

OHP Kakien in Jerbal ak Makūtkūt: Ta ñan Jelā eļāñe Kwoj Kab Diwoj jen Kalbuuj, ak juon bar Jikin Āinwot



Kōmmelele Kadu eo

Jen wōt federal oktak ko, jinoe ilo Jānwōde 1, 2027, jet ro uwaan Oregon Bulāān in Ājmour (Oregon Health Plan, OHP) 19–64 yiiō dettaer rej aikuj tōpar kakien ko ñe rej kanne ak kokāāl injuron eo aer. Pepa in ej kōmmelele wāween kōkar ñan juon mālim in jab aikuj tōpar kakien ko, im wāween pād wōt ilo am epāāke OHP ilo iien eo kwoj kab diwoj jen jikin kalbuuj an rūtto ak ro lalin joñoul ruwalitōk iiō, ak juon jikin kalbuuj an riṁanded.



Emaroñ Wōr am Mālim in Jab Aikuj Łoore Kakien ko Eļāñe Kwoj Kab Diwoj jen Kalbuuj, ak juon bar Jikin Āinwot

Lale eļāñe juon ak eloñlak iaan men kein rej kōkar ñan eok. Kwōmaroñ jab aikuj jermal, jipañ, etal ñan jikuuļ, ak bōk kōmmālmel ak jermal ko jet ñan kakwon OHP eo am. Kwōmaroñ aikuj letok ad kein kamool.

- ✓ **Kwoj juon eo ekāāl am kanne ñan OHP im kwar diwoj ilo alloñ ko emān rej kab jemlok**
- ✓ **Kwoj kokāāl OHP eo am im kar diwoj ilo alloñ ko ruwatimjuon rej kab jemlok**

Kwōmaroñ kōkār ñan bar juon mālim in jab aikuj łoore kakien eļāñe

- ✓ Ewōr am utaṁwe ak juon jekjek in ājmour kauwōtata ak eo ej kōmṁan bwe en wōr am utaṁwe
- ✓ Kwoj juon American India ak Jen Alaska
- ✓ You are a Veteran ippān aolepen utaṁwe ded
- ✓ Kwoj aikuj tōpar Būrokraam in Jipañ ikkijen Mōñā (Supplemental Nutrition Assistance Program, SNAP) kakien in jermal ak makūtkūt ko
- ✓ Kwoj juon eo elap an kōjermal arkool ak wūno kajoore, ak kwoj pād ilo am ṁadmōd e (ekoba wūno ko ñan ṁadmōd an kar lap jen joñan am kōjermal opioid)

Loelak <https://OHP.Oregon.gov/HR1> ñan aolepen laajrak eo.

Jab jelā ñe juon iaan men kein rej kōkar ñan eok? Jokdoon ak ba wōt ñan OHP.

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Wāween am Pād Wōt ilo am Epāāke OHP

Eļāñe ejelok am atōrej eo aitok am pād ie, lale bwe bukwōn eo kwoj likūt en ijo **kwoj pād ie kio**. Ejjab aikuj wōr am atōrej ñan bōk ak kakwon OHP. Kajeon bwe talboon nōmba, email, ak atōrej in mael eo am ren jimwe aolep iien eļāñe kwomaroñ.

Lale **ONE Aunlain akkaun eo am** ilo <https://benefits.oregon.gov/>. Kwomaroñ kōmmane juon aunlain akkaun ak kōjerba! Oregon ONE Mobile app eo ejelok wonāān ñan lale keej eo am jabdewōt iien, jen jabdewōt jikin. Kwomaroñ bar lale kōjjeļā ko am.

Jerbal ippān juon OHP-rijipañ eo eṃōj an kōmmālmel. Kwomaroñ loe juon ilo <https://oregonhealthcare.gov/GetHelp>.

Kōkāālel eļāñe kwoj konan bwe juon armej eo ewōr an maroñ en jipañ eok. Ej aikuj juon bar armej eo kwoj lōke. OHP enij tōpar jimor kwe im armej eo ñan kōjjeļā ko, im reṃaroñ jipañ eok jijilōk ak uwaak ñan kajjitōk ko.



Ia eo ñan Bōk Jipañ im Ekatak Elaplok



Ekatak elaplok kōn HR1

<https://OHP.Oregon.gov/HR1>→

Aunlain - kōjerba! Oregon ONE Mobile app eo ejelok wonāān ak kōmmane juon ONE Aunlain akkaun

<https://benefits.oregon.gov/>

Kūrlok

1-800-699-9075 (Relay call ko rej ruwainene)

Bukot juon OHP rijerbal eo eṃaroñ jipañ

<https://oregonhealthcare.gov/GetHelp>

Loelak juon Oregon Opiij eo ej Bōk Eddoin Jerbal in Jipañ Jukjukin Pād (Oregon Department of Human Services) opij

Kwomaroñ loe juon opij in jukjukin pād ilo <https://ODHSoffices.oregon.gov>

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Eļāñe OHP ej Aikuj Elaplok Melele Jen Eok

Enij iwaj juon kōjjeļā eo ej kwalok ta eo ñan jilkinļok, kilen, im ñaat eo aikuj etal. Mennin eṃaroñ iwaj ilo mael ak email, eļāñe kar kōkāālel ñan an iwaj ie.

Ejjab pād lukkun pepa in jermal eo ej laajrak ilo kōjjeļā eo am? Ba ñan OHP ta eo ej pād ippām. Eṃaroñ bar wōr wāween ko jet ñan kwalok kein kamool.



Jab Kōkar ñan juon mālim in jab aikuj loore kakien? 3 Wāween Tōpar OHP Kakien in Jerbal ak Makūtkūt ko

Eļāñe ejelok iaan mālim in jab aikuj loore kakien ko rej kōkar ñan eok, eñin ej wāween tōpar kakien ko.

1

Jāān ko rej deļoñ

Kōṃṃan elaplok
jen \$580 juon
allōñ.

2

Jikuu!

Aikuj deļoñ ilo
half-time.

3

Awa ko

Kobaiki jermal, jipañ,
jikuu!, ak kōmmālmel
ñan 80 awa juon allōñ.

Loelak <https://OHP.Oregon.gov/HR1> ñan elaplok melele.

Kwoṃaroñ bōk pepa in ilo ejelok wonāān ilo kajin ko jet, jeje killep, braille ak juon jekjek eo kwoj konan ilo ejelok wonāān. Tōpar OHP ilo one.communications@odhsoha.oregon.gov.