

Memorandum

To: Oregon Health Plan providers

From: Rusha Grinstead, Medicaid Children and Families Policy manager

Date: Feb. 17, 2026

Subject: Young Adults with Special Health Care Needs (YSHCN) eligibility changes effective Jan. 1, 2026

Oregon Health Authority (OHA) is pleased to share that as of Jan. 1, 2026, eligible young adults through age 21 can access YSHCN benefits. OHA has updated Oregon Administrative Rule (OAR) 410-200-0455 to reflect this change, effective Jan. 1, 2026.

Why is this happening?

In Oregon, one in five children under age 18 has a special health care need. YSHCN allows these young adults to keep their comprehensive EPSDT coverage so they can access the care they need as they transition to young adulthood.

Questions?

For details about YSHCN eligibility and benefits, see the [YSHCN Provider Guide](#). If you still have questions:

- **About fee-for-service (open card) billing**, please contact the Provider Services Unit at dmap.providerservices@oha.oregon.gov or call 800-336-6016.
- **About billing for services to CCO members**, [please contact the member's CCO](#).
- **About the YSHCN program**, please visit the [YSHCN website](#) or contact the YSHCN program at yshcn.info@oha.oregon.gov.

Thank you for your continued support of the Oregon Health Plan and the services you provide to our members.