

# CWM Plus: Full Oregon Health Plan (OHP) benefits during pregnancy

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## Citizenship Waived Medical Plus (CWM Plus) provides more care for pregnant members on CWM, or “emergency medical.”

Some pregnant adults who do not meet citizenship requirements may have CWM Plus benefits. CWM Plus benefits:

- Covers care during pregnancy
- Offers pregnancy and postpartum care (after pregnancy care) 60 days after birth or the pregnancy ends
- Covers doctor’s visits, emergency care, dental, vision, and more

## You may have CWM Plus if you are pregnant and:

- Live in Oregon,
- Are 26-54 years old,
- Meet income and other criteria, and
- Qualify for Citizenship Waived Medical (CWM)

## You have CWM Plus if:

- Your Notice of Medical Eligibility says “CWM Plus” in the “Approved Benefit” section on page 2.
- Your [OHP welcome letter](#) says “CWM Plus” next to your name on page 2.

## CWM Plus benefits

CWM Plus is the same as full OHP (OHP Plus). CWM Plus covers these services and more:

### Care during and after pregnancy:

- Planned community birth services
- Doula care. [Learn more about doula services.](#)

You can get this in another language, large print,  
or another way that is best for you.  
Call 800-699-9075 (TTY 711).

- Family planning services (such as birth control)
- Sexual health services (such as STI testing)
- Nutritional supplements (such as prenatal vitamins)
- Abortion

### **Doctor and emergency care:**

- Doctor visits
- Tests and treatment for your health
- 24-hour emergency care
- Hospital care

### **Mental health:**

- Therapy and counseling
- Help with addiction to tobacco, alcohol and drugs

### **Dental health:**

- Cleanings
- Dental check-ups and x-rays
- Fillings
- Tooth removal
- 24-hour emergency dental care

### **Prescriptions:**

- Medicine

### **Eye care:**

- Exams
- Glasses or contact lenses
- Other services to improve your vision

### **Other types of care:**

- Hearing aids
- Medical equipment
- Home health care
- Skilled therapy

Need a ride to your doctor's appointment? On CWM Plus, you can also get [rides to health care appointments](#).

## Are you pregnant and on CWM (emergency Medicaid)?

Call OHP at 800-699-9075 (TTY 711) to report your pregnancy. Do this when you learn you are pregnant or within 60 days after your pregnancy ends. CWM Plus is for pregnant people on CWM.

## Pregnant and need health care?

**If you don't have health coverage, apply for OHP today. ▸**

- You can apply online at [ONE.Oregon.gov](https://one.oregon.gov).
- Trained community partners across the state can help you fill out an application. It's free. Visit [OregonHealthCare.gov](https://OregonHealthCare.gov) to find community partners in your area.

## Have questions or need help?

**By phone:**

- **For questions about your CWM Plus:** Call 800-273-0557
- **For questions about applying for OHP or to report a pregnancy:** Call 800-699-9075

**In person:**

- Get help from a trained community partner. Visit [OregonHealthCare.gov](https://OregonHealthCare.gov) to find community partners in your area.
- Visit an ODHS Aging and People with Disabilities or Self-Sufficiency Programs office, or an Area Agency on Aging (AAA) office. Call ahead before visiting. [Click here to find your local office.](#)

**OHP.Oregon.gov**