

## OHP now covers some forms of birth control without a prescription

OHP members now have two birth control options that don't require prescriptions:

- **Opill birth control pills**

Opill is a daily over-the-counter birth control pill. It's 98% effective at preventing pregnancy when used correctly.

- **Emergency contraception**

Emergency contraception is taken after unprotected sex to prevent pregnancy. It's also called the morning-after pill.

### Where can OHP members get it?

OHP members can get Opill and emergency contraception at their local pharmacy. All you need to do is provide your OHP ID number or information so the pharmacy can confirm enrollment in OHP for it to be paid for by OHP.

NOTE: OHP will only cover Opill and emergency contraception at the pharmacy counter. It doesn't cover them when purchased at the regular checkout.

### What other types of birth control are available?

OHP also covers other types of birth control and contraception, such as birth control pills, intrauterine devices (IUDs), patches, shots, and more.

To learn more about all your birth control and contraceptive options, talk with your primary or reproductive health care provider. If you don't have a primary care provider, call your CCO (the phone number is on the back of your OHP ID card) or call OHP Client Services at 800-273-0557.

## How can I find a pharmacy that takes OHP?

OHP members who are part of a Coordinated Care Organization (CCO) should check the provider directory on your CCO's website. You can also call your CCO. You can find contact information for CCOs at [OHP.Oregon.gov/CCO-Contacts](https://www.ohp.org/CCO-Contacts)

Members who are not part of a CCO, known as “OHP Open Card” (or Fee-For-Service) can instead go to [ohpcc.acentra.com](https://www.ohpcc.acentra.com) or call 800-562-4620.

If you do not know if you have a CCO, call OHP Client Services at 800-273-0557.

## Is over-the-counter birth control covered by private insurance?

The Reproductive Health Equity Act (RHEA) requires that health plans offered in Oregon, including all plans offered through the Marketplace, cover over-the-counter contraceptives at no cost. People with private insurance can get over-the-counter contraceptives at the pharmacy counter with no out-of-pocket costs. While this is the most convenient method, not all insurers are able to do this, so you may need to:

- Get a prescription from a health care provider,
- Get a prescription from a pharmacist (if available), or
- Pay out of pocket and get reimbursed by the insurance company.

It should be noted, however, that not all private insurance plans cover over-the-counter contraceptives, such as some employer plans. People with private health insurance should call their insurance company for more information about their coverage.

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You can get this document in other languages, large print, braille or a format you prefer free of charge. Contact OHP client services at [ask.ohp@odhsoha.oregon.gov](mailto:ask.ohp@odhsoha.oregon.gov) or call 800-273-0557. We accept all relay calls.

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