



**Date:** November 9, 2023

**To:** Oregon Health Plan (OHP) providers  
Coordinated care organizations

**From:** Nathan Roberts, Traditional Programs manager, Medicaid Programs

**Subject:** Billing for covered fall prevention programs with updated telehealth billing requirements

According to [Guideline Note 106 of the Prioritized List of Health Services](#), OHP covers services provided through evidence-based fall prevention programs for any OHP member 65 and older, and anyone younger than 65 with identified falls risk. These include:

- Tai Ji Quan: Moving for Better Balance (also known as Tai Chi: Moving for Better Balance)
- Stepping On: Falls Prevention Program
- The Otago Exercise Program (Otago)
- Walk with Ease Program
- [OHSU's "Matter of Balance" Program](#)

More information about these programs is available on [OHA's Fall Prevention website](#).

### What should you do?

The Oregon Health Authority (OHA) encourages providers to offer or refer members to covered, culturally tailored/appropriate programs. To find local programs:

- Contact your local [public health department](#) or [Aging and People with Disabilities or Area Agency on Aging office](#), or the Oregon Aging and Disability Resource Center (ADRC) at 1-855-673-2372.
- Search for upcoming workshops on [Oregon's list of Healthy Living programs](#).

To bill for covered services, bill the member's CCO. If the member is not in a CCO, bill OHA.

- Use diagnosis code Z91.81 (History of Falling/Risk of Falling) for all fall prevention billing.
- Use the following procedure codes as applicable.
  - CPT 98961: Education and training for patient self-management by a qualified, nonphysician health care professional using a standardized curriculum, face-to-face with the patient (could include caregiver/family) for 2-4 patients, each 30 minutes
  - CPT 98962 (see description 98961): For 5-8 patients, each 30 minutes
  - HCPCS S9451: Exercise classes, non-physician provider, per session
- Telehealth billing as of September 20, 2023: Add modifier 95 for telehealth programs. Use Place of Service code 02 when the member is in a place other than their home. Use Place of Service code 10 when the member is in their home.

## Questions?

- **About fee-for-service billing:** [Contact Provider Services](#) (800-336-6016).
- **About self-management programs for CCO members:** [Contact the member's CCO.](#)

Thank you for your continued support of the Oregon Health Plan and the services you provide to our members.