

Behavioral health recommendations and reports

2014-2019

Report	Recommendations
OHA 2016-2018 Behavioral Health Strategic Plan, 2014	<ul style="list-style-type: none"> • Health equity exists for all Oregonians within the state BH system • People in all regions of Oregon have access to a full continuum behavioral health services • The BH system promotes healthy communities and prevents chronic illness • The BH system supports recovery and life in the community • Only people who meet admission criteria are admitted to OSH and admissions and discharges are performed in a timely manner • AMH operations support the strategic plan
Behavioral Health Town Hall Report, 2015	<p>Town Halls throughout the state with the following themes:</p> <ul style="list-style-type: none"> • Systemic challenges: access, lack of coordination among providers and partners, administrative complexity • Holistic supports needed: housing, employment transportation
Oregon's Prescription Drug Overdose, Misuse, and Dependency Prevention Plan, 2015	<p>The plan provides strategies as part of a framework to reduce prescription opioid overdose, misuse, and dependency:</p> <ul style="list-style-type: none"> • Reduce problematic prescribing practices • Improve safe drug storage and unused medication disposal • Increase and improve infrastructure for naloxone rescue, and naloxone co-prescribing • Provide medication assisted treatment (MAT) for opioid use disorder • Implement routine collection, analysis, and reporting of opioid overdose, misuse, and dependency data. • Provide education and training of the public, providers, health systems, policy-makers on the issues related to opioid overdose, misuse, and dependency • Collaborate with federal and state entities to support the work of the initiative.

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Oregon's Five Year Youth Suicide Intervention and Prevention Plan 2016	<p>Plan to prevent suicide among youth ages 10-24 with 4 Strategic directions, each with goals and objectives:</p> <ol style="list-style-type: none"> 1. Healthy and empowered families, individuals and communities 2. Clinical and community preventative services 3. Treatment and support services 4. Surveillance, research and evaluation
Oregon Chief Justice Task Force on Juvenile Justice and Mental Health 2016	<p>Task force recommendations on structural and legal changes to child serving systems, including:</p> <ul style="list-style-type: none"> • Child serving systems should agree to common principles • Three branches of government should create a Children's Cabinet • Develop legal framework for information sharing • Make efforts to identify and treat children before they reach the juvenile justice system • Screen and connect youth to services when they are referred to juvenile justice • Juvenile departments, CCOs and providers should work together to ensure positive outcomes • Place youth in least restrictive settings possible • Juvenile departments and OYA should ensure that youth have adequate mental health services in the community and CCOs should be mandated to schedule appointments with youth prior to their release from custody

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Oregon Performance Plan 2016	<p>Oregon Health Authority Plan to improve mental health services for adults with serious and persistent mental illness. The Plan was issued after lengthy discussions with the Civil Rights Division of the United States Department of Justice (USDOJ). In the Plan, the Authority commits to several performance outcome measures and to further data gathering and study of certain issues. Oregon also commits to quality and performance improvement measures, and to data reporting. These measures cover a broad array of subjects, including:</p> <ul style="list-style-type: none"> • Assertive Community Treatment Services; • Crisis services; • Supported housing; • Peer-delivered services; • Oregon State Hospital discharges and linkages to services; • Acute psychiatric care discharges and linkages to services; • Emergency department services; • Supported employment services; • Secure Residential Treatment Facility discharges; • Criminal Justice diversion; • Quality and performance improvement; and • Data reporting.
Behavioral Health Collaborative	<ul style="list-style-type: none"> • Governance and Finance – single source of shared accountability through Regional Behavioral Health Collaborative • Develop standards of care and competencies for behavioral health workforce • Complete an Analysis of Oregon's BH Workforce and develop a Recruitment Retention Recommendations for Oregon BH Workforce • Strengthen use of information technology
Oregon Rural and Frontier Health Facility Listening Tour 2017	<p>Overview of Oregon's BH system, types of outpatient and residential BH programs, county overview, access to BH providers.</p>
Core Strategies to Improve Outcomes for Youth and Families in Oregon In a Trauma Informed System 2017	<p>Recommendations address funding, coordination, workforce development, continuum of care, timeliness of care, and use of information technology.</p>

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Mental Health Service Disparities of Latino Oregonians 2017	<ul style="list-style-type: none"> • Integrate physical and behavioral health • Integrate mental health into existing centers in the community settings • Provide services in schools, legal services and churches • Culturally specific services • Increase mental health awareness and education • Increase funding • Community driven solutions and greater collaboration
Multnomah County MH System Analysis , 2018	<ul style="list-style-type: none"> • Engage in ongoing dialogue with service users and their families and other stakeholders to ensure a shared and actionable vision for the mental health system • Establish a director-level lived experience leadership position • Integrate and analyze data on funding and services to support system improvements
OCAC Recommendation for State Support to Establish Peer Run Programs 2018	<ul style="list-style-type: none"> • Ensure peer services are included in services with dedicated funds • Create a peer-delivered service coordinator for each CCO and county • OHA to facilitate provision of technical assistance and work collaboratively with OCAC to establish and advance peer-run respites
Oregon Recovers Framework	<p>Recommendations to the Commissioners of the Alcohol & Drug Policy Commission (ADPC) for the content of a framework for developing a comprehensive addiction recovery strategic plan.</p>
ADPC Scope Framework Preliminary Recommendations 2018	<p>The framework is a guide for a competitive process to select a consultant to develop the APDC strategic plan. Examples in the framework will not necessarily be included in the strategic plan. The objective of the strategic plan is to reduce the significant prevalence of SUDs in Oregon's by preventing new substance abuse disorders and increasing the number of Oregonians in recovery.</p>
House Bill 4143 Report	<p>Oregon insurance commissioner report on access to medication-assisted treatment for substance use disorder. Extensive list of recommendations include recognizing substance use disorders as a chronic condition and integration with primary care.</p>

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Governor's Addictions Whitepaper 2018	<ul style="list-style-type: none"> • Reduce substance use disorder for 75,000 Oregonians in five years through completion and implementation of a statewide survey and strategic plan • Improve standards of care and access to treatment • Fix treatment structures and certification standards • Make key investments in services that support individuals in recovery • Continue to lead in the fight against the opioid epidemic
Areas of Unmet Health Care Needs Report 2019	<p>The report includes nine variables that measure access to primary physical, mental and oral health care. Published annually.</p>
Recruitment Retention Recommendations for Oregon BH Workforce 2019	<p>Comprehensive workforce retention and recruitment strategies are necessary to increase access to high-quality behavioral health providers across the state and address challenges of insufficiency. Proposed recruitment and retention strategies are presented thematically to support solution-based planning efforts that address:</p> <p>Improve equitable geographic distribution of the behavioral health workforce across the state</p> <ul style="list-style-type: none"> • Allocate workforce across different practice settings to meet population needs (i.e., distribute workforce to match presenting need in school-based, primary care, and specialty community settings) • Increase number of licensed and unlicensed behavioral health workforce providing direct services • Develop and support a behavioral health workforce that aligns provider and patient characteristics and needs.
Analysis of Oregon's BH Workforce 2019	<p>Data on BH licensed and unlicensed workforce; includes ratio of providers to population and prevalence data.</p>

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Analysis of Oregon's Publicly Funded Substance Abuse Treatment System 2019	<p>Senate Bill 1041. Oregon Criminal Justice Commission to study and report on the total public funds spent on substance abuse treatment, the outcomes received for that expenditure by type of treatment, and the effect of treatment outcomes on the criminal justice system. Recommendations include:</p> <ul style="list-style-type: none"> • Fix or replace MOTS • Collaborate with private insurers/providers • Track public expenditures and outcomes • Optimize treatment outcomes • Study effectiveness of treatment • Utilize digital therapeutics
Oregon Veterans' Behavioral Health Services Improvement Study 2019	<p>Recommendations to create measurable and achievable improvements in behavioral health care for Oregon veterans within one to five years:</p> <ul style="list-style-type: none"> • Establish statewide veterans behavioral health commission • Fund innovative, cross-sector projects to address treatment gaps • Additional recommendations address coordinated access, outreach and quality of care
Statewide Housing Plan	<p>Priorities for the Oregon Housing and Community Services (OHCS):</p> <ul style="list-style-type: none"> • Equity and racial justice • Homelessness • Permanent supportive housing • Affordable rental housing • Homeownership • Rural communities
2019 Joint Plan to Develop In-State Capacity and Minimize Out-of-state Placements of Children	<p>Senate Bill 171. Department of Human Services and the Oregon Health Authority to submit a joint report summarizing the department's plan to develop appropriate in-state placements for Oregon children and wards and to minimize out-of-state placements.</p>

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Tribal Behavioral Health Strategic Plan – 2019 to 2024	<p>The Oregon Native American Behavioral Health Collaborative developed recommendations and strategies in the following key areas:</p> <ul style="list-style-type: none">• Training and credentialing• Tribal-based practices• Efficient data systems• Tribal consultation• Governance and finance