

SOCAC

System of Care Advisory Council

Date: December 31, 2023

To: Governor Tina Kotek
Senate Interim Committee on Human Services
House Interim Committee on Early Childhood and Human Services
Senate Interim Committee on Education
House Interim Committee on Education
Senate Interim Committee on Health Care
House Interim Committee on Behavioral Health and Health Care
Senate Interim Committee on Housing and Development
House Interim Committee on Housing and Homelessness

From: Adam Rodakowski and Annette Majekodunmi, Co- Chairs System of Care Advisory Council

2023 System of Care Advisory Council Fiscal Report: Executive Summary

The System of Care Advisory Council (SOCAC) was established by the Oregon Legislature in 2019 to improve the effectiveness of state and local systems of care that provide services to youth, ages 0 – 25. The SOCAC provides a centralized and impartial forum for statewide policy development, planning, and funding strategy recommendations.

The primary duty of the council is to develop and maintain System of Care (SOC) related policy and a comprehensive, long-range plan that encompasses health systems, child welfare, education, juvenile justice, public health, and services and supports for young people with mental health, substance use disorders and/or intellectual and developmental disabilities (I/DD).

SOCAC is required by SB 4 (2021) to submit a joint report to the interim committees of the Legislature relates to youth, describing moneys appropriated to or otherwise made available to the department, the authority, or the council in the preceeding biennium for the purpose of providing, or providing access to, the following services and supports: in-home behavioral health services, crisis and transition services, therapeutic foster care, in-home family supports, and the integration of those services with existing programs of residential services for individuals aged 0 – 25 with behavioral health needs and intellectual/developmental disabilities. The 2023 SOCAC Fiscal Report contains information from ODHS, OHA, and SOCAC regarding allocations and expenditures for those services. The full Report can be found at <https://www.oregon.gov/oha/HSD/BH-Child-Family/Pages/System-of-Care.aspx> under Reports and Recommendations.

The 2023 Fiscal Report covers the 2021-2023 biennial budget investments in SOCAC (\$5,164,175 allocated and spent), Mobile Response and Stabilization Services (\$6.5M invested in 2021-2023); Crisis and Transition Services (a discontinued program which is no longer funded by the Legislature);

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Interdisciplinary Assessment Teams (minimal expenditures in 2021-2023); Child Welfare in-home services (\$14.8M allocated, \$2,077,900 expended); behavioral health treatment foster care (\$666,664 expended); I/DD host homes (\$2,000,000 initial investments, funded ongoing through the ODDS budget).

For questions or more information, please contact Anna Williams, Executive Director, System of Care Advisory Council at anna.k.williams@oha.oregon.gov.

2023 System of Care Advisory Council Fiscal Report

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Background: Established by SB1(2019) and amended by SB4(2021) and SB968(2023)

Update: Q3 2023:

- For the 2021-2023 biennium, a total of \$5,164,175 was awarded to CCOs, Oregon's 9 Federally Recognized Tribes, and small youth or family serving non-profits. These funds were used for a variety of activities which help build and improve systems of care across Oregon. Reports from grantees were submitted in mid-July 2023 and reviewed by the Grants Committee. Final Grant reports are due in mid-January 2024 and will be sent to the Council for review upon request.
- The System of Care data dashboard is publicly available at [dash](#). SOCAC is working with ORRAI to update data use agreements with partner agencies. A Governance Structure, including the agencies which submit data to the Dashboard, was formed to ensure that data shared is presented in a transparent, accurate, and safe (confidential) manner to the public.
- OPA3 Youth & Family Engagement Coordinator position was approved as a special emergency hire by the Governor's Office and is in-process now. SOCAC hopes to have the Youth & Family Engagement Coordinator hired and onboarded by the end of 2023. Their wages and benefits were not funded by the Legislature, so those funds will come out of the previously line item in the SOCAC general budget. This expense was already approved by a vote of the full Council.
- OHA's office of Health Policy & Analytics (HPA) is working in partnership with SOCAC to hire an RA4 (Research Analyst) to help with outcomes research, collating and interpreting data from the Dashboard for SOCAC use, and other data needs. The position is in the approvals process with DAS and will be paid from the HPA budget, rather than the SOCAC budget. This process has been paused while we await hiring authority approval from DAS.
- The 2023-2025 budget has been confirmed for SOCAC, which includes a small increase over the 2021-2023 allocation. The current biennial budget was allocated at \$6,432,412 from the General Fund. Our spending plan for the biennium has been approved by OHA's fiscal team as voted on by the Council. This budget includes a \$200,000 non-competitive System of Care grant for an urban Tribal Health Center, as well as the grants for local SOC's and Tribal SOC's which have been included in prior budgets.

Funding: \$6.43m for the 2023-2025 biennium.

Oregon Health Authority:

Mobile Response and Stabilization Services (MRSS)

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Background: MRSS will be an expanded version of our current crisis response system focused on providing 24/7 connection for youth and their families and includes immediate face to face response and up to 8 weeks of stabilization services. MRSS will be delivered in the community, as requested by the youth and their family. MRSS teams include both a qualified behavioral health care professional and a qualified mental health associate and/or Peer Support Specialist trained in crisis response.

Update: Q3 2023

- OHA leadership is working on establishing a timeline for the County Mental Health Program (CMHP) to submit and complete their Certification of Approval Process with OHA Licensing and Compliance team.
- CMHPS required to submit first full quarter of data on MCIS and Stabilization Services due to OHSU no later than October 31, 2023. OHSU will then analysis data and submit findings to OHA.
- AOCMHP held the first in person Mobile Crisis Academy for staff on September 12-15, 2023, in Bend, Oregon. Roughly 100 staff attended the training.
- OHA is working with the CMHP Executive Work Group to send out a short survey to the CMHPs specifically around readiness for providing MRSS to youth and status of hiring Family Support Specialists.
- CFBH unit will be offering the following trainings to the MRSS teams and other community partners in 2024: Collaborative Problem Solving, Nurtured Heart Approach and a 6-part workshop on Cultural Humility in Crisis Services.
- Oregon Legislature passed HB 2757, which creates a 40-cent phone tax to generate sustainable fundings to invest in the crisis response system. This legislation also calls for the creation of a committee to oversee the distribution of funds and mandates that the committee include a cross section of members with lived experience as well as other partners from those agencies that are involved with crisis response.

Funding: \$6.5m for the 2021-23 biennium. Remaining Crisis and Transition Services (CATS) funds were added to the 2023 annual contracts to Oregon County Mental Health Programs.

Crisis and Transition Services (CATS)

As of December 31, 2022, CATS as outlined in County Contracts, Service Element 08, is no longer an active Service Element under OHA. The funding budgeted for this program was moved into SE 25A Stabilization Services for youth, young adults and their families.

Interdisciplinary Assessment Teams (IAT)

Background: The Interdisciplinary Assessment Team investment has two goals. The first is to provide rapid access to evaluation, assessment and stabilization services for youth and especially for those who are in child welfare custody and placed in temporary lodging, in emergency department boarding, in shelter care, in county juvenile facilities or in the

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custody of Oregon Youth Authority. The second longer-term goal is to increase statewide education, consultation and telemedicine evaluations, assessment and treatment capacity. This will have a specific emphasis on increasing access to psychiatric and developmental assessments in communities that lack access to providers.

Update: Q3 2023:

- OHA continues to meet with community and system partners to assess the need of the Interdisciplinary Assessment Team (IAT) project and creative ways to move forward.
- Expedited Assessment Services for Youth (EASY) is a modified version of IAT to provide support to our communities who need help now, while we continue to work on another version of IAT. In some situations, the only need is for a full psychological evaluation to help a youth and family. EASY includes a full review of clinical documents, determination of need for testing, conducting full psychological/neuropsychological testing, communication with current clinical providers and (where appropriate) coordination with local Intellectual and Developmental Disabilities intake screening departments for quick determination of eligibility. Services are provided within 7 to 10 days of referral, is mobile within an hour's distance of the provider and insurance blind so anyone can refer.
- Two demonstration projects for EASY have launched, one in Multnomah County, and the other in Deschutes County. Prescreening youth allows us to build relationships with key referral sources and educate providers on who is appropriate for the service.
- Referrals are made through a link on the Oregon Health Authority website and are screened for appropriateness within 24 hours.
- Criteria for referral are youth at risk for Temporary Lodging, involvement with ODHS, OYA, Juvenile Justice, and/or at risk for disrupting out of home/school/community, and/or had a visit to the emergency room for a mental health crisis.
- For youth where there is an unconfirmed possibility of developmental disability a simultaneous referral to developmental disability services screening department will be made.
- The demonstration site in Multnomah County has been providing service since March and successfully supported over 25 youth and families. Deschutes County has served 15 youth since starting in June.
- Since this service is insurance blind, half of the referrals have come from a parent as the referral source.

Funding: A minimal amount has been expended so far. This will increase significantly in the 2023 -2025 biennium as the service gets to full operation.

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Intensive In- Home Behavioral Health (IIBHT)

Background: [Intensive In-Home Behavioral Health Treatment \(IIBHT\)](#) is an intensive community-based alternative to residential treatment and inpatient hospitalization.

Update Q3 2023:

- In 2022 IIBHT served a total of 160 youth. 152 youth have been enrolled into IIBHT services through Q3 2023.
- The community continues to report long waitlists and difficulty accessing IIBHT services across the state.
- During Q3 OHA leadership met with the following CCOs to discuss IIBHT capacity issues: HealthShare Oregon and Trillium
- 2 of the CCOs did not enroll youth into IIBHT services during Q3 (according to data collected via OHSU DAETA Team)
- New: [2023 6month Ombuds Report](#) included recommendations to address barriers to accessibility and increase capacity.

Funding: OHA added additional funding to each of the CCOs global budgets starting in January 2021.

Oregon Department of Human Services

Child Welfare In-home services

Background: Funding will be used to develop service capacity for family preservation, including investment in services outlined in Oregon's Family First Prevention Plan Act prevention plan (FFPSA), Oregon's tribal best practices, and culturally specific service.

Update Q3 2023: Child Welfare (CW) Continues to invest in in-home services that align with family preservation and the agencies FFPSA goals. Current investment activities include:

- Partnering with providers for in-home substance use disorder provides to provide services with the children remain in the home. \$2,077,897 (Through October 2023) expended.
 - One contract with Oregon Social Learning Center for Families Actively Improving Relations (FAIR) implementation and evidence base practice that serves adults with substance abuse disorder with children in the home. Contract supports service by funding. This included travel, additional coaching/supervision, data collection, funds to meet immediate needs, and missed appointments not covered by insurance.
 - Operated in Douglas, Lane, Linn, Benton, and Lincoln Counties
 - Since July 2021 served over 400 families
- \$2 M in grant agreements to Oregon Tribes to support or implement family preservation services

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- Funds allocated to each Tribe according to population based on standard formula. Each tribe develops unique services and supports based on community need

Reports are submitted every six months, the number of families served will be provided in next report

- Services and supports have included:
 - Housing support
 - Parenting and educational services
 - Home visiting
 - Transportation
 - Workshops for addressing family violence
 - Support for evidence-based practices
- Expansion in-home service in connection with ODHS's Family Preservation demonstration sites. Includes:
 - Contracted with 6 additional In-home providers
 - Three to provide in-home service without needing to open Child Welfare Case
 - One for engagement services in connection to relief nursery
 - One for development of Parent Child Interaction Services and Play therapy for African American families.
 - One to provide care coordination and navigation supports similar to wraparound without medical necessity requirements. Focus on supporting Black or African American families at risk of system involvement.
 - Work has primarily been for startup and capacity building. CW expects to see more increasing numbers of youth and families served as startup periods are winding down.
- Began contracting for supports and services connected to the Family First Prevention Services Act (FFPSA) including:
 - Contract for training and technical assistance for Functional Family Therapy and Parents as teachers
 - Beginning to contract with providers to deliver this services .
- Continuing to engage providers around community-based services and supports and identifying opportunities to build additional capacity to meet family needs ahead of CW involvement.
- Recently published Request for Proposal for Peer Mentor program for parents that are involved with Child Welfare. Seeking multiple providers to ensure statewide availability of Parent Mentors. Initial contracts planned to be developed early 2024.

Funding: \$14.8M funded for 2021-2023 biennium.

Total Expenditures: 2,077,900

This number may be updated as invoices are processed, and some funds may be included in 2023-2025 biennium. CW will update as necessary.

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Behavioral Health Treatment Foster Care (BH-TFC)

Background: Development of a level of care to serve youth with intensive behavioral health needs in a home-based setting. The current demonstration project leverages Behavioral Rehabilitation Services Proctor Care providers who have developed formal relationships with Coordinated Care Organizations and mental health providers. Child Welfare will be working with providers and system partners to develop a standardized level of care based on outcomes from the demonstration project.

Update Q2 2023:

- Child Welfare continues to contract with Greater Oregon Behavioral Health Inc (GOBHI) to implement a BH-TFC demonstration project. GOBHI has developed sub-contracts with 6 additional providers. As of July 2023, 39 homes available (35 full time homes and 4 Respite) for BH-TFC and 27 youth currently enrolled in services as of October 31, 2023.
- CW reached agreement with Oregon Youth Authority to reserve 4 homes for youth involved with OYA to ensure that these youth could also benefit from these services

Funding: \$666,664 expended through October 2023

I/DD Host Homes

Background: Host Homes is a service providing safe and structured environments in community family homes for children with intellectual and developmental disabilities with high level of support needs. The licensed family homes and in-residence caregivers are managed by an agency which provides daily services to help children learn skills to be successful and return to their home or the least restrictive environment.

Update Q3 2023: There are currently 8 Host Homes licensed by ODDS and one (1) additional home in the licensing process. There are four (4) youth currently served in Host Homes with an additional youth scheduled to enter on November 17, 2023.

Funding: \$2 M total funds (Oregon General Fund and federal funds) has been appropriated in the Legislatively Approved Budget (LAB) for 2023-25 biennium.

Note: Host Homes are now a part of the ODDS budget and will be funded as they expand, regardless of the initial investment