

Young Adults in Transition Residential Treatment Home Application Form

Young Adults in Transition (YAT) Residential Treatment Homes (RTH) are for young adults (17.5 to 25 years old) who experience complex behavioral health challenges.

YAT RTHs provide 24-hour supervision and support focusing on helping residents develop the skills needed to manage their mental health symptoms and transition into adulthood.

Services and supports include, but are not limited to:

- Therapy and medication management
- Case Management to connect to additional services as needed (i.e. supported employment, etc.)
- Skill development focusing on:
 - Self-managing emotions and mental health symptoms
 - Nutrition, personal hygiene, clothing care and grooming
 - Managing physical or health problems as needed
 - Money and household management
- Communication skills for social, health care, community resources
- Recreational and social activities

There are currently seven YAT RTHs across the state:

City	YAT RTH Name	Operated by:
Albany	Sender House	Trillium Family Services
Eugene	Tempo	Kairos
Grants Pass	Momentum	Kairos
Pendleton	New Roads	Columbia Care
Portland	Firefly	Cascadia Behavioral Health
Salem	Cadenza	Kairos
Tigard	Zenith House	Lifeworks NW

Application Process:

Referral application form (please complete all pages) and supporting clinical documentation is sent to Oregon Health Authority (OHA). OHA will send out referral to all or specified YAT RTH homes for review. The YAT RTH program will review the referral and reach out to the contact listed in the referral for additional information or to schedule an interview/screening if they feel the applicant would be a good fit for their program.

Please submit referral application and clinical documentation to Jessica Stout at Jessica.L.Stout@dhs.oha.state.or.us or fax to 503-947-5043 – Attn: Jessica Stout.

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Checklist

Applicant's Name: _____

Primary Diagnosis(es): _____

(Please write out diagnoses)

	Yes	No
Does the applicant have a significant history of psychiatric treatment?		
Does the applicant have an extended history of incarceration?		
Can applicant be reasonably expected to reside safely in the community?		
Does the applicant have the capacity to develop independent living skills?		
Does the applicant want to develop independent living skills?		

Funding:

What is applicant's source of funding?

SSI: \$ _____ SSDI: \$ _____ Other: \$ _____ Source: _____

If the applicant is not currently funded – what has been done to assist applicant in obtaining income?

What is applicant's source for medical coverage? _____

Clinical Documentation (At least 90 days of most recent/current records as available):

	Physician history and physical within past 6 months
	List of current medications, dosages and length of time on medications
	Reports or other consultations
	Current psychosocial assessment
	Two weeks of current progress notes
	Current psychological assessment (if available)
	Current psychiatric assessment and 6 months care history
	Consent(s) for release of information

PPD Test within 12 months: Positive _____ Negative _____ Date of Test _____

Does the applicant have any medical, physical health concerns, or special dietary needs? If yes, please provide detail:

Does the applicant need "line of site" supervision? If yes, please explain: _____

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Applicant Information

Legal Name: _____ DOB: _____

Preferred Name: _____ Sex: _____

Gender Identity: _____ Identified Pronoun: _____

Race/Ethnicity: _____ Preferred Language: _____

County of Responsibility: _____

Do you currently receive SSI/SSDI? _____ Amount Monthly: _____

Other Financial Resources: _____

Does someone manage your money? _____ Do you have a legal guardian? _____

Please list name(s) and contact information for conservator/payee/legal guardian (if applicable): _____

Are you OHP Eligible? _____ DSO/Prime (Medicaid) #: _____

Primary Insurance: _____ Secondary Insurance: _____

What is your current Location (i.e. Oregon State Hospital, Respite, Secure Adolescent Inpatient Program (SAIP), shelter, etc.)?

What was your housing situation prior to current placement? _____

Do you have picture ID? _____ Social Security Card? _____ Birth Certificate? _____

Do you have any accommodations that may be needed (i.e. physical/environmental modifications, language, learning style, etc.)?

Do you have a child and family support team or are there people you would like to identify to provide support and encouragement to you during your transition and treatment? Please identify them and provide contact information:

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Applicant Portion

Please answer the following questions to the best of your ability. These questions will be used to help ensure that the program is a good fit and able to support your specific needs.

What would you like to accomplish during the next 6-12 months?

What are your strengths and interests?

Do you have a diploma or GED?

Are you interested in attending college, completing high school education or receiving vocational training?

Do you have any volunteer or work experience? If yes, please describe:

Are you interested in working as a volunteer to gain work experience? If so, what types of volunteer work are you interested in?

Do you have any cultural or spiritual preferences or needs? If yes, please describe (i.e. specific holidays or traditions, religious practices, etc.):

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Do you have a history of self-injurious, suicidal, or assaultive behavior? If yes, please provide details including dates:

Have you ever been charged with a crime? If yes, please provide detail including nature of charges and dates. (Please provide name and phone number of probation officer, if applicable):

Do you have a history of substance misuse and/or dependence? If yes, please provide details including dates (please include both illicit drug use and legal substances including alcohol, cigarettes, vaping, etc.):

Do you have a history of community-based mental health treatment? Please list services/dates:

What modalities/interventions do you feel have been helpful and what has not worked?

If you are accepted into a Young Adult in Transition Residential Treatment Home, how long do you plan on staying?

Where you would like to live when you move from the Residential Treatment Home?

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Applicant: _____ **Date:** _____

Transition Needs: Please check all areas where you may need assistance or would like to learn more skills.

	Assistance	Learn Skill	No Need
Personal Care			
Grooming			
Laundry			
Basic First Aid and Safety			
Exercise Plan			
Symptom Management			
Medication Management			
Emotion Regulation Skills			
Self Harm			
Suicidality			
Alcohol and Drug Education support			
Relapse Prevention			
Interpersonal Skills			
Building friendships/Relationships			
Healthy Boundaries			
Internet/phone safety			
Nutrition			
Meal Planning			
Grocery Shopping			
Food Preparation/Cooking			
Food Handler's Card			
Community skills			
Utilizing public transportation			
Locating Service Provider Agencies			
Scheduling Appointments			
Socialization/Activities			
Driver's license			
Education/Employment			
School Support (GED, Diploma)			
College Support			
Vocational Skills			
Filling out forms/applications			
Money Management			
Budgeting			
Paying Bills			
Managing checking account			
Other			

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Please use space below to tell us why you would like to be considered for a Young Adult in Transition Residential Treatment Home. Please describe any service needs not already listed. Include information about what things you think might be hard for you and how you think others can be most helpful to you.

I am applying for the opportunity to live in a Young Adult in Transition group home. I understand I will have to follow the rules of the home and actively work toward becoming an independent and productive adult in order to remain in the home if I am accepted. I authorize the agencies involved in this decision to contact my identified "support team" members for the purpose of getting their recommendations and to assist us in developing a care plan with me.

Applicant Signature: _____ **Date:** _____

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Agency/Provider Portion (to be completed by someone who knows the person well such as therapist, DHS caseworker, wrap facilitator, Probation Officer, etc.).

What do you feel the applicant would like to accomplish during the next 6-12 months?

What do you feel are the applicant's strengths and interests?

Does the applicant have a history of self-injurious, suicidal, or assaultive behavior? If yes, please provide details including dates:

Does the applicant have a history of or current legal charges? If yes, please provide details including nature of charges and dates (please include contact information if currently under legal supervision):

Does the applicant have a history of substance misuse and/or dependence? If yes, please provide details (please include both illicit drug use and legal substances including alcohol, cigarettes, vaping, etc.):

Does the applicant have a history of community-based mental health treatment? If yes, what modalities have best met the applicants needs and what has not worked?

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Applicant: _____ **Date:** _____

Transition Needs: Please check all areas where applicant may need assistance or may need to learn more skills.

	Assistance	Learn Skill	No Need
Personal Care			
Grooming			
Laundry			
Basic First Aid and Safety			
Exercise Plan			
Symptom Management			
Medication Management			
Emotion Regulation Skills			
Self Harm			
Suicidality			
Alcohol and Drug Education support			
Relapse Prevention			
Interpersonal Skills			
Building friendships/Relationships			
Healthy Boundaries			
Internet/phone safety			
Nutrition			
Meal Planning			
Grocery Shopping			
Food Preparation/Cooking			
Food Handler's Card			
Community skills			
Utilizing public transportation			
Locating Service Provider Agencies			
Scheduling Appointments			
Socialization/Activities			
Driver's license			
Education/Employment			
School Support (GED, Diploma)			
College Support			
Vocational Skills			
Filling out forms/applications			
Money Management			
Budgeting			
Paying Bills			
Managing checking account			
Other			

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Please use space below to tell us why you would like the applicant to be considered for a Young Adult in Transition Residential Treatment Home. Please describe any service needs not already listed. Include information about past approaches that have been successful around applicants needs or concerns the team has regarding discharge planning:

Contact Person: _____ Date Referred: _____

Agency: _____ Phone #: _____