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Date: February 21, 2020

To: Coordinated care organizations (CCOs)

CCO Behavioral Health Directors County mental health programs

From: Chelsea Holcomb, LCSW Manager

Child and Family Behavioral Health

Subject: Oregon Health Plan coverage of behavioral health treatment for trauma and relationship diagnoses

For children at risk of abuse, trauma or neglect, immediate intervention with the child's primary support group is cost-effective and leads to better behavioral health outcomes. The Oregon Health Authority (OHA) wants to ensure that all partners know that the Oregon Health Plan covers the following codes as primary diagnoses when paired with an appropriate behavioral health treatment code:

Table 1: Primary diagnoses covered on Line 120 of the Prioritized List of Health Services

ICD-10	DSM	Description
Z69.010	V61.21	Mental Health services for victim of child neglect or abuse by parent
Z69.020	V61.21	Mental health services for victim of non-parental child abuse
Z62.820	V61.20	Parent-child relational problem

Table 2: Primary diagnoses covered on Line 444 of the Prioritized List

ICD-10	DSM	Description
Z63.8	V61.8	Other specified problems related to the primary support group
F43.8	309.89	Other specified trauma and stressor-related disorder
		Other reactions to severe stress

This coverage has no age limitations. An individualized assessment and person-centered service plan should drive the number and type of services the member can access.

Why is this happening?

OHA has received questions about whether to accept these diagnosis codes as primary diagnosis codes for behavioral health treatment. OHA verified with the Health Evidence Review Commission that they are covered as primary diagnoses on Lines 120 and 444 of the Prioritized List of Health Services. CCOs should accept, and not deny, claims that list these diagnosis codes as primary to treat conditions paired on Lines 444 and 120.

Questions?

Please email Laurie Theodorou, LCSW, Early Childhood Mental Health Policy Specialist at laurie.l.theodorou@dhsoha.state.or.us.

Thank you for your continued support of Oregon's behavioral health system and the services you provide.