

# Memorandum

**To:** Birth doulas

**From:** Nathan Roberts, Health and Professional Services Policy manager

**Date:** May 12, 2025

**Subject:** Fee-for-service billing for members with commercial insurance coverage

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Effective May 1, 2024, birth doulas may bill Oregon Health Authority (OHA) for services to open card (fee-for-service) members with commercial health insurance that does not cover doula services.

For these members, OHA no longer requires doulas to bill the commercial insurer or obtain a denial letter prior to billing OHA.

## What You Should Do.

For doula services provided to OHP members who also have commercial health insurance on or after May 1, 2024:

- **If the commercial health plan does *not* cover doula services**, bill OHA directly.
- **If the commercial health plan *does* cover doula services**, submit the claim to the commercial insurer first. Then, bill OHA as the secondary payer for any remaining eligible charges.
- **Do not bill OHA** if you have already received full payment from the member's commercial health plan.

To learn more about fee-for-service billing, please refer to OHA's [Birth Doula Billing Guide](#).

## Questions?

**About fee-for-service billing:** Please call Provider Services at 800-336-6016 or email [dmap.providerservices@oha.oregon.gov](mailto:dmap.providerservices@oha.oregon.gov).