

# Oregon Health Plan coverage of telephone/telemedicine/telehealth services

Information for Oregon Health Plan physical and behavioral health providers

#### What's new?

OHA is expanding coverage of telehealth and telephone services in light of the COVID-19 outbreak. This document summarizes existing and new coverage. New coverage includes:

- A new Health Evidence Review Commission (HERC) guideline clarifying expanded coverage
  of synchronous audio and video, telephone, online (e.g., patient portal) services and providerto-provider consultations for physical and behavioral health (<u>Guideline Note A5</u>).
- Fee-for-service Medicaid is opening additional codes to payments:
  - telephone service evaluation/assessment and management codes for behavioral health providers (retroactive to January 1, 2020)
  - synchronous audio/video visits, online (e.g. patient portal) services and provider-toprovider consultations for physical health providers
- CCOs shall cover telemedicine services identified in HERC guideline note A5 effective March 13, 2020, but OHA encourages CCOs to make this coverage retroactive to January 1, 2020.
- OAR <u>410-130-0610</u> rule language is being revised and vetted through OHA to remove barriers to telemedicine services. A link to the new rule will be provided when published.
- OAR <u>410-146-0085</u> and <u>410-147-0120</u> rule language is being revised to clarify telemedicine encounters for FQHCs and RHCs. A link to the new rule will be provided when published.
- Fee-for-service Medicaid changes are pending claims system configuration. Please allow up to one week to MMIS changes to take effect.
- OHA is actively looking into ways to allow additional services to be provided so that members can access important services for physical and behavioral health.

# Telemedicine/telehealth (e.g., video and patient portal)

#### What is telemedicine/telehealth?

Telemedicine or telehealth services are health care services rendered to patients using electronic communications such as secure email, patient portals and online audio/video conferencing.

### Does the Oregon Health Plan cover telemedicine services?

To be eligible for coverage, telemedicine services must comply with:

- Oregon Administrative Rules (OAR) 410-120-1200 (excluded services and limitations),
- OAR <u>410-130-0610</u> (Telemedicine). This rule is being updated and will be linked to this communication when published with the Secretary of State.
- OAR 410-172-0850 (Telemedicine for behavioral health) and
- <u>Guideline Note A5</u> (Teleconsultations and non-face-to-face telehealth services) from the <u>Prioritized List of Health Services</u>. *This guideline note was updated March 13, 2020.*

#### Does the Oregon Health Plan cover telephone services?

Yes. Telephone calls can be billed for the following services:

- 99441-99443 for providers who can provide evaluation and management services;
- 98966-98968 for other types of providers, including nonphysician behavioral health providers

#### What about CCOs? Does OHA allow CCOs to cover telehealth and telemedicine services?

Yes, subject to Guideline Note A5 for services that are already covered for in-person visits, such as:

- Evaluation and management services (for providers who can perform these services, such as physicians, physician assistants or nurse practitioners), or
- Assessment and management services (for other types of providers including behavioral health providers and dietitians).
- Consultations between providers in a variety of settings (by telephone or other electronic forms of communication)

This is true for both physical health and behavioral health services. CCO contracts require CCOs to ensure that telemedicine credentialing requirements are consistent with OAR 410-130-0610(5).

#### Can I provide telephone/telemedicine services to a CCO member?

Yes. If the service falls under those described in Guideline Note A5 in the HERC guidelines. CCOs may cover additional telephone/telemedicine services. Contact the patient's CCO for specific guidance on their telephone/telemedicine/telehealth services and policies.

#### What telephone/telemedicine codes are covered for physical health services?

- Audio/video telemedicine services with synchronous audio and video, regardless of the
  location of the patient (inpatient, outpatient or community) using ordinary evaluation and
  management codes. For instance, 99201-99215 are covered. See HERC Guideline Note
  Guideline Note A5 (Teleconsultations and non-face-to-face telehealth services) for a list of
  services that can be covered
- Online services (e.g. electronic patient portals). CPT codes include 99421-99423 for physicians, 98970-98972 for non-physicians who can bill evaluation and management services, and G2061-G2063 for assessment and management services by other provider types.
- CPT 99451-99452 and 99446-99449 are available for provider-to-provider consultations.
- Telephone services (CPT codes include 99441-99443 for providers who can provide evaluation and management services; 98966-98968 for other types of providers, including nonphysician behavioral health providers)

Some of these codes have other limitations, such as being only for established patients and not being related to an in-person visit. See industry coding resources for details. Online communications must by encrypted (HIPAA-compliant).

# What codes are covered for behavioral health providers?

#### Telemedicine services (synchronous audio and video)

The <u>fee-for service behavioral health fee schedule</u> lists all codes that include telemedicine reimbursement when billed with modifier GT. These services have been covered for several years. These codes include:

· Psychotherapy,

- Team conferences,
- Crisis psychotherapy,
- Team psychotherapy,
- Mental health assessments,
- Service plan development.
- Substance use disorder services, and
- Peer-delivered services.

To be eligible for telemedicine reimbursement, the behavioral health services must be provided using an audio-video platform and can include services such as Skype, FaceTime, Google Hangouts, etc., if a HIPAA-compliant platform is not available to ensure access during the COVID-19 pandemic. Reimbursement will be the same as for services provided in-person.

# Telephone services (99441-99433, 98966-98968) are new codes for behavioral health providers during the COVID-19 crisis and are configured in MMIS.

Code	Description
98966	Telephone assessment and management service by a qualified nonphysician; 5-10 minutes of medical discussion
98967	11-20 minutes of medical discussion
98968	21-30 minutes of medical discussion
99441	Telephone evaluation and management service by a physician or other qualified health care professional; 5-10 minutes of medical discussion
99442	11-20 minutes of medical discussion
99443	21-30 minutes of medical discussion

These services are only eligible for payment using these codes in the following circumstances:

- The call is initiated by the patient, family member or guardian (initiating a call includes requesting a return call); and
- Not related to an assessment and management service provided within the previous 7 days;
   and
- Not related to an assessment and management service or procedure scheduled to occur within the next 24 hours or soonest available appointment.

If there is a related assessment and management service within the previous 7 days, the next 24 hours or the soonest available appointment, billing for that visit should suffice.

As part of the COVID-19 crisis, OHA is investigating ways to allow behavioral health providers to provide services via telephone. Additional guidance will be forthcoming as we receive approval from the Centers for Medicare & Medicaid Services (CMS).

## I have more questions about telemedicine/telehealth. Who do I call?

If you have questions about OHA's fee-for-service coverage of telephone/telemedicine services, contact Provider Services at 800-336-6016 or dmap.providerservices@dhsoha.state.or.us.

If you have questions about CCO coverage of telephone/telemedicine services, contact the CCO.