

# A Time for Families: Help us improve Oregon's Child and Family behavioral health system by telling us about your experiences.

## Weekly drop-in hour for parents and family members

### Do you have questions about getting the right services for your child?

Share your questions and concerns about mental health and addiction services for children and young people.

### How can we better support your family?

Share suggestions for how we can help youth, young adults, and their families get the right service at the right time for the duration needed.

### Join the Oregon Health Authority each Thursday from noon to 1 p.m.

Join Child and Family Behavioral Health Director Chelsea Holcomb and System of Care Policy Strategist Hilary Harrison, who is also a family member. A Reach Out Oregon Parent Warmline representative attends and can follow up specific immediate concerns.

- Join [Zoom online \(mobile or PC\)](#)
- Join by phone: 1-669-254-5252 | Meeting ID: 161 147 2732 | Passcode: 148750

OHA welcomes all participants. If you have any questions about accommodations or need any assistance to participate please ask [Hilary Harrison](#) (503-209-1949 voice/text). All relay calls are accepted. We welcome non-English speakers and request 2 to 3 days advance notice to ensure we have interpretation services in place.