33.3	32.5	41.0	143.0	105.5	154.0

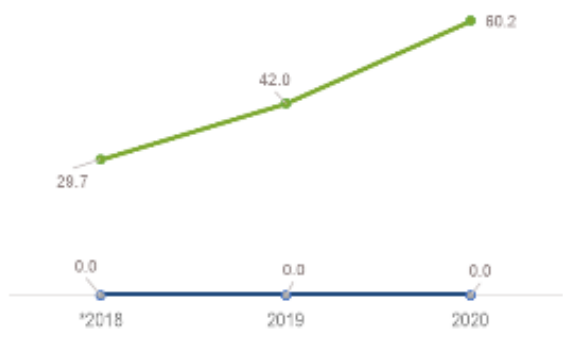
PRTS

Jasper Mountain Center Seclusion and Restraint Rates



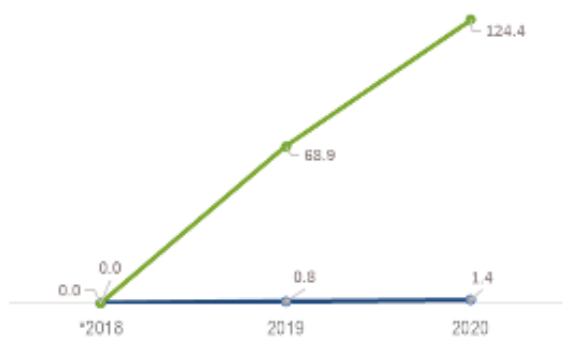
Seclusion			Restraint		
2018	2019	2020	2018	2019	2020
0.0	0.0	0.0	29.3	25.3	21.2

Jasper Mountain SAFE Center Seclusion and Restraint Rates



Seclusion			Restraint		
2018	2019	2020	2018	2019	2020
0.0	0.0	0.0	29.7	42.0	60.2

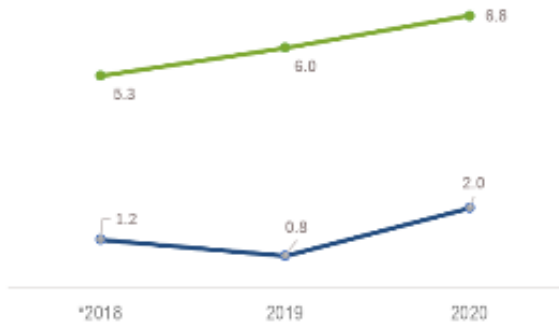
Looking Glass Seclusion and Restraint Rates



Seclusion			Restraint		
2018	2019	2020	2018	2019	2020
0.0	0.8	1.4	0.0	68.9	124.4

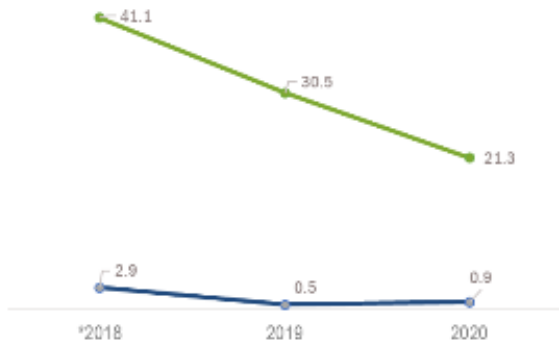
*blank cells indicate missing data

Trillium: Children's Farm Home **Seclusion** and **Restraint** Rates



Seclusion			Restraint		
2018	2019	2020	2018	2019	2020
1.2	0.8	2.0	5.3	6.0	6.8

Trillium: Parry Center for Children **Seclusion** and **Restraint** Rates



Seclusion			Restraint		
2018	2019	2020	2018	2019	2020
2.9	0.5	0.9	41.1	30.5	21.3

*blank cells indicate missing data

PDTS

Overall PDTS Seclusion and Restraint Rates

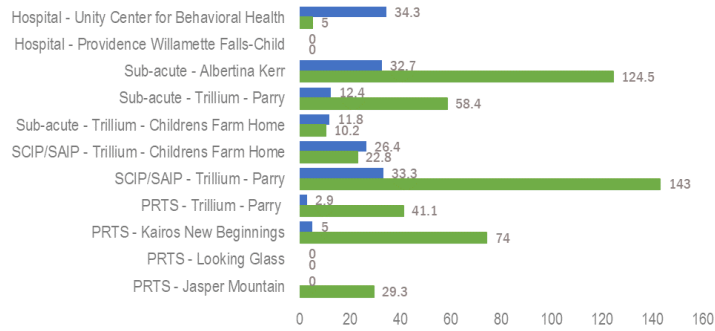


Seclusion			Facility Name	Restraint		
2018*	2019*	2020*		2018*	2019*	2020*
		0.0	Center for Human Development, Inc.			0.3
0.5	0.0		CHD – Rising Stars Day Treatment	1.6	0.5	
0.0	0.0	0.0	Compass Behavioral Health – TLC – North	18.2	78.7	865.9
0.0	0.0		Compass Behavioral Health – TLC – Roseburg	38.2	49.5	
0.0	0.0	0.0	Compass Behavioral Health – TLC – South	33.6	48.3	361.4
	0.0	0.0	Compass Behavioral Health – TLC – Winchester		265.3	265.3
0.0	0.0	0.0	Family Solutions – Ashland	43.5	42.0	3.7
0.0	0.0	0.0	Family Solutions – Grants Pass	45.8	24.6	8.3
	0.0	0.0	Kairos Coastline – Elementary		16.4	17.2
0.0	0.0	0.0	Kairos Coastline – Middle School	33.9	9.8	1.4
0.0		0.0	Kairos New Beginnings	66.5		7.3
15.7	0.0	0.0	Klamath Youth Development Center	15.2	17.9	19.3
0.0	0.0	0.0	LCSNW – Hope Academy	37.7	30.2	0.0
16.1	15.2	4.5	Lifeways	21.5	21.2	5.6
		3.0	LifeWorks NW (Tigard)			62.4
127.6	0.0		LifeWorks – NW Adolescent and Children (Scoffins)	195.9	1.2	
	7.5		OHSU		3.2	
29.9	81.0	13.4	Olalla Center	22.8	4.2	13.4
0.0	0.0	0.0	Old Mill	0.0	0.0	0.0
0.5	0.3	0.0	Polk Adolescent Day Treatment	0.5	0.7	1.5
0.0	0.0		Symmetry Care, Inc.	0.0	0.0	
0.0	0.0	0.0	The Child Center	1.8	4.5	2.1
	0.0	0.0	The Next Door, Inc.		0.0	0.0
0.0	0.0	0.0	Trillium – Edwards School	83.1	50.0	21.8
0.0	0.0	0.0	Trillium – Northpoint	25.0	29.9	1.9
		6.5	Trillium – Parry			84.5
			Trillium - Sagebrush			

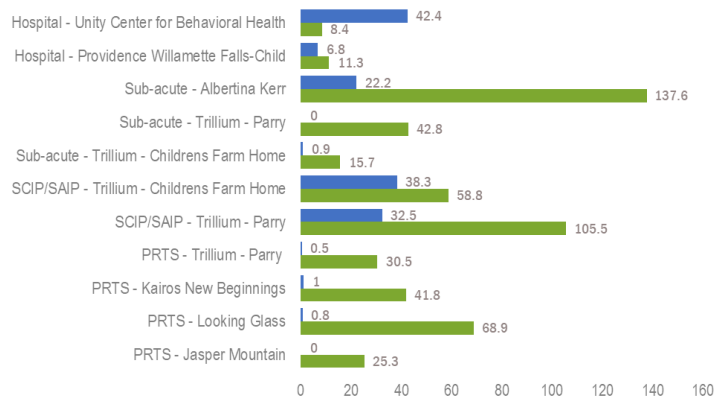
ITS Facilities Annual Rates

ITS facilities licensed to utilize S&R will be major players in the ITS data for SB 710 moving forward.

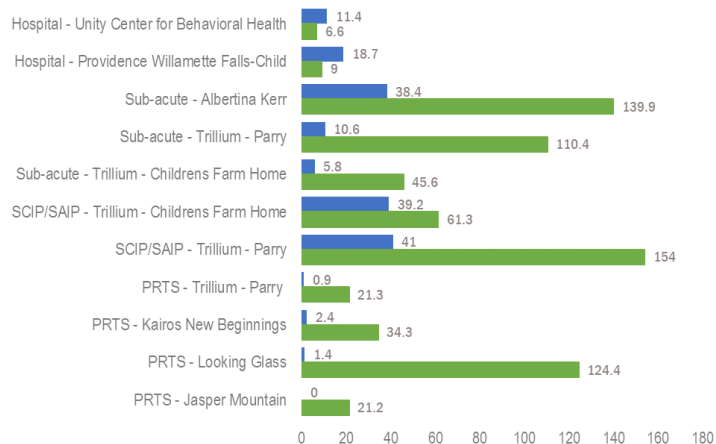
Seclusion and Restraint Rates for 2018



Seclusion and Restraint Rates for 2019



Seclusion and Restraint Rates for 2020



ITS Seclusion and Restraint Rates

Seclusion			Facility Name	Restraint		
2018*	2019	2020		2018*	2019	2020
34.3	42.4	11.4	Hospital - Unity Center for Behavioral Health	5.0	8.4	6.6
	6.8	18.7	Hospital - Providence Willamette Falls-Child		11.3	9.0
32.7	22.2	38.4	Sub-acute - Albertina Kerr	124.5	137.6	139.9
12.4	0.0	10.6	Sub-acute - Trillium - Parry	58.4	42.8	110.4
11.8	0.9	5.8	Sub-acute - Trillium - Childrens Farm Home	10.2	15.7	45.6
26.4	38.3	39.2	SCIP/SAIP - Trillium - Childrens Farm Home	22.8	58.8	61.3
33.3	32.5	41.0	SCIP/SAIP - Trillium - Parry	143.0	105.5	154.0
2.9	0.5	0.9	PRTS - Trillium - Parry	41.1	30.5	21.3
5.0	1.0	2.4	PRTS - Kairos New Beginnings	74.0	41.8	34.3
	0.8	1.4	PRTS - Looking Glass		68.9	124.4
0.0	0.0	0.0	PRTS - Jasper Mountain	29.3	25.3	21.2