

# New Federal Rules and Upcoming Changes to the Oregon Health Plan

Changes to Oregon Health Plan (OHP/Medicaid) coverage are coming because of new federal rules included in House Resolution 1 (HR1). HR1 is the 2025 federal budget bill, also known as the One Big Beautiful Bill Act.

## What is important to know now?

- OHP members should respond to renewal letters and keep their contact information updated by going to [Benefits.Oregon.gov](https://Benefits.Oregon.gov).
- Work and other activity rules will take effect in 2027.
- People can still apply at any time for OHP coverage by going to [ONE.Oregon.gov](https://ONE.Oregon.gov) or finding free help at [OregonHealthCare.gov/GetHelp](https://OregonHealthCare.gov/GetHelp).

## What changes are ahead?

A few ways new federal rules around Medicaid will have an impact on health care in Oregon:

- **Coverage Transitions.** Beginning Oct. 1, 2026, federal Medicaid funding will no longer be available for people with asylee or refugee status and survivors of domestic violence or human trafficking. In Oregon, these individuals will transition to Healthier Oregon coverage.
- **Work or Activity Rules.** Most OHP members who can work, already do. Starting Jan. 1, 2027, many OHP members will need to show proof of work, school, volunteer activities, or an approved exemption.
- **OHP Renewal Changes.** Today, most OHP members can stay covered for two years without renewing. Starting in late 2027, new federal rules will require many adults to renew their coverage every six months. Others will need to renew once per year.
- **Reduced Medicaid Funding.** Oregon will lose around \$12 billion in federal funding over the next 10 years due to reductions in Medicaid funding. These budget cuts will reduce services and access to care across the health care system.

## Who will need to meet work and other activity rules?

The federal Centers for Medicare & Medicaid Services (CMS) recently provided more details about work requirements and medical exemptions. OHA is analyzing this information to see how it will impact OHP members and will be communicating additional information in the coming months.

### What we know today

Work and other activity rules will apply to adults between the ages of 19 and 64 who do not meet an exemption. People may need to provide proof of eligibility for an exemption if they are:

- Parents of children under the age 14 or certain caregivers
- On certain disability-based OHP programs
- Pregnant (and for one year after pregnancy ends)
- Recently incarcerated
- American Indians and Alaska Natives eligible for Indian Health Services
- Subject to SNAP work rules
- Meeting TANF work rules
- Have complex medical needs or certain disabilities
- Formerly in foster care under the age of 26
- Enrolled with Medicare
- In substance use treatment or diagnoses with chronic substance use disorder

## How to stay informed and find more information

- Visit the OHP member page about federal changes: [OHP.Oregon.gov/HR1](https://www.oregon.gov/oha/ohp/pages/member-federal-changes.aspx)
- Sign-up for OHA's Oregon Health News newsletter: [tinyurl.com/OHAnewsletter](https://tinyurl.com/OHAnewsletter)
- Medicaid providers can sign up for the Provider Matters newsletter: <https://www.oregon.gov/oha/hsd/ohp/pages/provider-matters.aspx>
- Follow any of OHA's social media channels:
  - Instagram: @OregonHealthAuthority
  - Facebook (English): <https://www.facebook.com/OregonHealthAuthority>
  - Facebook (Spanish): <https://www.facebook.com/OHAespanol>