

# Oregon Health Plan (OHP) benefits for members under age 21

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## Early and Periodic Screening, Diagnostic and Treatment (EPSDT) benefits: Complete health care services

OHP covers the care children and youth up to age 21 need for their health and development. This includes screenings, checkups, tests, and follow-up care.

- These services can find, correct or help with health concerns early.
- This can help children and youth avoid illness, disability or more health care later.

All covered services are free to OHP members. OHP also:

- Helps make appointments for covered services.
- Covers travel to and from covered appointments, such as:
  - The cost of rides in an ambulance, bus, taxi, or other vehicle; or
  - Gas mileage for using your own vehicle.

For more information, call the phone number on your CCO or Plan ID card, or [find local ride services here](#).

## Covered services include:

**Any services needed to find or treat illness, injury, or other changes in health.**

**Well child visits or adolescent well visits. These visits include:**

- Full physical exam
- Developmental screening
- Tests to screen for lead, anemia, sickle cell anemia, or other concerns
- Checking nutrition
- Vaccines (shots) at recommended schedules

## Physical health services

- Treatment for illness or injury
- Surgery

- Physical therapy
- Durable Medical Equipment, such as wheelchairs and crutches

### **Behavioral health services**

- Mental health treatment
- Substance use disorder treatment
- Applied Behavior Analysis

### **Prescriptions**

- Medications
- Medical supplies
- Nutritional supplements/medical foods

### **Dental services**

- Screenings and teeth cleaning
- Fillings, sealants, crowns and dentures
- Braces/orthodontia in limited circumstances

### **Vision services**

- Screenings
- Eyeglasses or contact lenses
- Vision therapy

### **Speech and hearing services**

- Screenings
- Speech-language-hearing therapy
- Devices to help with hearing or speaking

### **Other services to improve health and development**

- Occupational therapy
- Health services provided at school, such as services in an Individualized Education Program
- Personal care services
- Rehabilitation services, like restoring skills after an injury

### **Starting January 1, 2023, OHP may cover some services that weren't covered before.**

- Ask your health care provider about getting services OHP didn't cover before.
- The provider will consider personal needs and medical history.

- For some services, the provider will need to ask your coordinated care organization (CCO) or the Oregon Health Authority (OHA) for approval.

## QUESTIONS AND ANSWERS

### Who qualifies for EPSDT benefits?

All children and youth under age 21 with OHP Plus benefits. EPSDT coverage ends on a member's 21<sup>st</sup> birthday. After that time, an OHP member may receive adult coverage.

### What if I am having trouble getting services?

Contact:

- [OHP Client Services Unit](#)
  - Phone: 1-800-273-0557
  - Email: [OHP.ComplaintResolution@odhsoha.oregon.gov](mailto:OHP.ComplaintResolution@odhsoha.oregon.gov)
- [OHA Ombuds Program](#)
  - Email: [OHA.OmbudsOffice@odhsoha.oregon.gov](mailto:OHA.OmbudsOffice@odhsoha.oregon.gov)
  - Phone: 1-877-642-0450 (message line only)

You may also contact EPSDT staff at [EPSDT.Info@odhsoha.oregon.gov](mailto:EPSDT.Info@odhsoha.oregon.gov).

### What if OHP is not covering needed services?

If OHA or your CCO decides to deny, reduce or stop coverage of any service you think OHP should cover:

- They must send you a written notice telling you this.
- You can ask OHA or your CCO to appeal the decision. The written notice will tell you how to do this.

For more information, visit the [OHP website](#).

**OHP.Oregon.gov**

**You can get this document in other languages, large print, braille or a format you prefer free of charge. Contact OHP Customer Service at 800-699-9075 (TTY 711). We accept all relay calls.**