

Trauma Focused – Cognitive Behavioral Therapy (TF-CBT) Training

Sponsored by the Oregon Health Authority (OHA)

Overview:

Trauma Focused-Cognitive Behavioral Therapy (TF-CBT) is a highly rated, evidence-based therapy designed to treat children ages 3-17 who have experienced trauma. TF-CBT treats children with an array of trauma histories, including children with multiple and complex traumas in their lives. To learn more about TF-CBT, please visit: <https://tfcbt.org/>

This course is designed for mental health professionals who work with children who have experienced trauma. It is an intermediate level course.

COST AND PREREQUISITES:

No charge: This registration includes up to 20 hours of virtual training and up to a year of consultation, a \$600 value.

(Participants are responsible for Pre-training expenses of approx. \$75, and Post training certification expenses for licensed therapists approx. \$250)

Prerequisites:

Proof of the following must be uploaded via the registration site described above.

- 1) Must complete the TF-CBT web-based learning course prior to this 2-day training.
 - TF-CBTweb can be found at <https://tfcbt2.musc.edu/>
 - This web-based training provides 11 CEs and costs an additional \$35
 - You will be asked to upload your completion certificate prior to checking in to the 2-day training
 - The completion certificate does not expire. If you completed the course XX years ago, just print out a copy of your certificate and upload it via the website instructions.
- 2) Purchase the TF-CBT manual, Treating Trauma and Traumatic Grief in Children and Adolescents 2nd edition. Cohen, Mannarino, and Deblinger. Upload your receipt.
- 3) Upload proof of license and/or QMHP certificate
- 4) Sign attestation statement
 - ✓ Provides direct behavioral health services to Medicaid eligible children and families;
 - ✓ Intends to complete the TF-CBT training within 12 months;
 - ✓ If licensed, will apply for certification. Certification requirements: <https://tfcbt.org/tf-cbt-certification-criteria/> ;
 - ✓ Has a weekly caseload of at least 5 children or youth who would benefit from TF-CBT; and
 - ✓ Intends to utilize TF-CBT in its entirety and with Fidelity (according to the researched protocols and procedures) when providing behavioral health services to 10 or more children and families within the 12 months following TF-CBT Initial Virtual Training

This is a Virtual event. We will use the Zoom platform, and an invitation will be sent to registrants closer to the conference. Virtual requirements:

- 1) Participants must have a device that allows for both audio and visual transmission
- 2) Participants must be visible on the screen for the full training (minus planned breaks, of course!)

DATES AND REGISTRATION*:

Option 1 (October 2020)	Tues 10/27 – Fri 10/30 (4 day version)	9:00 – 12:30 Pacific time
Option 2 (December 2020)	Wed 12/2 – Fri 12/4 (3 day version)	10:00 – 4:00 Pacific time

Go to www.tfcbtconsulting.com

- ✓ Click on “Registration”
- ✓ Scroll down to the “Oregon Health Authority” section of the page
- ✓ Upload the requested documentation (TFweb, receipt, license/QMHP, attestation)

*You will receive an email confirmation of your registration within 1 week of uploading your completed application.

The content and total training hours are the same in each option. Each cohort will hold up to 25 registrants Three additional training cohorts will be offered in 2021. Dates and times TBA.

TRAINER: ALICIA MEYER, PH.D.

Dr. Meyer is a nationally certified TF-CBT trainer. She is the Executive Director of a non-profit agency devoted to the assessment and treatment of traumatized children. She is also the former Director of Mental Health at multiple Child Advocacy Centers (CAC) and an expert in trauma informed care for children. She often teaches these principles to community providers, the courts, child protection agencies, and States Attorneys. Her areas of expertise include child maltreatment and healthy parenting practices, and she conducts forensic assessments related to these issues. She is also often called upon to provide expert witness testimony to the courts.

TRAINING OBJECTIVES:

- a. Identify at least 3 ways that trauma impacts child development
- b. Be able to reference at least 3 pieces of research discussing the evidence supporting the use of TF-CBT
- c. Identify and describe the rationale for each component of the TF-CBT model
- d. Describe 2-3 strategies to accomplish the goals of the Stabilization phase
- e. Describe 2-3 strategies to accomplish the goals of the Trauma Narrative phase
- f. Describe 2-3 strategies to accomplish the goals of the Integration phase

CONTINUING EDUCATION:

CEUs: Psychologists: 13 CEs. Alicia’s Place is approved by the American Psychological Association to sponsor continuing education for psychologists. Alicia’s Place maintains responsibility for this program and its content.
- Social Workers: Trauma Focused - Cognitive Behavioral Therapy (TF-CBT) 2-Day Training, Course #2699, is approved by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program to be offered by Alicia’s Place as an individual course. Individual courses, not providers, are approved at the course level. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. ACE course approval period: 10/16/2019 - 10/16/2021

Please contact Dr. Meyer at tfcbt@aliciasplace.org or 301-351-7257 for questions about the course or to make ADA accommodation requests. You may also contact Laurie Theodorou, LCSW; OHA Child and Family Behavioral Health, for any additional questions.